

Pl	Name	Time			4.4 km 0 m		16 C								
Long (10)			1(242)	2(244)	3(238)	4(230)	5(243)	6(245)	7(237)	8(239)	9(233)	10(241)	11(236)	12(244)	13(231)
			14(232)	15(234)	16(235)	Finish									
1	<b>Matthew Gooch</b> MAROC	<b>42:01</b>	0:53	3:29	8:00	10:19	11:45	13:15	14:51	16:23	19:02	<b>23:18</b>	<b>25:16</b>	<b>27:06</b>	<b>30:59</b>
			0:53	2:36	4:31	<b>2:19</b>	1:26	<b>1:30</b>	1:36	<b>1:32</b>	2:39	<b>4:16</b>	<b>1:58</b>	<b>1:50</b>	<b>3:53</b>
			<b>33:52</b>	<b>38:01</b>	<b>40:50</b>	<b>42:01</b>									
			<b>2:53</b>	<b>4:09</b>	<b>2:49</b>	<b>1:11</b>									
2	<b>Jonathan Musgrave</b> MAROC	<b>50:08</b>	0:55	3:18	5:48	8:57	10:23	12:15	13:48	15:51	18:35	25:31	27:51	29:57	34:57
			0:55	2:23	2:30	3:09	1:26	1:52	<b>1:33</b>	2:03	2:44	6:56	2:20	2:06	5:00
			39:10	44:32	48:37	50:08									
			4:13	5:22	4:05	1:31									
3	<b>Adam Barrie</b> MAROC	<b>51:19</b>	0:55	<b>3:07</b>	<b>5:36</b>	10:37	12:04	13:34	15:47	17:47	20:46	29:02	31:15	33:10	37:22
			0:55	<b>2:12</b>	2:29	5:01	1:27	<b>1:30</b>	2:13	2:00	2:59	8:16	2:13	1:55	4:12
			40:48	45:59	49:18	51:19									
			3:26	5:11	3:19	2:01									
4	<b>Drew Tivendale</b> MAROC	<b>58:36</b>	<b>0:43</b>	3:56	5:53	<b>8:38</b>	<b>9:57</b>	<b>11:37</b>	<b>13:31</b>	<b>15:27</b>	<b>18:05</b>	24:13	34:01	36:24	41:41
			<b>0:43</b>	3:13	1:57	2:45	<b>1:19</b>	1:40	1:54	1:56	<b>2:38</b>	6:08	9:48	2:23	5:17
			45:32	53:41	56:55	58:36									
			3:51	8:09	3:14	1:41									
5	<b>Dominykas Kardokas</b> GRAMP	<b>1:09:29</b>	1:15	7:54	11:05	14:14	16:09	18:03	20:32	22:19	26:01	34:33	37:17	40:11	52:11
			1:15	6:39	3:11	3:09	1:55	1:54	2:29	1:47	3:42	8:32	2:44	2:54	12:00
			56:05	1:04:08	1:07:53	1:09:29									
			3:54	8:03	3:45	1:36									
6	<b>Ian Hamilton</b> GRAMP	<b>1:12:38</b>	1:57	8:03	14:54	18:23	20:30	22:37	25:04	29:48	34:42	41:37	45:12	48:13	55:12
			1:57	6:06	6:51	3:29	2:07	2:07	2:27	4:44	4:54	6:55	3:35	3:01	6:59
			59:44	1:06:27	1:11:08	1:12:38									
			4:32	6:43	4:41	1:30									
7	<b>Joel Gooch</b> MAROC	<b>1:12:51</b>	0:58	17:26	18:51	23:01	24:27	26:02	27:54	29:34	32:53	38:32	42:34	47:18	56:14
			0:58	16:28	<b>1:25</b>	4:10	1:26	1:35	1:52	1:40	3:19	5:39	4:02	4:44	8:56
			1:00:06	1:08:22	1:11:22	1:12:51									
			3:52	8:16	3:00	1:29									
8	<b>Briony Kincaid</b>	<b>1:25:48</b>	1:35	7:58	12:31	16:59	19:48	22:38	26:38	31:19	37:11	46:10	50:54	54:41	1:02:57
			1:35	6:23	4:33	4:28	2:49	2:50	4:00	4:41	5:52	8:59	4:44	3:47	8:16
			1:08:08	1:17:40	1:23:13	1:25:48									
			5:11	9:32	5:33	2:35									
	<b>David Kirk</b> GRAMP	<b>mp</b>	1:35	4:59	8:32	12:11	14:32	18:11	20:08	22:28	27:14	35:30	44:15	----	57:54
			1:35	3:24	3:33	3:39	2:21	3:39	1:57	2:20	4:46	8:16	8:45	-----	13:39
			1:02:25	1:09:22	1:12:50	1:14:22									
	<b>Brian Callaghan</b>	<b>dnf</b>	4:31	6:57	3:28	1:32	37:41	40:33	44:39	47:28	52:28	1:01:22	1:11:57	-----	-----
			1:55	10:40	6:56	14:46	3:24	2:52	4:06	2:49	5:00	8:54	10:35	-----	-----
			-----	-----	-----	-----									
Short (23)			1(242)	2(244)	3(238)	4(230)	5(243)	6(245)	7(237)	8(239)	9(233)	10(241)	11(236)	12(234)	13(235)
			Finish												
1	<b>Alan Bennett</b> MAROC	<b>50:06</b>	1:05	<b>3:42</b>	9:44	14:54	16:54	18:48	21:00	23:04	28:08	<b>36:11</b>	<b>39:42</b>	<b>43:02</b>	48:38
			1:05	<b>2:37</b>	6:02	5:10	2:00	1:54	<b>2:12</b>	<b>2:04</b>	5:04	<b>8:03</b>	3:31	3:20	5:36
			<b>50:06</b>												
			<b>1:28</b>												
2	<b>Nick Hale</b> MAROC	<b>50:12</b>	1:14	4:27	<b>8:20</b>	<b>12:01</b>	<b>14:06</b>	<b>15:59</b>	<b>18:44</b>	22:27	<b>26:44</b>	36:43	41:26	44:00	<b>48:03</b>
			1:14	3:13	3:53	3:41	2:05	<b>1:53</b>	2:45	3:43	<b>4:17</b>	9:59	4:43	<b>2:34</b>	<b>4:03</b>
			50:12												
			2:09												
3	<b>Ewan Bennett</b> MAROC	<b>53:19</b>	1:52	4:48	9:02	12:41	14:34	16:56	19:11	<b>21:20</b>	27:00	37:55	42:01	45:56	51:48
			1:52	2:56	4:14	<b>3:39</b>	<b>1:53</b>	2:22	2:15	2:09	5:40	10:55	4:06	3:55	5:52
			53:19												
			1:31												
4	<b>David Esson</b> GRAMP	<b>56:53</b>	1:09	7:09	9:57	14:35	16:52	19:47	22:44	26:34	31:10	39:19	43:38	48:08	54:39
			1:09	6:00	2:48	4:38	2:17	2:55	2:57	3:50	4:36	8:09	4:19	4:30	6:31
			56:53												
			2:14												
5	<b>Ian McIntyre</b> INT	<b>57:48</b>	1:09	5:13	11:42	15:38	18:03	20:40	23:53	26:42	32:50	42:06	46:13	49:33	55:34
			1:09	4:04	6:29	3:56	2:25	2:37	3:13	2:49	6:08	9:16	4:07	3:20	6:01
			57:48												
			2:14												
6	<b>Catriona Chapman</b> MAROC	<b>58:19</b>	1:06	4:21	11:36	15:33	17:40	20:51	23:32	26:19	32:05	44:08	47:24	50:47	56:07
			1:06	3:15	7:15	3:57	2:07	3:11	2:41	2:47	5:46	12:03	<b>3:16</b>	3:23	5:20
			58:19												
			2:12												
7	<b>Iain McLeod</b> GRAMP	<b>58:35</b>	1:28	10:10	12:51	16:58	19:04	21:45	24:29	27:32	32:23	40:43	44:27	48:15	54:02
			1:28	8:42	<b>2:41</b>	4:07	2:06	2:41	2:44	3:03	4:51	8:20	3:44	3:48	5:47
			58:35												
			4:33												
8	<b>John Lang</b> GRAMP	<b>59:47</b>	2:12	5:34	10:17	15:19	17:36	21:09	23:37	26:54	31:31	42:18	47:30	51:23	56:53
			2:12	3:22	4:43	5:02	2:17	3:33	2:28	3:17	4:37	10:47	5:12	3:53	5:30
			59:47												
			2:54												

