

Pl	Name	Time													
Long (10)			1(131)	2(230)	4.9 km 0 m		13 C								
			Finish		3(132)	4(231)	5(242)	6(134)	7(243)	8(232)	9(234)	10(244)	11(135)	12(235)	13(245)
1	Matthew Gooch MAROC	35:42	2:37 2:37 35:42 0:54	4:16 1:39	7:39 3:23	9:57 2:18	14:13 4:16	17:01 2:48	18:47 1:46	20:48 2:01	25:25 4:37	28:48 3:23	31:04 2:16	32:27 1:23	34:48 2:21
2	Ewan Musgrave MAROC	45:58	3:07 3:07 45:58 1:02	4:51 1:44	8:39 3:48	11:24 2:45	18:23 6:59	21:33 3:10	23:51 2:18	27:38 3:47	33:41 6:03	37:30 3:49	40:05 2:35	41:49 1:44	44:56 3:07
3	Jonathan Musgrave MAROC	46:27	3:17 3:17 46:27 2:30	5:22 2:05	9:37 4:15	12:42 3:05	18:29 5:47	22:04 3:35	24:16 2:12	26:43 2:27	32:24 5:41	36:20 3:56	40:01 3:41	41:37 1:36	43:57 2:20
4	Drew Tivendale MAROC	50:01	4:03 4:03 50:01 0:55	5:41 1:38	10:17 4:36	12:39 2:22	17:54 5:15	21:28 3:34	28:23 6:55	32:32 4:09	38:31 5:59	42:56 4:25	45:30 2:34	46:45 1:15	49:06 2:21
5	Tim Griffin GRAMP	52:32	3:19 3:19 52:32 1:15	5:35 2:16	10:05 4:30	13:41 3:36	19:53 6:12	24:48 4:55	27:38 2:50	31:23 3:45	38:49 7:26	43:21 4:32	46:12 2:51	48:01 1:49	51:17 3:16
6	Sam Gomersall GRAMP	55:09	3:33 3:33 55:09 1:03	7:51 4:18	12:48 4:57	16:52 4:04	22:50 5:58	26:54 4:04	----- -----	----- -----	41:28 14:34	46:04 4:36	49:59 3:55	51:43 1:44	54:06 2:23
7	Sarah Dunn MAROC	58:03	4:01 4:01 58:03 1:12	6:24 2:23	11:17 4:53	14:56 3:39	22:09 7:13	26:12 4:03	31:05 4:53	36:18 5:13	43:38 7:20	47:55 4:17	50:48 2:53	52:52 2:04	56:51 3:59
8	David Kirk GRAMP	1:11:42	3:40 3:40 1:11:42 1:23	6:26 2:46	11:45 5:19	18:35 6:50	27:10 8:35	----- -----	34:52 7:42	38:14 3:22	52:07 13:53	57:27 5:20	1:04:23 6:56	1:06:31 2:08	1:10:19 3:48
9	Briony Kincaid	1:17:48	6:08 6:08 1:17:48 1:48	9:22 3:14	14:39 5:17	18:47 4:08	27:26 8:39	32:23 4:57	36:00 3:37	44:02 8:02	54:27 10:25	1:00:48 6:21	1:05:10 4:22	1:12:36 7:26	1:16:00 3:24
10	Lesley Gomersall GRAMP	1:19:22	4:44 4:44 1:19:22 1:13	7:56 3:12	14:09 6:13	18:03 3:54	28:22 10:19	33:57 5:35	41:31 7:34	45:20 3:49	55:52 10:32	1:02:21 6:29	1:08:56 6:35	1:11:57 3:01	1:18:09 6:12
Short (21)			1(131)	2(236)	3.1 km 0 m		10 C								
1	Murray Anderson GRAMP	33:39	3:56 3:56	7:41 3:45	9:30 1:49	11:18 1:48	14:01 2:43	17:37 3:36	23:06 5:29	25:10 2:04	28:20 3:10	30:49 2:29	33:39 2:50		
2	Katrina McLeod GRAMP	36:22	3:36 3:36	8:56 5:20	11:02 2:06	14:04 3:02	17:06 3:02	20:20 3:14	25:20 5:00	27:45 2:25	30:38 2:53	32:56 2:18	36:22 3:26		
3	Catriona Chapman MAROC	36:44	3:34 3:34	7:55 4:21	10:20 2:25	12:34 2:14	15:44 3:10	19:04 3:20	25:02 5:58	27:18 2:16	30:25 3:07	33:27 3:02	36:44 3:17		
4	Nick Hale MAROC	38:47	3:56 3:56	8:01 4:05	10:27 2:26	12:48 2:21	15:07 2:19	18:35 3:28	27:34 8:59	29:32 1:58	32:30 2:58	35:39 3:09	38:47 3:08		
5	Iain McLeod GRAMP	42:42	4:12 4:12	9:41 5:29	12:16 2:35	15:15 2:59	19:38 4:23	24:36 4:58	30:26 5:50	32:52 2:26	36:06 3:14	39:01 2:55	42:42 3:41		
6	Andy Tivendale MAROC	43:10	7:06 7:06	11:35 4:29	13:43 2:08	15:33 1:50	18:37 3:04	22:16 3:39	28:48 6:32	32:42 3:54	36:58 4:16	39:29 2:31	43:10 3:41		
7	Paul Chapman MAROC	45:08	3:50 3:50	9:06 5:16	12:32 3:26	14:43 2:11	21:48 7:05	25:57 4:09	33:21 7:24	35:39 2:18	38:55 3:16	41:39 2:44	45:08 3:29		
8	Helen Rowlands GRAMP	45:18	4:53 4:53	9:40 4:47	12:24 2:44	15:01 2:37	18:58 3:57	23:19 4:21	30:00 6:41	33:12 3:12	37:08 3:56	41:20 4:12	45:18 3:58		
9	Ian McIntyre INT	47:14	4:36 4:36	10:13 5:37	12:55 2:42	16:44 3:49	20:25 3:41	25:01 4:36	33:02 8:01	36:20 3:18	40:03 3:43	42:53 2:50	47:14 4:21		
10	David Esson GRAMP	51:57	4:04 4:04	10:24 6:20	14:39 4:15	17:31 2:52	21:50 4:19	26:06 4:16	34:57 8:51	38:08 3:11	44:19 6:11	47:34 3:15	51:57 4:23		
11	Dennis McDonald GRAMP	52:51	5:13 5:13	9:58 4:45	11:49 1:51	13:52 2:03	16:47 2:55	25:16 8:29	33:45 8:29	35:49 2:04	38:36 2:47	49:52 11:16	52:51 2:59		
12	Jeremy Huthwaite GRAMP	55:18	4:29 4:29	12:47 8:18	18:51 6:04	23:29 4:38	27:20 3:51	31:17 3:57	38:58 7:41	42:12 3:14	48:02 5:50	51:45 3:43	55:18 3:33		
13	Rachel Scott GRAMP	59:01	7:51 7:51	18:22 10:31	21:47 3:25	24:56 3:09	29:24 4:28	34:44 5:20	42:08 7:24	46:31 4:23	51:00 4:29	54:23 3:23	59:01 4:38		
14	Phil Campbell GRAMP	59:03	3:45 3:45	16:43 12:58	19:40 2:57	22:47 3:07	29:44 6:57	34:13 4:29	41:05 6:52	43:50 2:45	48:34 4:44	52:01 3:27	59:03 7:02		
15	Alan Bennett MAROC	59:44	3:03 3:03	11:30 8:27	13:50 2:20	18:03 4:13	21:33 3:30	25:59 4:26	46:32 20:33	49:23 2:51	53:44 4:21	56:28 2:44	59:44 3:16		
16	Alexander Campbell MAROC	1:01:14	13:26 13:26	20:06 6:40	24:05 3:59	26:19 2:14	31:02 4:43	36:07 5:05	46:29 10:22	49:42 3:13	53:35 3:53	56:48 3:13	1:01:14 4:26		
17	Julian Robinson GRAMP	1:04:00	5:43 5:43	10:12 4:29	14:46 4:34	17:08 2:22	21:02 3:54	26:05 5:03	36:06 10:01	38:52 2:46	53:34 14:42	59:54 6:20	1:04:00 4:06		
18	Hugh Nicholson GRAMP	1:09:45	6:21 6:21	12:18 5:57	16:33 4:15	18:54 2:21	25:59 7:05	29:46 3:47	42:00 12:14	49:56 7:56	53:42 3:46	1:05:13 11:31	1:09:45 4:32		

Pl	Name	Time											
Short (21)			3.1 km 0 m					10 C					
			<i>(cont.)</i>										
			1(131)	2(236)	3(241)	4(136)	5(230)	6(231)	7(234)	8(242)	9(244)	10(246)	Finish
19	Aileen Salway	1:12:26	4:50	18:36	21:59	25:37	39:37	43:58	52:04	55:57	1:03:37	1:07:31	1:12:26
	MAROC		4:50	13:46	3:23	3:38	14:00	4:21	8:06	3:53	7:40	3:54	4:55
20	Peter Craig	1:25:41	7:45	22:48	27:08	32:11	43:59	53:57	1:07:22	1:11:46	1:16:47	1:20:22	1:25:41
	MAROC		7:45	15:03	4:20	5:03	11:48	9:58	13:25	4:24	5:01	3:35	5:19
	Ros Nicholson	dnf	5:17	10:46	37:23	45:25	50:57	-----	-----	-----	-----	-----	21:58
	GRAMP		5:17	5:29	26:37	8:02	5:32						*136