

Pos	Name	Age	Time														
DNC (11)				4.6 km	90 m	16 C											
				1(234)	2(131)	3(132)	4(140)	5(242)	6(243)	7(135)	8(133)	9(232)	10(134)	11(139)	12(233)	13(241)	
				14(236)	15(235)	16(136)	Finish										
1	Ewan Musgrave MAROC	M16	39:27	1:03	2:13	4:19	6:20	9:42	12:40	15:32	17:36	21:34	22:59	27:14	28:38	30:39	
				1:03	1:10	2:06	2:01	3:22	2:58	2:52	2:04	3:58	1:25	4:15	1:24	2:01	
				33:12	35:13	37:47	39:27										
				2:33	2:01	2:34	1:40										
2	Jonathan Musgrave MAROC	M55	45:20	1:19	2:52	5:35	7:54	12:30	18:53	22:05	23:49	27:46	28:47	31:32	33:14	35:28	
				1:19	1:33	2:43	2:19	4:36	6:23	3:12	1:44	3:57	1:01	2:45	1:42	2:14	
				38:53	41:07	43:37	45:20										
				3:25	2:14	2:30	1:43										
3	Sarah Dunn MAROC	W50	52:21	1:21	3:12	6:05	9:04	14:44	19:16	22:50	24:42	29:35	30:44	33:40	35:35	38:24	
				1:21	1:51	2:53	2:59	5:40	4:32	3:34	1:52	4:53	1:09	2:56	1:55	2:49	
				43:20	46:55	50:18	52:21										
				4:56	3:35	3:23	2:03										
4	Drew Tivendale MAROC	M45	1:02:23	0:56	3:02	5:27	7:47	16:05	21:16	24:07	25:48	31:48	33:25	38:42	40:16	45:06	
				0:56	2:06	2:25	2:20	8:18	5:11	2:51	1:41	6:00	1:37	5:17	1:34	4:50	
				51:20	54:13	1:00:45	1:02:23										
				6:14	2:53	6:32	1:38										
5	Dennis McDonald GRAMP	M55	1:04:04	1:36	4:24	8:18	11:22	17:09	26:00	30:46	33:01	37:27	38:37	42:21	44:22	48:57	
				1:36	2:48	3:54	3:04	5:47	8:51	4:46	2:15	4:26	1:10	3:44	2:01	4:35	
				54:33	57:43	1:02:19	1:04:04										
				5:36	3:10	4:36	1:45										
6	Ian Hamilton GRAMP	M55	1:06:29	1:16	3:07	7:34	10:26	16:29	19:52	23:30	32:06	43:18	44:38	48:05	50:12	53:26	
				1:16	1:51	4:27	2:52	6:03	3:23	3:38	8:36	11:12	1:20	3:27	2:07	3:14	
				58:22	1:01:19	1:04:43	1:06:29										
				4:56	2:57	3:24	1:46										
7	Sam Gomersall GRAMP	M55	1:07:23	1:28	3:19	6:04	9:21	16:59	22:00	26:03	28:25	34:28	35:43	39:34	41:41	45:12	
				1:28	1:51	2:45	3:17	7:38	5:01	4:03	2:22	6:03	1:15	3:51	2:07	3:31	
				55:45	59:12	1:05:10	1:07:23										
				10:33	3:27	5:58	2:13										
8	Lesley Gomersall GRAMP	W55	1:14:17	2:12	4:27	8:38	12:17	24:59	35:57	39:35	42:45	47:45	49:03	52:48	55:32	59:13	
				2:12	2:15	4:11	3:39	12:42	10:58	3:38	3:10	5:00	1:18	3:45	2:44	3:41	
				1:05:26	1:08:20	1:12:27	1:14:17										
				6:13	2:54	4:07	1:50										
9	David Kirk GRAMP	M50	1:21:55	1:22	3:39	7:16	10:29	30:05	37:15	42:43	47:22	51:53	53:09	57:58	59:59	1:02:25	
				1:22	2:17	3:37	3:13	19:36	7:10	5:28	4:39	4:31	1:16	4:49	2:01	2:26	
				1:13:21	1:16:46	1:19:54	1:21:55										
				10:56	3:25	3:08	2:01										
10	Julian Robinson GRAMP	M45	1:26:13	1:31	3:44	6:50	10:29	16:35	31:58	35:53	38:10	43:57	45:29	50:21	1:04:01	1:07:47	
				1:31	2:13	3:06	3:39	6:06	15:23	3:55	2:17	5:47	1:32	4:52	13:40	3:46	
				1:11:32	1:15:30	1:23:51	1:26:13										
				3:45	3:58	8:21	2:22										
	Adam Barrie MAROC	M14	mp	1:17	2:36	4:36	7:01	-----	19:04	24:07	26:06	29:45	30:44	32:59	34:51	38:51	
				1:17	1:19	2:00	2:25		12:03	5:03	1:59	3:39	0:59	2:15	1:52	4:00	
				41:56	44:26	48:31	50:16		11:57	17:37							
				3:05	2:30	4:05	1:45		*241	*232							

Pos	Name	Age	Time											
Short (19)			3.2 km	60 m	10 C									Finish
			1(131)	2(132)	3(140)	4(242)	5(243)	6(135)	7(133)	8(236)	9(235)	10(136)	Finish	
1	<b>Catriona Chapman</b> MAROC	W14	<b>37:32</b>	<b>1:32</b>	6:30	9:32	14:56	<b>18:12</b>	<b>22:34</b>	<b>24:48</b>	<b>27:53</b>	<b>31:09</b>	<b>35:19</b>	<b>37:32</b>
2	<b>Alan Bennett</b> MAROC	M50	<b>39:29</b>	1:40	<b>4:59</b>	<b>8:51</b>	<b>13:06</b>	21:12	25:19	27:18	30:10	33:12	36:53	39:29
3	<b>Nick Hale</b> MAROC	M60	<b>40:17</b>	1:41	6:14	9:15	19:42	23:30	26:47	28:46	31:27	34:37	37:49	40:17
4	<b>Paul Duley</b> GRAMP	M65	<b>46:56</b>	2:32	5:34	8:56	16:55	20:50	26:46	29:27	35:23	38:58	44:48	46:56
5	<b>Trevor Ricketts</b> MAROC	M55	<b>47:29</b>	6:01	8:58	11:53	20:39	24:30	29:04	30:47	37:06	40:08	44:41	47:29
6	<b>Helen Rowlands</b> GRAMP	W50	<b>49:45</b>	2:10	5:37	9:14	17:02	21:48	26:43	33:28	39:51	43:11	47:16	49:45
7	<b>Phil Campbell</b> GRAMP	M35	<b>54:07</b>	1:39	9:35	13:31	21:07	25:08	34:49	37:56	41:30	47:24	51:47	54:07
8	<b>Andy Tivendale</b> MAROC	M70	<b>55:23</b>	3:17	6:28	9:37	15:42	27:15	31:13	33:22	41:41	44:59	53:09	55:23
9	<b>Alexander Campbell</b> MAROC	M55	<b>59:17</b>	2:35	7:54	11:40	18:27	25:08	31:56	34:58	43:20	47:42	55:27	59:17
10	<b>Hugh Nicholson</b> GRAMP	M50	<b>59:33</b>	6:07	9:26	15:45	24:53	29:20	34:25	37:04	42:05	46:46	57:26	59:33
11	<b>Ian McIntyre</b> INT	M55	<b>1:01:37</b>	2:00	6:04	9:25	17:02	30:05	42:20	45:19	49:51	54:10	58:46	1:01:37
12	<b>Denise Wright</b> MAROC	W50	<b>1:05:53</b>	2:59	8:12	13:08	22:51	33:47	38:19	41:24	52:31	57:24	1:02:43	1:05:53
13	<b>Ros Nicholson</b> GRAMP	W50	<b>1:24:45</b>	2:23	9:23	14:34	35:17	39:44	54:24	57:33	1:01:38	1:08:32	1:21:57	1:24:45
14	<b>Peter Craig</b> MAROC	M70	<b>1:27:05</b>	3:08	9:05	13:55	45:11	49:58	58:41	1:05:21	1:09:36	1:16:23	1:23:54	1:27:05
	<b>Megan Ricketts</b> MAROC	W20	<b>mp</b>	2:44	11:03	14:32	24:55	28:55	42:19	-----	-----	-----	49:12	51:37
	<b>Sue Barrie</b> MAROC	W50	<b>mp</b>	2:29	6:25	11:32	24:48	30:16	-----	41:08	44:47	48:36	53:01	55:07
	<b>Rachel Scott</b> GRAMP	W50	<b>mp</b>	-----	-----	-----	-----	44:03	49:36	-----	-----	-----	-----	1:07:24
				41:01				44:03	5:33					17:48
				*134										
	<b>Adrian Northcott</b>	M50	<b>mp</b>	4:16	15:39	22:49	34:39	47:08	-----	1:04:44	-----	1:09:14	1:17:39	1:21:48
				4:16	11:23	7:10	11:50	12:29	-----	17:36	-----	4:30	8:25	4:09
	<b>Jacqui Chapman</b> MAROC	W45	<b>dnf</b>	3:26	9:11	14:51	33:58	51:25	-----	-----	-----	-----	-----	1:12:42
				3:26	5:45	5:40	19:07	17:27						21:17

19:34  
\*24138:45  
\*235  
37:53  
\*235  
38:56  
\*232