

Pl	Name	Club	Age Clas	Time	Comment
Long (10)			5.0 km 75 m	17 C	
1	Matthew Gooch	MAROC	M16	28:04	
2	Drew Tivendale	MAROC	M45	35:28	
3	Ewan Musgrave	MAROC	M14	37:29	
4	Sarah Dunn	MAROC	W50	41:55	
5	Sam Gomersall	GRAMP	M55	44:30	
6	William Nicolson	INVOC	M40	45:36	
7	Dominykas Kardokas	GRAMP	M21	46:47	
8	Lesley Gomersall	GRAMP	W55	46:56	
9	Dennis McDonald	GRAMP	M50	53:04	
10	David Kirk	GRAMP	M50	1:00:03	
Short (16)			3.1 km 60 m	12 C	
1	Alan Bennett	MAROC	M50	28:03	
2	Pete Lawrence	GRAMP	M55	28:31	
3	Nick Hale	MAROC	M60	30:05	
4	Katrina McLeod	GRAMP	W21	32:59	
5	Catriona Chapman	MAROC	W14	33:37	
6	David Esson	GRAMP	M35	34:46	
7	John Lang	GRAMP	M50	36:05	
8	Phil Campbell	GRAMP	M21	36:53	
9	Ian McIntyre	INT	M55	37:38	
10	Jeremy Huthwaite	GRAMP	M50	38:29	
11	Helen Rowlands	GRAMP	W50	38:46	
12	Rachel Scott	GRAMP	W50	43:27	
13	Denise Wright	MAROC	W50	49:55	
14	Julian Robinson	GRAMP	M45	51:12	
15	Chris Low	MAROC	M55	1:02:35	
16	Jacqui Chapman	MAROC	W45	1:03:59	