

Pl	Name	Time												Finish	
Long (13)															
			1(130)	2(131)	4.9 km 0 m		12 C								
					3(132)	4(133)	5(134)	6(135)	7(136)	8(137)	9(139)	10(138)	11(230)	12(140)	Finish
1	Matthew Gooch	38:37	0:59	3:42	6:25	10:00	15:40	23:04	24:33	25:52	30:56	32:37	33:50	37:26	38:37
	MAROC		0:59	2:43	2:43	3:35	5:40	7:24	1:29		5:04	1:41	1:13	3:36	1:11
2	Alistair Chapman	40:36	0:47	3:40	6:56	10:36	16:56	24:51	26:32	28:00	33:36	34:45	35:53	39:26	40:36
	MAROC		0:47	2:53	3:16	3:40	6:20	7:55	1:41	1:28	5:36	1:09	1:08	3:33	1:10
3	Jonathan Musgrave	43:59	0:56	4:33	8:07	12:02	18:24	28:24	30:00	31:35	36:14	37:23	38:37	42:49	43:59
	MAROC		0:56	3:37	3:34	3:55	6:22	10:00	1:36	1:35	4:39	1:09	1:14	4:12	1:10
4	Ewan Musgrave	46:09	1:00	4:16	7:57	12:43	19:08	28:43	30:25	32:21	38:14	39:34	40:43	44:47	46:09
	MAROC		1:00	3:16	3:41	4:46	6:25	9:35	1:42	1:56	5:53	1:20	1:09	4:04	1:22
5	Eilidh Campbell	46:44	1:02	4:49	8:05	13:02	19:34	28:44	30:26	32:28	39:41	40:50	41:57	45:33	46:44
	MAROC		1:02	3:47	3:16	4:57	6:32	9:10	1:42	2:02	7:13	1:09	1:07	3:36	1:11
6	Tim Gomersall	51:59	1:09	5:18	9:25	14:06	22:24	32:13	34:01	35:56	42:38	43:57	45:25	50:04	51:59
	GRAMP		1:09	4:09	4:07	4:41	8:18	9:49	1:48	1:55	6:42	1:19	1:28	4:39	1:55
7	Gareth Yardley	59:52	1:15	5:45	11:18	18:01	26:13	40:50	42:52	44:36	50:32	52:08	54:00	58:30	59:52
	GRAMP		1:15	4:30	5:33	6:43	8:12	14:37	2:02	1:44	5:56	1:36	1:52	4:30	1:22
8	Sarah Dunn	1:00:05	1:12	6:32	11:45	17:29	26:20	37:58	39:55	41:58	50:07	52:05	53:48	58:30	1:00:05
	MAROC		1:12	5:20	5:13	5:44	8:51	11:38	1:57	2:03	8:09	1:58	1:43	4:42	1:35
9	William Nicolson	1:00:56	1:07	5:36	10:28	15:11	22:46	33:33	36:47	38:13	46:47	50:33	51:54	59:39	1:00:56
	INVOC		1:07	4:29	4:52	4:43	7:35	10:47	3:14	1:26	8:34	3:46	1:21	7:45	1:17
10	Ian Hamilton	1:03:54	1:22	5:38	10:16	16:33	25:55	38:02	40:35	43:45	51:25	53:30	55:49	1:01:49	1:03:54
	GRAMP		1:22	4:16	4:38	6:17	9:22	12:07	2:33	3:10	7:40	2:05	2:19	6:00	2:05
11	Drew Tivendale	1:08:03	0:41	5:04	8:33	12:52	19:23	39:33	41:11	42:44	57:38	59:00	1:01:00	1:07:09	1:08:03
	MAROC		0:41	4:23	3:29	4:19	6:31	20:10	1:38	1:33	14:54	1:22	2:00	6:09	0:54
12	Joel Gooch	1:14:32	1:05	4:59	9:49	22:32	30:53	42:02	51:03	53:59	1:01:16	1:03:04	1:05:22	1:13:04	1:14:32
	MAROC		1:05	3:54	4:50	12:43	8:21	11:09	9:01	2:56	7:17	1:48	2:18	7:42	1:28
13	Denise Wright	1:18:35	1:25	8:04	13:44	20:48	32:39	50:10	52:53	55:41	1:05:21	1:07:40	1:09:47	1:16:29	1:18:35
	MAROC		1:25	6:39	5:40	7:04	11:51	17:31	2:43	2:48	9:40	2:19	2:07	6:42	2:06
Short (32)															
			1(130)	2(131)	3.3 km 0 m		10 C								
					3(230)	4(139)	5(138)	6(134)	7(135)	8(136)	9(137)	10(140)	Finish		
1	Luke Graham	34:53	0:52	4:30	7:04	8:51	10:08	12:59	24:41	27:41	28:55	33:46	34:53		
	MAROC		0:52	3:38	2:34	1:47	1:17	2:51	11:42	3:00	1:14	4:51	1:07		
2	Kirsty Campbell	41:59	1:15	5:19	8:03	10:02	11:56	15:44	29:20	31:07	33:08	39:32	41:59		
	MAROC		1:15	4:04	2:44	1:59	1:54	3:48	13:36	1:47	2:01	6:24	2:27		
3	Pete Lawrence	45:04	1:17	6:04	9:53	15:19	16:59	21:28	33:28	35:44	37:56	43:27	45:04		
	GRAMP		1:17	4:47	3:49	5:26	1:40	4:29	12:00	2:16	2:12	5:31	1:37		
4	Andrew McMurtrie	45:47	0:50	5:43	11:10	13:55	15:33	20:45	35:25	38:24	40:22	44:37	45:47		
	MAROC		0:50	4:53	5:27	2:45	1:38	5:12	14:40	2:59	1:58	4:15	1:10		
5	Lesley Gomersall	47:44	1:31	7:59	12:05	16:08	18:32	22:45	34:49	37:08	39:26	45:43	47:44		
	GRAMP		1:31	6:28	4:06	4:03	2:24	4:13	12:04	2:19	2:18	6:17	2:01		
6	Andy Tivendale	50:58	1:23	5:52	10:38	13:41	19:09	23:25	38:09	40:36	43:05	47:57	50:58		
	MAROC		1:23	4:29	4:46	3:03	5:28	4:16	14:44	2:27	2:29	4:52	3:01		
7	David Esson	52:18	1:30	7:19	11:33	16:34	18:33	23:58	37:01	39:47	41:59	50:10	52:18		
	GRAMP		1:30	5:49	4:14	5:01	1:59	5:25	13:03	2:46	2:12	8:11	2:08		
8	Amber Graham	52:32	1:04	5:56	9:54	13:30	15:22	22:35	39:47	42:19	44:20	50:53	52:32		
	MAROC		1:04	4:52	3:58	3:36	1:52	7:13	17:12	2:32	2:01	6:33	1:39		
9	Alan Bennett	54:36	1:23	6:42	10:08	13:43	15:24	21:34	35:39	37:47	39:34	53:02	54:36		
	MAROC		1:23	5:19	3:26	3:35	1:41	6:10	14:05	2:08	1:47	13:28	1:34		
10	Catriona Chapman	55:30	1:39	7:12	12:00	14:56	17:39	23:13	40:52	43:43	46:09	53:41	55:30		
	MAROC		1:39	5:33	4:48	2:56	2:43	5:34	17:39	2:51	2:26	7:32	1:49		
11	Ewan Bennett	56:04	1:22	7:01	11:19	15:17	17:24	23:05	39:30	43:18	45:46	54:42	56:04		
	MAROC		1:22	5:39	4:18	3:58	2:07	5:41	16:25	3:48	2:28	8:56	1:22		
12	Paul Chapman	58:01	1:27	8:25	12:37	16:39	19:25	25:19	43:28	46:25	49:14	56:12	58:01		
	MAROC		1:27	6:58	4:12	4:02	2:46	5:54	18:09	2:57	2:49	6:58	1:49		
13	Ian McIntyre	1:00:10	1:48	8:00	12:47	16:07	19:50	27:51	43:37	46:29	49:58	57:32	1:00:10		
	INT		1:48	6:12	4:47	3:20	3:43	8:01	15:46	2:52	3:29	7:34	2:38		
14	Neil McLean	1:00:26	1:30	8:01	13:43	16:45	19:07	25:09	40:08	43:49	47:54	56:22	1:00:26		
	GRAMP		1:30	6:31	5:42	3:02	2:22	6:02	14:59	3:41	4:05	8:28	4:04		
15	Nick Hale	1:00:50	1:18	5:26	9:43	12:30	28:53	33:52	44:50	46:43	48:39	59:18	1:00:50		
	MAROC		1:18	4:08	4:17	2:47	16:23	4:59	10:58	1:53	1:56	10:39	1:32		
16	Trevor Ricketts	1:06:38	1:26	7:13	11:51	16:28	23:16	29:10	44:05	46:18	48:22	1:04:34	1:06:38		
	MAROC		1:26	5:47	4:38	4:37	6:48	5:54	14:55	2:13	2:04	16:12	2:04		
17	Jeremy Huthwaite	1:07:34	2:09	12:18	16:50	21:34	30:12	37:31	50:48	53:58	57:11	1:05:12	1:07:34		
	GRAMP		2:09	10:09	4:32	4:44	8:38	7:19	13:17	3:10	3:13	8:01	2:22		
18	Jonas Newey	1:08:05	1:37	9:12	13:50	23:05	26:24	35:11	50:24	53:37	55:54	1:06:33	1:08:05		
	MAROC		1:37	7:35	4:38	9:15	3:19	8:47	15:13	3:13	2:17	10:39	1:32		
19	Helen Rowlands	1:08:25	1:56	9:26	14:23	17:45	26:52	32:35	48:49	52:20	55:48	1:05:27	1:08:25		
	GRAMP		1:56	7:30	4:57	3:22	9:07	5:43	16:14	3:31	3:28	9:39	2:58		
20	Paul Mather	1:09:39	1:47	6:12	10:09	17:36	34:48	39:01	58:19	1:00:31	1:02:31	1:08:04	1:09:39		
	MAROC		1:47	4:25	3:57	7:27	17:12	4:13	19:18	2:12	2:00	5:33	1:35		
21	Paul Duley	1:10:08	1:40	7:09	18:03	21:26	24:36	30:07	54:12	56:41	59:26	1:08:02	1:10:08		
	GRAMP		1:40	5:29	10:54	3:23	3:10	5:31	24:05	2:29	2:45	8:36	2:06		
22	Rachel Scott	1:15:17	1:52	8:49	15:53	22:42	27:03	35:20	56:04	58:57	1:03:27	1:12:48	1:15:17		
	GRAMP		1:52	6:57	7:04	6:49	4:21	8:17	20:44	2:53	4:30	9:21	2:29		
23	Katja Neumann	1:19:03	1:44	9:18	13:58	23:11	26:31	35:36	1:00:41	1:03:30	1:06:45	1:16:30	1:19:03		
	MAROC		1:44	7:34	4:40	9:13	3:20	9:05	25:05	2:49	3:15	9:45	2:33		
24	Aileen Salway	1:20:50	1:43	10:44	15:26	19:29	22:16	29:51	53:33	57:12	1:00:45	1:18:39	1:20:50		

Pl	Name	Time											
Short (32)			3.3 km 0 m		10 C		<i>(cont.)</i>						
			1(130)	2(131)	3(230)	4(139)	5(138)	6(134)	7(135)	8(136)	9(137)	10(140)	Finish
26	Peter Craig	1:25:31	2:12	13:56	20:18	24:35	29:53	40:48	1:06:40	1:09:55	1:13:12	1:23:07	1:25:31
	MAROC		2:12	11:44	6:22	4:17	5:18	10:55	25:52	3:15	3:17	9:55	2:24
27	Patricia Graham	1:25:55	1:56	12:18	27:01	32:58	35:50	45:03	1:06:37	1:09:51	1:14:37	1:22:43	1:25:55
	MAROC		1:56	10:22	14:43	5:57	2:52	9:13	21:34	3:14	4:46	8:06	3:12
	Jake Chapman	mp	0:53	3:54	6:50	9:53	15:00	19:10	-----	-----	-----	-----	27:46
	MAROC		0:53	3:01	2:56	3:03	5:07	4:10					8:36
	John Getliff	mp	0:42	4:09	6:44	9:04	10:52	14:46	28:18	30:05	32:12	38:35	40:57
	MAROC		0:42	3:27	2:35	2:20	1:48	3:54	13:32	1:47	2:07	6:23	2:22
	Iain McLeod	mp	1:10	8:12	12:03	15:12	17:12	23:24	-----	-----	-----	-----	44:08
	GRAMP		1:10	7:02	3:51	3:09	2:00	6:12					20:44
	Ranolph Whitehead	mp	1:45	11:08	25:30	30:28	35:02	53:10	-----	-----	-----	-----	1:09:23
	MAROC		1:45	9:23	14:22	4:58	4:34	18:08					16:13
	Alexander Campbell	mp	2:23	18:02	26:21	31:38	34:55	43:48	-----	-----	-----	-----	
	MAROC		2:23	15:39	8:19	5:17	3:17	8:53					