

Pos	Name	Age	Time													
C2 Brown (9)				6.3 km	75 m	26 C										
				1(96)	2(156)	3(162)	4(165)	5(158)	6(157)	7(245)	8(234)	9(240)	10(169)	11(135)	12(228)	13(161)
				14(232)	15(170)	16(241)	17(233)	18(132)	19(236)	20(133)	21(221)	22(151)	23(153)	24(222)	25(134)	26(238)
				Finish												
1	Kirstin Maxwell RR	W21	40:10	0:30	1:32	3:15	5:12	7:32	11:10	12:11	13:34	14:25	14:54	16:26	19:40	20:51
				0:30	1:02	1:43	1:57	2:20	3:38	1:01	1:23	0:51	0:29	1:32	3:14	1:11
				23:24	24:04	26:10	29:34	31:32	32:01	32:46	34:12	35:04	36:08	37:12	38:58	39:59
				2:33	0:40	2:06	3:24	1:58	0:29	0:45	1:26	0:52	1:04	1:04	1:46	1:01
				40:10												
				0:11												
2	Andrew Campbell MOR	M50	40:39	0:33	1:43	3:25	5:24	7:23	11:02	12:05	13:29	14:23	14:54	16:28	19:43	20:59
				0:33	1:10	1:42	1:59	1:59	3:39	1:03	1:24	0:54	0:31	1:34	3:15	1:16
				23:39	24:23	26:13	29:39	31:46	32:19	33:11	34:39	35:30	36:35	37:36	39:30	40:27
				2:40	0:44	1:50	3:26	2:07	0:33	0:52	1:28	0:51	1:05	1:01	1:54	0:57
				40:39												
				0:12												
3	Jennifer Ricketts EUOC	W21	42:01	0:36	1:53	3:44	5:45	7:48	11:36	12:40	14:12	15:09	15:42	17:17	20:57	22:12
				0:36	1:17	1:51	2:01	2:03	3:48	1:04	1:32	0:57	0:33	1:35	3:40	1:15
				24:57	25:42	27:09	30:48	33:03	33:35	34:22	35:48	36:46	37:51	38:58	40:48	41:49
				2:45	0:45	1:27	3:39	2:15	0:32	0:47	1:26	0:58	1:05	1:07	1:50	1:01
				42:01												
				0:12												
4	Fay Walsh EUOC	W21	43:18	0:39	1:57	3:50	5:55	8:06	12:01	13:09	14:34	15:30	16:01	17:46	21:09	22:35
				0:39	1:18	1:53	2:05	2:11	3:55	1:08	1:25	0:56	0:31	1:45	3:23	1:26
				25:19	26:02	27:52	31:28	33:38	34:11	35:01	36:34	37:35	38:43	39:48	42:07	43:07
				2:44	0:43	1:50	3:36	2:10	0:33	0:50	1:33	1:01	1:08	1:05	2:19	1:00
				43:18												
				0:11												
5	Josie Gomersall GRAMP	W18	48:21	0:45	2:31	4:34	6:56	9:25	13:35	14:47	16:12	17:08	17:44	19:32	23:16	24:40
				0:45	1:46	2:03	2:22	2:29	4:10	1:12	1:25	0:56	0:36	1:48	3:44	1:24
				27:53	28:35	30:34	34:30	37:00	37:39	38:41	40:20	41:21	42:28	43:38	47:00	48:06
				3:13	0:42	1:59	3:56	2:30	0:39	1:02	1:39	1:01	1:07	1:10	3:22	1:06
				48:21												
				0:15												
6	Peter McLuckie MOR	M45	50:05	0:48	2:33	4:34	6:45	9:09	13:53	15:01	16:40	17:35	18:12	19:56	23:38	24:58
				0:48	1:45	2:01	2:11	2:24	4:44	1:08	1:39	0:55	0:37	1:44	3:42	1:20
				28:27	29:16	31:00	34:59	37:13	37:59	38:48	40:25	41:45	45:01	46:17	48:41	49:51
				3:29	0:49	1:44	3:59	2:14	0:46	0:49	1:37	1:20	3:16	1:16	2:24	1:10
				50:05												
				0:14												
7	Nick Langley CLYDE	M45	51:04	0:48	2:21	4:42	7:28	9:51	16:11	17:24	18:50	19:52	20:30	22:08	25:53	27:17
				0:48	1:33	2:21	2:46	2:23	6:20	1:13	1:26	1:02	0:38	1:38	3:45	1:24
				30:21	31:20	33:16	37:16	39:53	40:33	41:41	43:22	44:31	45:41	46:51	49:46	50:49
				3:04	0:59	1:56	4:00	2:37	0:40	1:08	1:41	1:09	1:10	1:10	2:55	1:03
				51:04												
				0:15												
8	Laura Hindle FVO	W20	52:09	0:38	2:20	4:29	6:40	9:09	13:20	14:40	16:27	17:42	18:20	20:18	25:04	26:42
				0:38	1:42	2:09	2:11	2:29	4:11	1:20	1:47	1:15	0:38	1:58	4:46	1:38
				30:09	31:06	33:16	37:39	40:20	41:04	42:09	43:56	45:02	46:34	48:01	50:27	51:53
				3:27	0:57	2:10	4:23	2:41	0:44	1:05	1:47	1:06	1:32	1:27	2:26	1:26
				52:09												
				0:16												
9	Carolyn Hindle FVO	W21	52:12	0:34	2:03	3:49	6:10	8:22	13:31	14:47	16:28	17:33	18:14	20:19	25:13	26:57
				0:34	1:29	1:46	2:21	2:12	5:09	1:16	1:41	1:05	0:41	2:05	4:54	1:44
				30:38	31:28	33:39	37:59	40:49	41:38	42:41	44:25	45:28	47:03	48:47	50:50	51:59
				3:41	0:50	2:11	4:20	2:50	0:49	1:03	1:44	1:03	1:35	1:44	2:03	1:09
				52:12												
				0:13												

Pos	Name	Age	Time													
C3 Blue (18)				5.2 km	70 m	19 C										
				1(96) 14(236)	2(156) 15(221)	3(225) 16(223)	4(234) 17(222)	5(169) 18(134)	6(245) 19(238)	7(158) Finish	8(173)	9(243)	10(229)	11(247)	12(233)	13(154)
1	Ian Maxwell RR	M55	31:24	0:34 0:34	1:40 1:06	3:17 1:37	7:14 3:57	8:28 1:14	8:59 0:31	12:23 3:24	12:53 0:30	16:02 3:09	18:21 2:19	20:34 2:13	21:34 1:00	23:52 2:18
2	Donald Petrie CLYDE	M60	33:21	0:38 0:38	1:57 1:19	3:41 1:44	7:56 4:15	9:15 1:19	9:50 0:35	13:27 3:37	14:02 0:35	17:15 3:13	19:45 2:30	22:03 2:18	22:55 0:52	25:11 2:16
3	Evgueni Chepelin GRAMP	M55	33:51	0:48 0:48	2:29 1:41	4:12 1:43	9:31 5:19	11:15 1:44	11:44 0:29	15:05 3:21	15:36 0:31	18:44 3:08	21:03 2:19	23:17 2:14	24:09 0:52	26:13 2:04
4	Sam Gomersall GRAMP	M55	35:19	0:39 0:39	2:00 1:21	3:47 1:47	8:07 4:20	9:16 1:09	9:55 0:39	13:53 3:58	14:28 0:35	17:56 3:28	20:57 3:01	23:23 2:26	24:24 1:01	26:51 2:27
5	Keith Brown ESOC	M55	38:06	0:43 0:43	2:01 1:18	3:47 1:46	9:31 5:44	11:24 1:53	12:00 0:36	16:22 4:22	16:56 0:34	20:16 3:20	22:59 2:43	25:31 2:32	26:26 0:55	28:56 2:30
6	Robert Hickling GRAMP	M60	38:26	0:39 0:39	2:09 1:30	3:56 1:47	9:16 5:20	10:27 1:11	11:02 0:35	15:42 4:40	16:27 0:45	20:14 3:47	22:56 2:42	25:45 2:49	26:48 1:03	29:37 2:49
7	Marianne Lang GRAMP	W50	39:24	0:33 0:33	2:25 1:52	4:40 2:15	10:32 5:52	12:01 1:29	12:35 0:34	16:35 4:00	17:10 0:35	20:41 3:31	23:21 2:40	26:22 3:01	27:30 1:08	30:04 2:34
8	Keith Roberts MAROC	M55	39:51	0:50 0:50	2:13 1:23	4:00 1:47	9:17 5:17	10:34 1:17	11:12 0:38	16:02 4:50	16:38 0:36	20:42 4:04	23:35 2:53	26:51 3:16	27:49 0:58	30:20 2:31
9	Elizabeth Barr MOR	W50	43:52	0:48 0:48	2:17 1:29	4:11 1:54	11:47 7:36	13:17 1:30	13:56 0:39	18:04 4:08	18:48 0:44	22:52 4:04	25:42 2:50	30:00 4:18	31:21 1:21	34:06 2:45
10	Alison Matheson INVOC	W45	47:24	0:54 0:54	2:03 2:01	4:05 2:01	10:40 5:42	12:00 1:20	12:43 0:43	17:59 5:16	18:43 0:44	26:34 7:51	29:39 3:05	32:38 2:59	33:49 1:11	36:52 3:03
11	Morag McLuckie MOR	W45	47:48	0:45 0:45	2:46 2:01	5:02 2:16	10:35 5:33	11:54 1:19	12:36 0:42	17:55 5:19	18:35 0:40	23:06 4:31	26:29 3:23	29:27 2:58	30:33 1:06	33:33 3:00
12	Hanne Robertson ESOC	W45	48:16	1:01 1:01	2:59 1:58	5:23 2:24	11:47 6:24	13:38 1:51	14:23 0:45	20:30 6:07	21:14 0:44	25:35 4:21	29:27 3:52	32:57 3:30	34:11 1:14	37:06 2:55
13	Laura Farquharson GRAMP	W50	48:36	0:58 0:58	3:01 2:03	5:24 2:23	12:00 6:36	13:36 1:36	14:20 0:44	19:31 5:11	20:18 0:47	25:17 4:59	28:46 3:29	32:17 3:31	33:36 1:19	37:11 3:35
14	David Robertson ESOC	M55	53:26	0:40 0:40	2:49 2:09	5:00 2:11	10:23 5:23	12:56 2:33	13:43 0:47	20:17 6:34	21:04 0:47	26:03 4:59	29:40 3:37	33:05 3:25	34:22 1:17	38:17 3:55
15	Stuart Anderson GRAMP	M55	55:23	0:58 1:22	2:40 2:20	1:42 2:34	1:52 6:48	6:20 1:34	1:19 0:48	55:05 55:23	23:34 0:51	29:18 5:44	33:04 3:46	36:48 3:44	37:58 1:10	41:51 3:53
16	Judith Bell ESOC	W45	68:54	1:00 1:00	3:47 2:47	7:19 3:32	16:42 9:23	19:25 2:43	20:37 1:12	28:36 7:59	30:02 1:26	36:35 6:33	41:34 4:59	46:17 4:43	48:04 1:47	52:49 4:45
17	Elizabeth Campbell MOR	W50	72:32	1:13 1:13	4:17 3:04	8:53 4:36	18:33 9:40	21:07 2:34	22:16 1:09	30:21 8:05	31:44 1:23	38:14 6:30	43:39 5:25	48:33 4:54	50:24 1:51	55:06 4:42
	Trevor Ricketts MAROC	M55	mp	0:38 0:38	1:58 1:20	3:44 1:46	8:24 4:40	9:51 1:27	10:27 0:36	15:04 4:37	----- 3:10	18:14 2:29	20:43 2:29	23:07 2:24	24:15 1:08	26:52 2:37

Pos	Name	Age	Time	3.7 km 45 m 15 C												
				1(152) 14(134)	2(235) 15(238)	3(165) Finish	4(158)	5(173)	6(243)	7(232)	8(170)	9(241)	10(233)	11(133)	12(96)	13(151)
1	Eileen Maxwell RR	W55	33:29	2:59 3:13 32:11 0:55	9:52 6:53 33:16 1:05	11:13 1:21 33:29 0:13	13:30 2:17	14:09 0:39	18:20 4:11	20:02 1:42	20:52 0:50	22:43 1:51	26:43 4:00	28:05 1:22	30:17 2:12	31:16 0:59
2	Lesley Gomersall GRAMP	W55	35:30	3:13 33:53 1:02	8:21 5:08 35:13 1:20	9:35 1:14 35:30 0:17	12:24 2:49	13:09 0:45	17:16 4:07	19:55 2:39	20:55 1:00	22:43 1:48	27:13 4:30	29:20 2:07	31:46 2:26	32:51 1:05
2	Isabella Maria Engbe AUOC	W21	35:30	3:06 32:38 2:35	8:32 5:26 35:14 2:36	9:37 1:05 35:30 0:16	11:57 2:20	12:29 0:32	16:10 3:41	17:56 1:46	18:38 0:42	20:50 2:12	24:58 4:08	26:31 1:33	28:56 2:25	30:03 1:07
4	Robin Strain ELO	M65	35:58	2:20 2:20 34:27 1:09	7:38 5:18 35:43 1:16	9:11 1:33 35:58 0:15	12:23 3:12	13:03 0:40	17:17 4:14	19:26 2:09	20:27 1:01	22:48 2:21	27:28 4:40	29:16 1:48	32:09 2:53	33:18 1:09
5	Phill Thompson MOR	M65	37:35	3:54 35:54 1:09	5:55 37:16 1:22	1:40 37:35 0:19	2:40	0:44	4:35	2:01	0:57	2:11	4:35	1:46	2:36	1:11
6	Alastair Lessells ESOC	M70	37:48	4:04 36:19 0:59	10:19 6:15 37:36 1:17	11:49 1:30 37:48 0:12	15:11 3:22	15:50 0:39	20:48 4:58	22:57 2:09	23:58 1:01	25:55 1:57	30:25 4:30	31:57 1:32	34:20 2:23	35:20 1:00
7	Ailsa Anderson GRAMP	W18	39:05	3:35 3:35 37:34 1:22	8:28 4:53 38:53 1:19	10:12 1:44 39:05 0:12	13:17 3:05	14:04 0:47	18:30 4:26	20:52 2:22	22:03 1:11	24:25 2:22	29:47 5:22	31:40 1:53	34:42 3:02	36:12 1:30
8	Amelia Petrie CLYDE	W60	39:58	4:36 38:23 1:03	10:50 6:14 39:42 1:19	12:18 1:28 39:58 0:16	14:58 2:40	15:39 0:41	19:57 4:18	22:13 2:16	23:04 0:51	25:51 2:47	31:02 5:11	33:24 2:22	36:17 2:53	37:20 1:03
9	Martin Nedyalkov AUOC	M21	41:14	3:41 3:41 39:07 1:53	9:57 6:16 41:00 1:53	12:46 2:49 41:14 0:14	15:31 2:45	16:15 0:44	20:41 4:26	23:02 2:21	23:56 0:54	25:52 1:56	31:01 5:09	32:45 1:44	35:55 3:10	37:14 1:19
10	Helen Anderson GRAMP	W55	42:24	3:42 40:30 1:27	9:19 5:37 42:09 1:39	11:11 1:52 42:24 0:15	14:53 3:42	15:46 0:53	20:25 4:39	22:51 2:26	24:07 1:16	26:21 2:14	32:05 5:44	34:07 2:02	37:41 3:34	39:03 1:22
11	Heidi Ross AUOC	W21	44:27	6:27 6:27 43:08 1:06	15:35 9:08 44:14 1:06	16:58 1:23 44:27 0:13	19:41 2:43	20:19 0:38	24:44 4:25	28:47 4:03	29:47 1:00	31:17 1:30	36:12 4:55	37:50 1:38	40:43 2:53	42:02 1:19
	Les Smithard KFO	M65	mp	----- 46:14 1:45	8:55 8:55 2:00	11:02 2:07 48:28 0:14	14:49 3:47	16:00 1:11 2:27 *130	22:37 6:37	25:45 3:08	27:21 1:36	30:05 2:44	36:39 6:34	39:17 2:38	42:53 3:36	44:29 1:36
	Caz Dudley MAROC	W55	mp	----- 52:15 10:59	12:21 53:57 1:42	13:52 54:16 0:19	16:56 3:04	17:35 0:39 6:25 *130	22:46 5:11	25:02 2:16	25:59 0:57	28:14 2:15	33:39 5:25	35:31 1:52	39:57 4:26	41:16 1:19
	Kate Anderson GRAMP	W50	mp	----- 63:34 3:22	16:11 65:22 1:48	18:54 65:35 0:13	22:31 3:37	23:27 0:56 9:46 *130	30:09 6:42	33:20 3:11	34:43 1:23	39:43 5:00	52:05 12:22	54:14 2:09	58:33 4:19	60:12 1:39
	Amber Graham MAROC	W16	dnf	----- ----- -----	6:41 6:41 -----	7:45 1:04 24:44 4:17	10:01 2:16	10:37 0:36 2:10 *130	15:29 4:52	17:34 2:05	18:31 0:57	20:27 1:56	-----	-----	-----	-----

Pos	Name	Age	Time													
C6 Light Green (7)			3.7 km	50 m	19 C									13(161)		
			1(96)	2(156)	3(246)	4(137)	5(231)	6(159)	7(226)	8(139)	9(158)	10(239)	11(231)	12(137)	13(161)	
			14(235)	15(225)	16(221)	17(223)	18(134)	19(238)	Finish							
1	Sam Griffin GRAMP	M14	19:38	0:37	1:56	2:34	3:20	3:32	4:40	5:56	7:00	9:12	10:15	10:54	11:06	12:15
			0:37	1:19	0:38	0:46	0:12	1:08	1:16	1:04	2:12	1:03	0:39	0:12	1:09	
			12:51	14:12	16:20	17:26	18:40	19:29	19:38							
			0:36	1:21	2:08	1:06	1:14	0:49	0:09							
2	Finlay Raynor INVOC	M14	21:34	0:36	1:57	2:51	3:37	3:53	5:05	6:26	7:34	9:58	11:00	11:42	11:58	13:09
			0:36	1:21	0:54	0:46	0:16	1:12	1:21	1:08	2:24	1:02	0:42	0:16	1:11	
			13:47	15:15	17:43	18:53	20:19	21:22	21:34							
			0:38	1:28	2:28	1:10	1:26	1:03	0:12							
3	Rachel Brown ESOC	W16	23:01	0:36	2:00	2:40	3:26	3:39	4:49	6:19	7:38	10:18	11:28	12:26	12:41	14:04
			0:36	1:24	0:40	0:46	0:13	1:10	1:30	1:19	2:40	1:10	0:58	0:15	1:23	
			14:43	16:16	18:57	20:14	21:40	22:48	23:01							
			0:39	1:33	2:41	1:17	1:26	1:08	0:13							
4	Jeremy Huthwaite GRAMP	M50	27:54	1:02	2:28	3:12	4:19	4:36	7:33	9:28	10:47	13:41	14:53	15:43	16:00	17:28
			1:02	1:26	0:44	1:07	0:17	2:57	1:55	1:19	2:54	1:12	0:50	0:17	1:28	
			18:55	20:34	23:26	24:42	26:38	27:40	27:54							
			1:27	1:39	2:52	1:16	1:56	1:02	0:14							
5	Patrick Lang GRAMP	M14	28:55	0:29	2:30	3:16	4:11	4:29	7:39	11:08	12:39	15:42	16:55	17:38	17:54	19:22
			0:29	2:01	0:46	0:55	0:18	3:10	3:29	1:31	3:03	1:13	0:43	0:16	1:28	
			20:06	21:51	24:52	25:59	27:33	28:43	28:55							
			0:44	1:45	3:01	1:07	1:34	1:10	0:12							
6	Morven Farquharson GRAMP	W14	35:15	1:09	3:10	4:12	5:23	5:46	7:35	9:58	11:57	16:34	18:20	19:35	20:02	21:55
			1:09	2:01	1:02	1:11	0:23	1:49	2:23	1:59	4:37	1:46	1:15	0:27	1:53	
			23:17	25:28	29:38	31:18	33:28	35:00	35:15							
			1:22	2:11	4:10	1:40	2:10	1:32	0:15							
7	Kirsty Farquharson GRAMP	W14	36:50	0:59	3:02	4:03	5:14	5:35	8:17	10:48	12:51	18:09	20:05	21:06	21:32	23:30
			0:59	2:03	1:01	1:11	0:21	2:42	2:31	2:03	5:18	1:56	1:01	0:26	1:58	
			24:42	26:57	31:24	33:04	34:54	36:37	36:50							
			1:12	2:15	4:27	1:40	1:50	1:43	0:13							

Pos	Name	Age	Time													
C7 Yellow (7)			1.7 km	15 m	15 C	4(221)	5(222)	6(131)	7(153)	8(151)	9(156)	10(246)	11(172)	12(230)	13(162)	
			1(96)	2(237)	3(130)	4(221)	5(222)	6(131)	7(153)	8(151)	9(156)	10(246)	11(172)	12(230)	13(162)	
			14(224)	15(238)	Finish											
1	Finlay McLuckie MOR	M10	10:23	0:23 0:23 9:36 1:38	0:49 0:26 10:12 0:36	1:39 0:50 10:23 0:11	2:05 0:26	2:39 0:34	3:21 0:42	3:51 0:30	4:57 1:06	5:43 0:46	6:24 0:41	6:44 0:20	7:20 0:36	7:58 0:38
2	Maja Robertson ESOC	W12	10:52	0:29 0:29 10:02 0:36	1:09 0:40 10:40 0:38	2:03 0:54 10:52 0:12	2:40 0:37	3:18 0:38	4:07 0:49	4:38 0:31	5:58 1:20	6:47 0:49	7:34 0:47	7:57 0:23	8:40 0:43	9:26 0:46
3	Andrew Twigg FVO	M12	11:09	0:42 0:42 10:12 0:40	1:10 0:28 10:57 0:45	2:05 0:55 11:09 0:12	2:36 0:31	3:20 0:44	4:06 0:46	4:43 0:37	5:54 1:11	6:44 0:50	7:33 0:49	8:01 0:28	8:50 0:49	9:32 0:42
4	Calum Robertson ESOC	M10	13:18	0:35 0:35 12:10 0:49	1:15 0:40 13:06 0:56	2:17 1:02 13:18 0:12	2:58 0:41	4:01 1:03	5:08 1:07	5:44 0:36	7:01 1:17	8:08 1:07	9:08 1:00	9:41 0:33	10:31 0:50	11:21 0:50
5	Megan Brown ESOC	W10	22:19	6:40 21:10 0:58	7:26 22:03 0:53	8:57 22:19 0:16	9:47 0:50	10:38 0:51	11:54 1:16	13:00 1:06	14:40 1:40	16:10 1:30	17:28 1:18	18:02 0:34	19:18 1:16	20:12 0:54
6	Noah Griffin GRAMP	M12	30:33	1:37 1:37 28:06	3:04 1:27 29:50	5:33 2:29 30:33	6:57 1:24	8:53 1:56	11:01 2:08	12:37 1:36	16:11 3:34	18:45 2:34	21:05 2:20	22:07 1:02	24:19 2:12	26:13 1:54
7	Alan MacGregor GRAMP	M65	31:38	1:50 1:50 28:45 1:42	3:23 1:33 30:51 2:06	6:11 2:48 31:38 0:43	7:39 1:28	9:32 1:53	11:53 2:21	13:44 1:51	17:16 3:32	19:28 2:12	21:45 2:17	22:48 1:03	24:55 2:07	27:03 2:08