



**Close your eyes and imagine a 2-day orienteering and hill running challenge, with hot food, drinks and social marquee provided, plus luggage transfer to and from the overnight camp?**

**Now open your eyes... and enter the**

## **Grampian Mountain Challenge**

**10th-11th November 2018**

Following four successful GMCs in 2010, 12, 14 & 16, the Grampian Mountain Challenge is pleased to welcome runners to North East Scotland for another unique blend of tough weather, physical and mental challenge, and overnight camp (relative) comfort in November 2018.

This event will combine mountain navigation with forest / moorland orienteering over two days. It will be in the Braemar area with a remote campsite for the Saturday night at an undisclosed location.

- A, B and C courses. Run solo or in pairs
- Each day has two maps (typically 1:10k and 1:40k), printed on waterproof paper
- Minimum age and experience requirements (see rules)
- Prepare for snow – this is November in NE Scotland!
- Kit bags transported to the mid camp, so you can bring your winter woollies (kit bag max weight rule now applies)
- Competitors must carry minimum kit on the hill
- Hot evening meal provided at the mid camp, and a snack at the finish  
Day 2 breakfast option available
- Conviviality, warmth and refreshments provided at the mid camp

For more information, visit [www.grampoc.com](http://www.grampoc.com).

To enter, visit [www.sientries.com](http://www.sientries.com)

Event will be available for all to view on SI Entries from Mid February. Entries open 1<sup>st</sup> April 2018. Entries close October 2018. Entry limit = 100 competitors. A waiting list will be available once this limit is reached.