

Pos	Name	Age	Time													
Long (11)				4.3 km	0 m	13 C										
				1(242)	2(244)	3(238)	4(240)	5(243)	6(245)	7(237)	8(239)	9(233)	10(246)	11(236)	12(241)	13(235)
				Finish												
1	Joseph Wright MAROC	M18	46:53	1:24 1:24 46:53 0:48	7:23 5:59	11:09 3:46	13:19 2:10	16:06 2:47	20:52 4:46	24:41 3:49	29:41 5:00	32:57 3:16	37:54 4:57	41:11 3:17	43:49 2:38	46:05 2:16
2	Jonathan Musgrave MAROC	M55	50:13	1:47 1:47 50:13 0:50	4:53 3:06	9:51 4:58	12:12 2:21	15:39 3:27	23:38 7:59	28:10 4:32	30:25 2:15	34:59 4:34	41:58 6:59	45:17 3:19	47:42 2:25	49:23 1:41
3	Drew Tivendale MAROC	M45	51:15	1:44 1:44 51:15 0:55	4:51 3:07	9:14 4:23	12:29 3:15	15:42 3:13	22:07 6:25	27:44 5:37	30:48 3:04	38:40 7:52	42:42 4:02	45:49 3:07	48:21 2:32	50:20 1:59
4	Alistair Chapman MAROC	M18	54:25	1:44 1:44 54:25 0:54	4:18 2:34	9:04 4:46	11:51 2:47	16:45 4:54	23:53 7:08	29:00 5:07	34:05 5:05	38:07 4:02	42:56 4:49	48:58 6:02	51:55 2:57	53:31 1:36
5	Robert Hickling GRAMP	M60	55:29	1:59 1:59 55:29 1:00	5:44 3:45	11:04 5:20	15:15 4:11	19:06 3:51	26:47 7:41	32:09 5:22	34:55 2:46	40:01 5:06	44:17 4:16	47:37 3:20	52:35 4:58	54:29 1:54
6	Daniel Gooch MAROC	M45	61:05	1:54 1:54 61:05 0:55	8:58 7:04	17:18 8:20	22:02 4:44	29:08 7:06	35:00 5:52	39:13 4:13	43:22 4:09	47:38 4:16	52:07 4:29	54:51 2:44	58:15 3:24	60:10 1:55
7	Andrew McMurtrie MAROC	M50	77:05	1:43 1:43 77:05 1:07	5:08 3:25	10:33 5:25	21:11 10:38	26:41 5:30	34:27 7:46	39:38 5:11	44:44 5:06	50:21 5:37	66:21 16:00	70:16 3:55	73:59 3:43	75:58 1:59
8	Dennis McDonald GRAMP	M50	100:05	2:04 2:04 100:05 1:06	20:43 18:39	27:06 6:23	31:19 4:13	35:23 4:04	42:49 7:26	57:53 15:04	64:40 6:47	75:24 10:44	82:18 6:54	91:57 9:39	96:50 4:53	98:59 2:09
	Felix Wilson MAROC	M18	mp	1:38 1:38 39:27 0:44	----- 7:26 4:36	9:04 *230	10:44 1:40	14:17 3:33	19:39 5:22	23:59 4:20	25:57 1:58	29:30 3:33	33:05 3:35	35:18 2:13	37:17 1:59	38:43 1:26
	Neil Munro		dnf	3:23 3:23	19:16 15:53	28:49 9:33	32:10 3:21	37:13 5:03	46:52 9:39	----- -----	83:06 36:14	----- -----	----- -----	----- -----	----- -----	----- -----
	Dominykas Kardokas		dnf	2:20 2:20	10:57 8:37	18:50 7:53	23:07 4:17	28:28 5:21	44:10 15:42	55:14 11:04	----- -----	80:41 25:27	----- -----	----- -----	----- -----	----- -----

