

Pos	Name	Age	Time														
B course (20)			21.1 km	1385 m	17 C												
			1(171)	2(161)	3(162)	4(157)	5(172)	6(158)	7(129)	8(174)	9(168)	10(151)	11(133)	12(170)	13(130)		
			14(221)	15(226)	16(227)	17(225)	Finish										
1	Alex Toomey (solo)	M	3:32:12	19:25	35:45	51:23	1:27:40	1:31:40	1:53:29	2:28:35	2:36:28	2:57:12	3:05:39	3:10:16	3:14:00	3:18:55	
			19:25	16:20	15:38	36:17	4:00	21:49	35:06	7:53	20:44	8:27	4:37	3:44	4:55		
			3:21:00	3:24:44	3:27:27	3:31:00	3:32:12									4:55	
			2:05	3:44	2:43	3:33	1:12										
2	Gordon Urquhart (so)	M	4:03:56	21:54	40:03	57:01	1:35:00	1:40:53	2:05:29	2:48:16	2:56:28	3:18:01	3:28:06	3:37:30	3:43:41	3:48:55	
			21:54	18:09	16:58	37:59	5:53	24:36	42:47	8:12	21:33	10:05	9:24	6:11	5:14		
			3:51:23	3:54:58	3:58:44	4:02:02	4:03:56										
			2:28	3:35	3:46	3:18	1:54										
3	Mark Potts (solo)	MV	4:11:35	23:13	42:06	1:01:08	1:54:29	1:58:55	2:21:29	3:01:04	3:07:58	3:25:56	3:33:44	3:39:28	3:48:23	3:53:42	
			23:13	18:53	19:02	53:21	4:26	22:34	39:35	6:54	17:58	7:48	5:44	8:55	5:19		
			3:55:59	4:01:22	4:05:24	4:09:55	4:11:35										
			2:17	5:23	4:02	4:31	1:40										
4	Susan Blackwood Je	F	4:23:54	25:30	46:24	1:05:42	1:50:52	1:55:20	2:23:15	3:11:28	3:18:37	3:37:08	3:44:34	3:50:14	4:06:13	4:10:58	
			25:30	20:54	19:18	45:10	4:28	27:55	48:13	7:09	18:31	7:26	5:40	15:59	4:45		
			4:12:53	4:16:10	4:18:51	4:22:28	4:23:54										
			1:55	3:17	2:41	3:37	1:26										
5	Nicola Mason Bryony	F	4:25:50	26:36	46:00	1:05:20	1:49:26	1:54:13	2:19:31	3:07:48	3:14:42	3:34:58	3:42:26	3:48:12	4:04:38	4:10:22	
			26:36	19:24	19:20	44:06	4:47	25:18	48:17	6:54	20:16	7:28	5:46	16:26	5:44		
			4:12:27	4:16:53	4:20:06	4:24:19	4:25:50										
			2:05	4:26	3:13	4:13	1:31										
6	Jeff Paterson Simon	MV	4:44:12	27:11	50:08	1:13:02	1:59:11	2:04:44	2:36:26	3:24:33	3:33:23	3:58:45	4:07:54	4:14:16	4:22:07	4:29:11	
			27:11	22:57	22:54	46:09	5:33	31:42	48:07	8:50	25:22	9:09	6:22	7:51	7:04		
			4:31:18	4:35:20	4:38:19	4:42:32	4:44:12										
			2:07	4:02	2:59	4:13	1:40										
7	Gregor Morrison Fra	M	4:50:06	27:15	47:37	1:09:24	1:58:20	2:04:47	2:34:25	3:28:01	3:37:36	4:02:08	4:12:29	4:20:50	4:26:18	4:32:40	
			27:15	20:22	21:47	48:56	6:27	29:38	53:36	9:35	24:32	10:21	8:21	5:28	6:22		
			4:35:01	4:39:27	4:44:08	4:48:27	4:50:06										
			2:21	4:26	4:41	4:19	1:39										
8	Dagmar Borrowman	F	4:51:31	28:35	50:35	1:12:24	2:01:36	2:07:39	2:39:25	3:31:54	3:39:38	4:03:31	4:12:57	4:19:29	4:26:14	4:33:33	
			28:35	22:00	21:49	49:12	6:03	31:46	52:29	7:44	23:53	9:26	6:32	6:45	7:19		
			4:36:12	4:41:54	4:45:33	4:49:51	4:51:31										
			2:39	5:42	3:39	4:18	1:40										
9	Richard Lang (solo)	MV	4:54:53	28:49	51:07	1:12:27	1:58:21	2:03:30	2:33:09	3:25:19	3:34:08	3:57:22	4:08:44	4:19:44	4:28:57	4:35:17	
			28:49	22:18	21:20	45:54	5:09	29:39	52:10	8:49	23:14	11:22	11:00	9:13	6:20		
			4:39:06	4:44:34	4:48:43	4:52:50	4:54:53										
			3:49	5:28	4:09	4:07	2:03										
10	Duncan Davis (solo)	MV	5:03:20	28:50	50:09	1:13:21	2:05:04	2:09:45	2:39:08	3:35:12	3:43:26	4:08:45	4:19:51	4:28:25	4:39:11	4:46:08	
			28:50	21:19	23:12	51:43	4:41	29:23	56:04	8:14	25:19	11:06	8:34	10:46	6:57		
			4:48:16	4:52:46	4:57:18	5:01:47	5:03:20										
			2:08	4:30	4:32	4:29	1:33										
11	Gilly Kirkwood Katy	FV	5:15:29	32:02	59:03	1:23:01	2:11:37	2:18:13	2:51:58	3:45:05	3:54:36	4:20:11	4:32:21	4:40:46	4:48:35	4:55:15	
			32:02	27:01	23:58	48:36	6:36	33:45	53:07	9:31	25:35	12:10	8:25	7:49	6:40		
			4:58:29	5:04:21	5:08:16	5:13:09	5:15:29										
			3:14	5:52	3:55	4:53	2:20										
12	Sue Richmond Geoff	MIXV	5:25:03	33:07	1:05:02	1:28:20	2:21:25	2:29:12	3:01:20	3:55:41	4:06:23	4:29:25	4:41:05	4:50:02	4:55:25	5:02:21	
			33:07	31:55	23:18	53:05	7:47	32:08	54:21	10:42	23:02	11:40	8:57	5:23	6:56		
			5:05:55	5:12:54	5:17:12	5:22:07	5:25:03										
			3:34	6:59	4:18	4:55	2:56										
13	Jon Shepherd Freya	MIX	5:30:36	31:44	56:45	1:20:00	2:17:28	2:24:14	3:06:45	4:07:01	4:16:30	4:43:01	4:53:01	5:00:05	5:07:50	5:12:49	
			31:44	25:01	23:15	57:28	6:46	42:31	1:00:16	9:29	26:31	10:00	7:04	7:45	4:59		
			5:16:56	5:21:38	5:25:19	5:28:34	5:30:36										
			4:07	4:42	3:41	3:15	2:02										
14	Simon Caldwell Car	MIXV	5:36:50	33:23	1:03:13	1:27:11	2:20:30	2:27:56	3:03:03	4:04:23	4:14:53	4:42:17	4:55:04	5:04:35	5:09:59	5:16:51	
			33:23	29:50	23:58	53:19	7:26	35:07	1:01:20	10:30	27:24	12:47	9:31	5:24	6:52		
			5:20:31	5:25:40	5:30:08	5:34:43	5:36:50										
			3:40	5:09	4:28	4:35	2:07										
15	Mike Ferguson Maria	MIX	5:45:21	37:59	1:12:16	1:36:56	2:29:53	2:37:22	3:11:29	4:07:16	4:18:21	4:46:06	4:56:38	5:05:15	5:12:49	5:19:24	
			37:59	34:17	24:40	52:57	7:29	34:07	55:47	11:05	27:45	10:32	8:37	7:34	6:35		
			5:22:50	5:31:05	5:37:49	5:42:52	5:45:21										
			3:26	8:15	6:44	5:03	2:29										
16	Jo Polak (solo)	FV	5:52:36	36:34	1:04:32	1:29:08	2:24:05	2:30:15	3:04:27	4:02:52	4:17:13	4:46:38	5:00:40	5:09:44	5:20:56	5:27:51	
			36:34	27:58	24:36	54:57	6:10	34:12	58:25	14:21	29:25	14:02	9:04	11:12	6:55		
			5:31:39	5:39:09	5:45:42	5:49:40	5:52:36										
			3:48	7:30	6:33	3:58	2:56										
17	Arlene Ditchfiel Jame	MIX	5:57:05	34:17	1:03:19	1:29:29	2:25:19	2:31:46	3:06:58	4:21:23	4:31:24	4:58:26	5:10:30	5:18:32	5:26:48	5:34:35	
			34:17	29:02	26:10	55:50	6:27	35:12	1:14:25	10:01	27:02	12:04	8:02	8:16	7:47		
			5:37:54	5:43:42	5:48:25	5:54:52	5:57:05										
			3:19	5:48	4:43	6:27	2:13										
18	Graham Arthur (solo)	MV	6:16:20	32:46	59:39	1:24:15	2:20:27	2:25:46	3:03:17	4:08:36	4:21:11	4:52:16	5:17:03	5:30:04	5:36:45	5:47:16	
			32:46	26:53	24:36	56:12	5:19	37:31	1:05:19	12:35	31:05	24:47	13:01	6:41	10:31		
			5:51:15	5:58:17	6:07:03	6:13:34	6:16:20										
			3:59	7:02	8:46	6:31	2:46										
19	Robert Hickling Jen	MIXV	6:27:44	36:46	1:08:33	1:34:46	2:36:35	2:44:26	3:35:04	4:47:47	5:00:53	5:31:12	5:44:19	5:53:54	6:00:33	6:09:19	
			36:46	31:47	26:13	1:01:49	7:51	50:38	1:12:43	13:06	30:19	13:07	9:35	6:39	8:46		
			6:12:15	6:17:23	6:21:04	6:25:18	6:27:44										
			2:56	5:08	3:41	4:14	2:26										

Pos	Name	Age	Time																
C course (27)				17.7 km	1300 m	14 C													
				1(152)	2(162)	3(172)	4(158)	5(129)	6(174)	7(167)	8(168)	9(151)	10(133)	11(221)	12(226)	13(227)			
				14(225)	Finish														
1	Alec Keith Megan Kei	MIX	3:20:57	21:58	56:21	1:29:15	1:52:10	2:35:00	2:41:22	2:49:00	2:59:36	3:06:05	3:10:56	3:11:49	3:14:33	3:16:33			
				21:58	34:23	32:54	22:55	42:50	6:22	7:38	10:36	6:29	4:51	0:53	2:44	2:00			
				3:19:29	3:20:57														
				2:56	1:28														
2	Ben Stansfield Lizzie	MIX	3:42:31	25:42	1:02:32	1:38:29	2:04:06	2:47:00	2:54:36	3:03:31	3:15:25	3:23:30	3:29:48	3:31:00	3:34:16	3:37:17			
				25:42	36:50	35:57	25:37	42:54	7:36	8:55	11:54	8:05	6:18	1:12	3:16	3:01			
				3:40:48	3:42:31														
				3:31	1:43														
3	Lachlan Kirk (solo)	M	3:48:18	23:52	1:03:09	1:44:52	2:09:14	2:51:27	2:58:50	3:09:44	3:21:00	3:29:26	3:35:32	3:36:31	3:40:29	3:43:21			
				23:52	39:17	41:43	24:22	42:13	7:23	10:54	11:16	8:26	6:06	0:59	3:58	2:52			
				3:46:50	3:48:18														
				3:29	1:28														
4	Susannah Macmill Ju	F	4:09:26	28:40	1:11:30	1:53:01	2:21:13	3:08:36	3:17:09	3:28:44	3:41:00	3:50:23	3:57:16	3:58:34	4:01:41	4:04:24			
				28:40	42:50	41:31	28:12	47:23	8:33	11:35	12:16	9:23	6:53	1:18	3:07	2:43			
				4:07:33	4:09:26														
				3:09	1:53														
5	Suzanne Lake Keith	MIX	4:18:48	28:00	1:11:06	1:51:16	2:20:12	3:14:07	3:21:36	3:32:18	3:43:36	3:54:04	4:01:02	4:03:11	4:08:40	4:13:04			
				28:00	43:06	40:10	28:56	53:55	7:29	10:42	11:18	10:28	6:58	2:09	5:29	4:24			
				4:17:11	4:18:48														
				4:07	1:37														
6	James Fathers (solo)	M	4:29:27	27:04	1:10:10	1:54:43	2:24:35	3:17:16	3:26:40	3:40:58	3:54:17	4:04:15	4:11:02	4:12:43	4:18:57	4:23:49			
				27:04	43:06	44:33	29:52	52:41	9:24	14:18	13:19	9:58	6:47	1:41	6:14	4:52			
				4:27:49	4:29:27														
				4:00	1:38														
7	Marianne Lang John	MIXV	4:35:48	28:10	1:14:05	2:00:24	2:32:25	3:23:23	3:33:54	3:46:55	3:58:47	4:10:38	4:18:45	4:20:36	4:25:41	4:29:50			
				28:10	45:55	46:19	32:01	50:58	10:31	13:01	11:52	11:51	8:07	1:51	5:05	4:09			
				4:33:46	4:35:48														
				3:56	2:02														
8	Stephen Wilson Alice	MIX	4:41:31	28:56	1:14:05	2:02:38	2:35:15	3:33:10	3:42:45	3:57:31	4:12:29	4:21:29	4:28:13	4:29:23	4:32:52	4:35:47			
				28:56	45:09	48:33	32:37	57:55	9:35	14:46	14:58	9:00	6:44	1:10	3:29	2:55			
				4:39:45	4:41:31														
				3:58	1:46														
9	Lorna Ascroft Sarah	F	5:01:06	28:48	1:16:12	2:08:36	2:39:36	3:40:12	3:50:27	4:07:23	4:21:52	4:35:55	4:44:05	4:46:26	4:51:16	4:55:11			
				28:48	47:24	52:24	31:00	1:00:36	10:15	16:56	14:29	14:03	8:10	2:21	4:50	3:55			
				4:59:18	5:01:06														
				4:07	1:48														
10	Ian Wilson Mark Tan	MV	5:03:17	28:36	1:25:37	2:12:16	2:42:13	3:38:13	3:50:01	4:07:03	4:18:57	4:30:58	4:43:57	4:45:27	4:53:28	4:57:05			
				28:36	57:01	46:39	29:57	56:00	11:48	17:02	11:54	12:01	12:59	1:30	8:01	3:37			
				5:01:36	5:03:17														
				4:31	1:41														
11	Elaine Gillies (solo)	F	5:07:07	29:42	1:22:24	2:17:34	2:52:05	3:47:18	3:58:24	4:12:04	4:26:33	4:38:58	4:48:49	4:50:27	4:56:39	5:00:45			
				29:42	52:42	55:10	34:31	55:13	11:06	13:40	14:29	12:25	9:51	1:38	6:12	4:06			
				5:05:11	5:07:07														
				4:26	1:56														
12	David White Kathlee	MIXV	5:07:45	34:37	1:25:06	2:12:06	2:41:50	3:55:55	4:05:25	4:17:58	4:29:39	4:41:09	4:49:31	4:51:02	4:56:37	5:01:24			
				34:37	50:29	47:00	29:44	1:14:05	9:30	12:33	11:41	11:30	8:22	1:31	5:35	4:47			
				5:05:40	5:07:45														
				4:16	2:05														
13	Ian Blackwood Rona	M	5:08:17	25:16	1:04:09	1:59:43	2:31:07	3:27:07	3:39:00	3:55:40	4:07:49	4:24:48	4:36:35	4:48:23	4:54:21	4:57:24			
				25:16	38:53	55:34	31:24	56:00	11:53	16:40	12:09	16:59	11:47	11:48	5:58	3:03			
				5:03:12	5:08:17														
				5:48	5:05														
14	Jackie Randell Iain B	MIXV	5:41:45	31:22	1:27:05	2:24:54	3:02:26	4:07:47	4:20:29	4:37:48	4:55:13	5:10:06	5:20:33	5:22:37	5:28:24	5:33:40			
				31:22	55:43	57:49	37:32	1:05:21	12:42	17:19	17:25	14:53	10:27	2:04	5:47	5:16			
				5:38:52	5:41:45														
				5:12	2:53														
15	Tom Elliotte Katie Ra	MIX	5:41:53	30:16	1:18:38	2:10:03	2:43:12	3:43:06	3:56:13	4:13:30	4:27:59	4:54:20	5:12:47	5:15:58	5:25:23	5:32:22			
				30:16	48:22	51:25	33:09	59:54	13:07	17:17	14:29	26:21	18:27	3:11	9:25	6:59			
				5:39:10	5:41:53														
				6:48	2:43														
16	Kieron Begley (solo)	M	5:50:33	34:58	1:29:04	2:23:44	3:02:40	4:10:11	4:26:14	4:44:18	5:04:24	5:19:13	5:29:32	5:31:34	5:37:57	5:43:05			
				34:58	54:06	54:40	38:56	1:07:31	16:03	18:04	20:06	14:49	10:19	2:02	6:23	5:08			
				5:48:01	5:50:33														
				4:56	2:32														
17	Gillian Clunas (solo)	FV	6:02:46	35:56	1:37:46	2:36:08	3:13:19	4:24:56	4:35:54	4:53:09	5:10:34	5:24:30	5:35:15	5:37:17	5:44:58	5:54:15			
				35:56	1:01:50	58:22	37:11	1:11:37	10:58	17:15	17:25	13:56	10:45	2:02	7:41	9:17			
				6:00:02	6:02:46														
				5:47	2:44														
18	John Ritchie Iain Sh	MV	6:06:04	31:52	1:30:55	2:32:13	3:12:05	4:19:29	4:32:55	4:51:29	5:10:01	5:26:48	5:37:20	5:39:19	5:47:19	5:53:40			
				31:52	59:03	1:01:18	39:52	1:07:24	13:26	18:34	18:32	16:47	10:32	1:59	8:00	6:21			
				6:03:00	6:06:04														
				9:20	3:04														
19	Sarah Wallace Liz W	FV	6:06:13	37:14	1:38:38	2:39:53	3:18:32	4:28:16	4:39:19	4:56:28	5:13:02	5:28:03	5:38:44	5:40:53	5:48:43	5:57:46			
				37:14	1:01:24	1:01:15	38:39	1:09:44	11:03	17:09	16:34	15:01	10:41	2:09	7:50	9:03			
				6:03:33	6:06:13														
				5:47	2:40														
20	Bob Elder Nigel Coe	MV	6:09:53	39:50	1:40:44	2:43:08	3:28:33	4:39:56	4:54:00	5:10:10	5:30:16	5:42:40	5:52:24	5:54:07	5:59:02	6:02:42			
				39:50	1:00:54	1:02:24	45:25	1:11:23	14:04	16:10	20:06	12:24	9:44	1:43	4:55	3:40			
				6:07:48	6:09:53														
				5:06	2:05														

