

Pos	Name	Class	Time													
Sprint (39)			3.5 km	12 C												
				1(130)	2(230)	3(132)	4(231)	5(232)	6(234)	7(134)	8(133)	9(233)	10(135)	11(137)	12(235)	Finish
1	Janne Heikkinen	Sprint	20:43	0:49	1:48	3:30	6:26	7:35	10:39	12:40	14:03	15:08	15:49	17:26	19:05	20:43
	AUOC			0:49	0:59	1:42	2:56	1:09	3:04	2:01	1:23	1:05	0:41	1:37	1:39	1:38
1	William Nicolson	Sprint	20:43	0:53	1:46	3:29	6:21	6:57	9:43	11:33	13:28	14:30	16:00	17:26	19:13	20:43
	INVOC			0:53	0:53	1:43	2:52	0:36	2:46	1:50	1:55	1:02	1:30	1:26	1:47	1:30
3	Drew Tivendale	Sprint	21:19	0:46	1:51	3:29	6:42	7:22	10:33	12:55	14:17	15:25	16:11	17:57	19:44	21:19
	MAROC			0:46	1:05	1:38	3:13	0:40	3:11	2:22	1:22	1:08	0:46	1:46	1:47	1:35
4	Alexander Maclachlan	Sprint	22:52	0:44	1:48	3:44	7:00	7:40	11:08	13:11	14:40	16:26	17:11	19:06	20:57	22:52
	GRAMP			0:44	1:04	1:56	3:16	0:40	3:28	2:03	1:29	1:46	0:45	1:55	1:51	1:55
5	Pete Lawrence	Sprint	24:51	1:08	2:23	4:30	8:10	9:22	12:54	15:14	17:03	18:22	19:09	21:01	22:56	24:51
	GRAMP			1:08	1:15	2:07	3:40	1:12	3:32	2:20	1:49	1:19	0:47	1:52	1:55	1:55
6	John Mason	Sprint	24:52	0:55	2:11	4:18	7:45	8:32	12:37	15:10	16:47	18:03	19:05	20:59	22:55	24:52
	MAROC			0:55	1:16	2:07	3:27	0:47	4:05	2:33	1:37	1:16	1:02	1:54	1:56	1:57
7	Jack Gomersall	Sprint	25:04	1:04	2:23	4:37	8:26	9:12	12:58	15:15	16:55	18:17	19:11	21:06	23:04	25:04
	GRAMP			1:04	1:19	2:14	3:49	0:46	3:46	2:17	1:40	1:22	0:54	1:55	1:58	2:00
8	Robert Hickling	Sprint	25:21	1:06	2:33	4:39	8:16	8:59	12:48	15:18	17:06	18:24	19:15	21:29	23:29	25:21
	GRAMP			1:06	1:27	2:06	3:37	0:43	3:49	2:30	1:48	1:18	0:51	2:14	2:00	1:52
9	Josie Gomersall	Sprint	25:22	1:09	2:40	4:50	8:31	9:16	13:05	15:26	17:07	18:29	19:21	21:22	23:24	25:22
	GRAMP			1:09	1:31	2:10	3:41	0:45	3:49	2:21	1:41	1:22	0:52	2:01	2:02	1:58
10	Nick Hale	Sprint	25:33	1:09	2:31	4:23	8:11	8:53	12:23	14:46	16:19	17:40	19:42	21:49	23:43	25:33
	GRAMP			1:09	1:22	1:52	3:48	0:42	3:30	2:23	1:33	1:21	2:02	2:07	1:54	1:50
11	Barry Gibson	Sprint	25:36	1:03	2:14	6:26	9:26	10:06	13:50	15:50	17:18	18:58	19:52	21:29	23:10	25:36
	None			1:03	1:11	4:12	3:00	0:40	3:44	2:00	1:28	1:40	0:54	1:37	1:41	2:26
12	Carolyn McLeod	Sprint	26:40	1:38	3:31	5:52	9:46	10:41	14:25	16:47	18:21	19:41	20:45	22:46	24:45	26:40
	GRAMP			1:38	1:53	2:21	3:54	0:55	3:44	2:22	1:34	1:20	1:04	2:01	1:59	1:55
13	Claire Tunaley	Sprint	26:48	0:58	2:11	4:28	8:12	8:59	13:03	15:40	18:02	19:40	20:39	22:52	24:56	26:48
	MAROC			0:58	1:13	2:17	3:44	0:47	4:04	2:37	2:22	1:38	0:59	2:13	2:04	1:52
14	David Esson	Sprint	26:50	1:26	3:24	5:42	8:43	9:42	15:15	17:29	18:43	20:16	21:17	23:30	25:13	26:50
	GRAMP			1:26	1:58	2:18	3:01	0:59	5:33	2:14	1:14	1:33	1:01	2:13	1:43	1:37
15	Michaela Kolistanikova	Sprint	26:52	1:07	2:30	4:38	8:19	9:37	13:27	15:58	17:49	19:23	20:39	22:44	24:54	26:52
	AUOC			1:07	1:23	2:08	3:41	1:18	3:50	2:31	1:51	1:34	1:16	2:05	2:10	1:58
16	Bob Sheridan	Sprint	26:56	1:21	2:30	4:30	8:54	9:33	13:06	15:26	17:45	19:12	21:09	22:58	24:53	26:56
	GRAMP			1:21	1:09	2:00	4:24	0:39	3:33	2:20	2:19	1:27	1:57	1:49	1:55	2:03
17	Hannah Carter	Sprint	27:09	1:09	2:37	4:55	8:25	9:21	13:44	16:12	17:50	19:29	20:27	23:01	25:06	27:09
	None			1:09	1:28	2:18	3:30	0:56	4:23	2:28	1:38	1:39	0:58	2:34	2:05	2:03
18	Richard Horne	Sprint	27:14	1:17	2:41	5:01	8:48	9:32	13:30	16:08	18:01	19:39	20:34	23:07	25:07	27:14
	None			1:17	1:24	2:20	3:47	0:44	3:58	2:38	1:53	1:38	0:55	2:33	2:00	2:07
19	Katrina McLeod	Sprint	27:20	1:06	2:28	4:49	8:39	9:26	13:30	16:25	18:09	19:41	20:35	23:19	25:21	27:20
	LUUOC			1:06	1:22	2:21	3:50	0:47	4:04	2:55	1:44	1:32	0:54	2:44	2:02	1:59
20	Craig Taylor	Sprint	27:21	1:33	2:47	5:04	8:49	9:39	13:49	16:22	18:09	19:40	20:38	23:07	25:14	27:21
	None			1:33	1:14	2:17	3:45	0:50	4:10	2:33	1:47	1:31	0:58	2:29	2:07	2:07
20	James Cruickshank	Sprint	27:21	1:22	2:47	5:04	8:42	9:30	14:00	16:31	18:05	19:45	20:41	23:18	25:19	27:21
	None			1:22	1:25	2:17	3:38	0:48	4:30	2:31	1:34	1:40	0:56	2:37	2:01	2:02
22	Ian Hamilton	Sprint	27:48	1:11	2:52	5:16	9:26	10:10	14:30	16:59	18:54	20:24	21:17	23:44	25:44	27:48
	GRAMP			1:11	1:41	2:24	4:10	0:44	4:20	2:29	1:55	1:30	0:53	2:27	2:00	2:04
23	Marianne Lang	Sprint	28:11	1:35	3:07	5:49	10:04	10:49	15:56	18:29	20:08	21:25	22:16	24:13	26:13	28:11
	GRAMP			1:35	1:32	2:42	4:15	0:45	5:07	2:33	1:39	1:17	0:51	1:57	2:00	1:58
24	David Kirk	Sprint	28:13	1:03	2:23	4:31	8:58	10:12	14:25	17:02	18:37	20:32	21:35	23:49	26:04	28:13
	GRAMP			1:03	1:20	2:08	4:27	1:14	4:13	2:37	1:35	1:55	1:03	2:14	2:15	2:09
25	Sam Gomersall	Sprint	28:24	1:03	2:25	4:44	9:34	10:26	14:41	17:29	19:18	20:45	21:49	24:07	26:21	28:24
	GRAMP			1:03	1:22	2:19	4:50	0:52	4:15	2:48	1:49	1:27	1:04	2:18	2:14	2:03
26	John Lang	Sprint	29:35	1:12	2:36	5:00	9:19	10:30	15:12	17:54	19:59	21:39	22:40	24:53	27:08	29:35
	GRAMP			1:12	1:24	2:24	4:19	1:11	4:42	2:42	2:05	1:40	1:01	2:13	2:15	2:27

Pos	Name	Class	Time													
<i>Sprint (39)</i>				<i>3.5 km</i>	<i>12 C</i>	<i>(cont.)</i>										
				1(130)	2(230)	3(132)	4(231)	5(232)	6(234)	7(134)	8(133)	9(233)	10(135)	11(137)	12(235)	Finish
27	Mark Hammonds MAROC	Sprint	29:47	1:30	3:04	5:18	10:05	11:28	15:42	18:29	20:21	21:57	22:54	25:13	27:41	29:47
				1:30	1:34	2:14	4:47	1:23	4:14	2:47	1:52	1:36	0:57	2:19	2:28	2:06
28	Adam Paulenda None	Sprint	30:37	2:03	3:25	5:37	9:51	10:43	15:10	18:01	20:00	21:34	22:42	24:54	28:21	30:37
				2:03	1:22	2:12	4:14	0:52	4:27	2:51	1:59	1:34	1:08	2:12	3:27	2:16
29	Sarah Wallace GRAMP	Sprint	31:01	1:26	2:58	5:38	9:53	10:45	15:16	18:31	20:26	22:17	23:24	26:06	28:32	31:01
				1:26	1:32	2:40	4:15	0:52	4:31	3:15	1:55	1:51	1:07	2:42	2:26	2:29
30	Iain McLeod GRAMP	Sprint	31:05	1:01	2:30	5:09	9:56	10:50	15:31	18:31	20:33	22:30	23:35	26:14	28:41	31:05
				1:01	1:29	2:39	4:47	0:54	4:41	3:00	2:02	1:57	1:05	2:39	2:27	2:24
31	Rachel Scott GRAMP	Sprint	32:53	1:12	2:47	5:24	10:50	11:41	16:23	19:30	21:40	23:19	25:03	27:28	30:00	32:53
				1:12	1:35	2:37	5:26	0:51	4:42	3:07	2:10	1:39	1:44	2:25	2:32	2:53
32	Dennis McDonald GRAMP	Sprint	33:01	1:17	2:51	5:11	9:30	10:21	19:41	22:21	24:04	25:17	26:54	28:58	31:09	33:01
				1:17	1:34	2:20	4:19	0:51	9:20	2:40	1:43	1:13	1:37	2:04	2:11	1:52
33	Petra Hampton None	Sprint	35:28	1:11	4:14	8:09	12:29	13:21	19:20	22:15	23:58	27:44	28:30	30:46	32:56	35:28
				1:11	3:03	3:55	4:20	0:52	5:59	2:55	1:43	3:46	0:46	2:16	2:10	2:32
34	Louise Provan None	Sprint	38:57	1:25	3:08	6:10	14:25	15:30	21:03	24:14	26:33	28:48	30:44	33:41	36:00	38:57
				1:25	1:43	3:02	8:15	1:05	5:33	3:11	2:19	2:15	1:56	2:57	2:19	2:57
35	Olivia Coman GRAMP	Sprint	39:38	1:35	3:40	7:27	12:18	13:35	23:12	26:33	28:41	30:27	31:39	34:41	37:19	39:38
				1:35	2:05	3:47	4:51	1:17	9:37	3:21	2:08	1:46	1:12	3:02	2:38	2:19
36	Helen Anderson GRAMP	Sprint	42:47	1:42	4:08	7:40	15:04	16:17	22:08	26:11	29:12	31:25	33:17	36:51	39:47	42:47
				1:42	2:26	3:32	7:24	1:13	5:51	4:03	3:01	2:13	1:52	3:34	2:56	3:00