

Pos	Name	Class	Time													
Sprint (33)			3.0 km	14 C												
				1(131) 14(138)	2(235) Finish	3(241)	4(132)	5(240)	6(134)	7(232)	8(139)	9(135)	10(231)	11(136)	12(242)	13(231)
1	William Nicolson INVOC	Sprint	17:27	0:32 0:32 16:56	2:21 1:49 17:27	2:53 0:32	4:16 1:23	5:15 0:59	7:28 2:13	8:54 1:26	9:42 0:48	10:11 0:29	11:24 1:13	12:16 0:52	14:19 2:03	16:00 1:41
2	Janne Heikkinen AUOC	Sprint	18:15	0:35 0:35 17:47	2:38 2:03 18:15	3:11 0:33	4:34 1:23	5:36 1:02	8:00 2:24	9:22 1:22	10:15 0:53	10:47 0:32	12:05 1:18	13:02 0:57	15:05 2:03	16:53 1:48
3	Drew Tivendale MAROC	Sprint	18:57	0:34 0:34 18:20	2:31 1:57 18:57	3:06 0:35	4:28 1:22	5:21 0:53	7:38 2:17	9:00 1:22	9:53 0:53	10:24 0:31	11:37 1:13	13:09 1:32	15:09 2:00	16:57 1:48
4	Tim Griffin GRAMP	Sprint	19:30	0:40 0:40 18:56	2:52 2:12 19:30	3:28 0:36	5:04 1:36	6:04 1:00	8:39 2:35	10:05 1:26	10:59 0:54	11:32 0:33	12:45 1:13	14:05 1:20	16:05 2:00	17:58 1:53
5	Alexander Maclachlan GRAMP	Sprint	20:18	0:41 0:41 19:45	2:59 2:18 20:18	3:51 0:52	5:18 1:27	6:22 1:04	8:45 2:23	10:17 1:32	11:12 0:55	11:44 0:32	12:57 1:13	14:55 1:58	17:00 2:05	18:43 1:43
6	Sam Griffin GRAMP	Sprint	20:51	0:37 0:37 20:06	2:52 2:15 20:51	3:36 0:44	5:13 1:37	6:09 0:56	8:44 2:35	10:58 2:14	11:52 0:54	12:23 0:31	13:41 1:18	14:45 1:04	16:58 2:13	18:58 2:00
7	Gary Longhurst FVO	Sprint	21:26	0:41 0:41 20:56	2:58 2:17 21:26	3:34 0:36	5:05 1:31	6:15 1:10	8:51 2:36	10:25 1:34	11:25 1:00	12:04 0:39	14:18 2:14	15:40 1:22	17:56 2:16	19:46 1:50
8	Bob Sheridan GRAMP	Sprint	22:02	1:10 0:57 0:57 21:24	3:20 2:23 22:02	3:56 0:36	5:46 1:50	6:51 1:05	9:38 2:47	11:23 1:45	12:21 0:58	12:53 0:32	14:44 1:51	15:55 1:11	18:11 2:16	20:18 2:07
9	David Esson GRAMP	Sprint	22:47	1:06 0:48 0:48 22:06	3:38 2:58 2:10 22:47	4:20 1:22	5:55 1:35	6:58 1:03	9:09 2:11	10:34 1:25	11:20 0:46	12:08 0:48	14:42 2:34	16:28 1:46	18:43 2:15	20:37 1:54
10	Mike Winn GRAMP	Sprint	22:50	1:29 0:39 0:39 22:10	3:50 3:11 22:50	4:28 0:38	6:06 1:38	7:03 0:57	9:52 2:49	11:40 1:48	12:35 0:55	13:11 0:36	14:35 1:24	16:19 1:44	19:12 2:53	21:13 2:01
11	Claire Tunaley MAROC	Sprint	23:12	0:57 0:41 0:41 22:38	3:40 3:20 2:39 23:12	4:12 0:52	5:58 1:46	7:09 1:11	10:23 3:14	12:23 2:00	13:28 1:05	14:09 0:41	15:45 1:36	17:09 1:24	19:31 2:22	21:32 2:01
12	Josie Gomersall GRAMP	Sprint	23:43	1:06 0:54 0:54 23:04	3:51 3:51 2:57 23:43	4:56 1:05	6:41 1:45	7:55 1:14	11:04 3:09	12:53 1:49	13:58 1:05	14:35 0:37	16:04 1:29	17:22 1:18	19:55 2:33	21:57 2:02
13	Dominykas Kardokas None	Sprint	24:21	1:07 0:45 0:45 23:48	3:39 3:01 2:16 24:21	3:37 0:36	5:09 1:32	6:28 1:19	9:17 2:49	11:03 1:46	12:00 0:57	12:33 0:33	15:29 2:56	18:15 2:46	20:46 2:31	22:40 1:54

Pos	Name	Class	Time													
Sprint (33)				3.0 km	14 C	<i>(cont.)</i>										
				1(131) 14(138)	2(235) Finish	3(241)	4(132)	5(240)	6(134)	7(232)	8(139)	9(135)	10(231)	11(136)	12(242)	13(231)
14	Sam Gomersall GRAMP	Sprint	24:40	0:57 0:57 24:06 1:13 0:42	3:51 2:54 24:40 0:34 3:29	4:47 0:56	6:45 1:58	8:07 1:22	11:13 3:06	13:14 2:01	14:20 1:06	15:02 0:42	16:49 1:47	18:11 1:22	20:42 2:31	22:53 2:11
14	Phil Campbell GRAMP	Sprint	24:40	0:42 0:42 24:00 1:12 0:43	3:29 2:47 24:40 0:40 3:13	4:13 0:44	6:01 1:48	7:14 1:13	10:40 3:26	12:56 2:16	14:03 1:07	14:44 0:41	16:15 1:31	17:46 1:31	20:21 2:35	22:48 2:27
16	Dennis McDonald GRAMP	Sprint	26:12	0:43 0:43 25:31 1:09 0:57	3:13 2:30 26:12 0:41 3:52	4:10 0:57	6:17 2:07	7:31 1:14	10:30 2:59	12:34 2:04	13:33 0:59	14:18 0:45	16:28 2:10	19:02 2:34	22:00 2:58	24:22 2:22
17	Lovisa Nimvik Stern AUOC	Sprint	26:25	0:57 0:57 25:40 1:22 1:29	3:52 2:55 26:25 0:45 4:26	4:39 0:47	6:38 1:59	7:51 1:13	11:24 3:33	13:29 2:05	14:43 1:14	15:24 0:41	17:15 1:51	19:06 1:51	21:56 2:50	24:18 2:22
18	Lesley Gomersall GRAMP	Sprint	26:29	1:29 1:29 25:49 1:20 0:55	4:26 2:57 26:29 0:40 3:39	5:10 0:44	7:13 2:03	8:32 1:19	12:12 3:40	14:10 1:58	15:19 1:09	16:03 0:44	17:42 1:39	19:18 1:36	22:00 2:42	24:29 2:29
19	Heidi Ross AUOC	Sprint	29:07	0:55 0:55 27:53 1:46 0:50	3:39 2:44 29:07 1:14 3:48	4:33 0:54	6:38 2:05	8:00 1:22	11:30 3:30	13:50 2:20	15:07 1:17	15:53 0:46	17:48 1:55	19:25 1:37	23:46 4:21	26:07 2:21
20	James Cruickshank None	Sprint	29:25	0:50 0:50 28:42 1:59 0:50	3:48 2:58 29:25 0:43 3:51	4:40 0:52	7:07 2:27	8:32 1:25	11:41 3:09	13:33 1:52	14:35 1:02	15:28 0:53	18:08 2:40	20:37 2:29	23:34 2:57	26:43 3:09
21	Steve Taylor None	Sprint	29:29	0:50 0:50 28:46 1:58 0:57	3:51 3:01 29:29 0:43 4:17	4:40 0:49	7:12 2:32	8:35 1:23	11:48 3:13	13:36 1:48	14:39 1:03	15:35 0:56	18:08 2:33	20:24 2:16	23:38 3:14	26:48 3:10
22	Iain McLeod GRAMP	Sprint	30:31	0:57 0:57 29:28 1:26 0:57	4:17 3:20 30:31 1:03 4:08	5:13 0:56	7:28 2:15	9:08 1:40	13:01 3:53	15:19 2:18	18:15 2:56	19:03 0:48	20:40 1:37	22:22 1:42	25:31 3:09	28:02 2:31
23	Estera Zak None	Sprint	31:13	0:57 0:57 30:33 1:10 0:57	4:08 3:11 31:13 0:40 4:46	5:23 1:15	7:31 2:08	8:54 1:23	12:24 3:30	14:23 1:59	15:32 1:09	16:14 0:42	20:53 4:39	23:02 2:09	25:35 2:33	29:23 3:48
24	Rachel Scott GRAMP	Sprint	31:28	0:57 0:57 30:41 1:20 1:01	4:46 3:49 31:28 0:47 4:45	6:22 1:36	8:29 2:07	10:02 1:33	13:26 3:24	15:21 1:55	16:36 1:15	17:18 0:42	19:46 2:28	23:10 3:24	26:15 3:05	29:21 3:06
25	Sarah Wallace GRAMP	Sprint	32:05	1:01 1:01 31:06 1:21 1:01	4:45 3:44 32:05 0:59 4:45	6:13 1:28	8:35 2:22	10:04 1:29	14:20 4:16	16:58 2:38	18:21 1:23	19:11 0:50	21:30 2:19	23:18 1:48	27:04 3:46	29:45 2:41

Pos	Name	Class	Time													
Sprint (33)				3.0 km	14 C	<i>(cont.)</i>										
				1(131) 14(138)	2(235) Finish	3(241)	4(132)	5(240)	6(134)	7(232)	8(139)	9(135)	10(231)	11(136)	12(242)	13(231)
26	Olivia Coman GRAMP	Sprint	32:36	1:05 1:05 31:47 1:33	4:47 3:42 32:36 0:49	6:09 1:22	8:38 2:29	10:14 1:36	14:34 4:20	17:08 2:34	18:37 1:29	19:28 0:51	21:28 2:00	23:23 1:55	26:53 3:30	30:14 3:21
27	Magda Dalecka AUOC	Sprint	36:26	0:54 0:54 34:33 1:28	5:38 4:44 36:26 1:53	6:43 1:05	9:15 2:32	10:45 1:30	16:25 5:40	19:22 2:57	20:36 1:14	21:13 0:37	23:13 2:00	25:43 2:30	29:53 4:10	33:05 3:12
28	Carl J Boyd GRAMP	Sprint	38:31	1:34 37:43 1:48	6:14 38:31 0:48	7:30 1:16	10:08 2:38	11:56 1:48	16:17 4:21	19:24 3:07	21:04 1:40	22:12 1:08	24:30 2:18	27:13 2:43	32:28 5:15	35:55 3:27
29	Petra Hampton None	Sprint	39:18	0:45 0:45 38:41 3:12	5:00 4:15 39:18 0:37	6:50 1:50	9:04 2:14	10:41 1:37	13:36 2:55	15:32 1:56	16:39 1:07	17:29 0:50	19:41 2:12	28:12 8:31	31:56 3:44	35:29 3:33
30	George Esson GRAMP	Sprint	45:47	1:23 1:23 43:53 2:27	6:06 4:43 45:47 1:54	7:22 1:16	10:48 3:26	12:59 2:11	19:09 6:10	23:11 4:02	25:08 1:57	26:40 1:32	29:19 2:39	32:03 2:44	36:59 4:56	41:26 4:27