Long (7) — **5.1 km 0 m 16 C**

Pl	Name	Time	1(140)	2(234)	3(133)	4(134)	5(136)	6(135)	7(132)	8(235)	9(131)	10(138)	11(137)	12(231)
			13(248)	14(139)	15(230)	16(247)	Finish							
1	**Joe Wright**	**42:11**	2:35	8:42	10:33	11:56	18:20	20:41	22:10	23:52	26:11	28:16	29:50	31:06
	MAROC		2:35	6:07	***1:51***	***1:23***	6:24	***2:21***	***1:29***	***1:42***	***2:19***	***2:05***	***1:34***	***1:16***
			34:37	36:13	**38:49**	**40:55**	**42:11**							
			3:31	1:36	2:36	***2:06***	1:16							
2	**Calum McLeod**	**43:53**	2:31	**7:02**	**9:26**	**11:16**	**15:00**	**17:47**	**19:34**	**21:58**	**24:43**	**27:22**	**29:05**	**30:27**
	GRAMP		2:31	***4:31***	2:24	1:50	3:44	2:47	1:47	2:24	2:45	2:39	1:43	1:22
			34:30	**36:00**	40:10	42:43	43:53							
			4:03	***1:30***	4:10	2:33	***1:10***							
3	**Hazel Wright**	**47:38**	3:35	8:41	11:09	13:23	17:35	20:36	22:54	24:57	27:51	30:23	32:25	35:12
	MAROC		3:35	5:06	2:28	2:14	4:12	3:01	2:18	2:03	2:54	2:32	2:02	2:47
			39:23	41:04	43:38	46:06	47:38							
			4:11	1:41	***2:34***	2:28	1:32							
4	**Ian Hamilton**	**1:03:52**	3:45	10:47	14:32	17:03	22:34	27:19	29:46	32:29	37:16	40:37	43:59	45:52
	GRAMP		3:45	7:02	3:45	2:31	5:31	4:45	2:27	2:43	4:47	3:21	3:22	1:53
			52:24	55:11	58:58	1:02:12	1:03:52							
			6:32	2:47	3:47	3:14	1:40							
5	**William Nicolson**	**1:16:48**	3:10	13:01	23:29	25:32	30:42	34:13	36:24	39:22	44:41	48:06	49:58	51:26
	INVOC		3:10	9:51	10:28	2:03	5:10	3:31	2:11	2:58	5:19	3:25	1:52	1:28
			55:33	57:39	1:12:39	1:15:31	1:16:48							
			4:07	2:06	15:00	2:52	1:17							
	Drew Tivendale	**mp**	**2:25**	7:43	10:04	-----	37:37	45:39	48:56	50:40	54:12	56:52	1:00:15	1:02:05
	MAROC		***2:25***	5:18	2:21		27:33	8:02	3:17	1:44	3:32	2:40	3:23	1:50
			-----	-----	1:05:28	1:07:47	1:09:03							
					3:23	2:19	1:16							
	Martin Young	**dnf**	4:25	19:30	21:47	24:05	27:33	31:35	33:51	36:09	40:45	43:26	46:07	48:03
	MAROC		4:25	15:05	2:17	2:18	***3:28***	4:02	2:16	2:18	4:36	2:41	2:41	1:56
			52:42	-----	-----	-----	1:01:24							
			4:39				8:42							

Short (17) — **3.0 km 0 m 10 C**

Pl	Name	Time	1(130)	2(140)	3(248)	4(235)	5(131)	6(138)	7(137)	8(231)	9(230)	10(247)	Finish
1	**Jake Chapman**	**23:32**	**2:06**	**4:04**	**6:29**	**9:25**	**11:57**	**14:10**	**15:52**	**17:29**	**19:20**	**22:06**	**23:32**
	MAROC		***2:06***	***1:58***	***2:25***	***2:56***	***2:32***	***2:13***	***1:42***	***1:37***	***1:51***	***2:46***	1:26
2	**Robin Skinner**	**32:58**	3:09	5:36	9:05	12:30	19:22	22:12	23:55	26:23	28:27	31:36	32:58
	MAROC		3:09	2:27	3:29	3:25	6:52	2:50	1:43	2:28	2:04	3:09	***1:22***
3	**John Lang**	**33:53**	2:51	10:18	13:28	17:02	20:32	23:15	25:08	26:53	29:26	32:24	33:53
	GRAMP		2:51	7:27	3:10	3:34	3:30	2:43	1:53	1:45	2:33	2:58	1:29
4	**Pete Lawrence**	**34:14**	2:48	5:37	8:30	12:12	17:21	20:43	23:09	26:19	29:42	32:37	34:14
	GRAMP		2:48	2:49	2:53	3:42	5:09	3:22	2:26	3:10	3:23	2:55	1:37
5	**Murray Anderson**	**34:46**	3:17	6:03	10:00	14:02	19:01	22:08	24:55	27:11	30:09	33:09	34:46
	GRAMP		3:17	2:46	3:57	4:02	4:59	3:07	2:47	2:16	2:58	3:00	1:37
6	**Andy Tivendale**	**38:24**	6:38	9:18	12:54	16:52	21:18	24:42	27:39	30:20	32:59	36:35	38:24
	MAROC		6:38	2:40	3:36	3:58	4:26	3:24	2:57	2:41	2:39	3:36	1:49
7	**Eilidh Campbell**	**39:46**	2:44	16:21	19:29	23:03	26:13	29:01	30:58	32:50	34:59	38:18	39:46
	MAROC		2:44	13:37	3:08	3:34	3:10	2:48	1:57	1:52	2:09	3:19	1:28
8	**Iain McLeod**	**41:31**	4:04	7:06	11:27	15:39	19:48	24:22	27:50	30:00	36:14	39:38	41:31
	GRAMP		4:04	3:02	4:21	4:12	4:09	4:34	3:28	2:10	6:14	3:24	1:53
9	**Robert Hickling**	**51:47**	6:22	8:51	16:43	32:42	36:01	38:58	42:18	44:22	47:19	50:24	51:47
	GRAMP		6:22	2:29	7:52	15:59	3:19	2:57	3:20	2:04	2:57	3:05	1:23
10	**Bob Sheridan**	**54:31**	3:05	25:54	29:09	33:15	37:30	41:25	44:11	46:44	49:36	52:50	54:31
	GRAMP		3:05	22:49	3:15	4:06	4:15	3:55	2:46	2:33	2:52	3:14	1:41
11	**Denise Wright**	**54:42**	5:46	8:54	20:21	25:22	30:41	34:30	42:06	45:09	48:17	52:29	54:42
	MAROC		5:46	3:08	11:27	5:01	5:19	3:49	7:36	3:03	3:08	4:12	2:13
12	**David Kirk**	**55:44**	3:04	7:35	29:13	34:34	38:53	43:46	46:29	48:30	50:50	54:00	55:44
	GRAMP		3:04	4:31	21:38	5:21	4:19	4:53	2:43	2:01	2:20	3:10	1:44
13	**Ian McIntyre**	**56:12**	3:45	8:03	12:14	24:27	32:39	36:54	40:42	45:46	49:34	53:49	56:12
	INT		3:45	4:18	4:11	12:13	8:12	4:15	3:48	5:04	3:48	4:15	2:23
14	**Sam Pickett**	**1:02:54**	8:29	15:26	24:35	38:57	43:04	46:54	50:52	53:19	56:46	1:00:36	1:02:54
	GRAMP		8:29	6:57	9:09	14:22	4:07	3:50	3:58	2:27	3:27	3:50	2:18
	Amber Graham	**mp**	3:12	17:19	20:14	-----	36:55	40:09	42:33	45:29	48:27	52:33	54:10
	MAROC		3:12	14:07	2:55		16:41	3:14	2:24	2:56	2:58	4:06	1:37
			27:29										
			**135*										
	Rachel Scott	**mp**	4:11	7:42	14:52	24:06	32:37	37:51	42:19	46:15	-----	1:00:43	1:05:52
	GRAMP		4:11	3:31	7:10	9:14	8:31	5:14	4:28	3:56		14:28	5:09
	Nick Green	**dnf**	2:56	6:26	9:26	14:53	18:40	22:13	-----	-----	-----	-----	34:11
			2:56	3:30	3:00	5:27	3:47	3:33					11:58