

Pos	Name	Class	Time																	
B Day2 (10)				22.7 km 975 m		19 C		<i>(cont.)</i>												
				1(223)	2(241)	3(232)	4(130)	5(106)	6(132)	7(233)	8(158)	9(227)	10(174)	11(153)	12(226)	13(139)				
				14(138)	15(172)	16(166)	17(137)	18(135)	19(129)	Finish										
4	Marie Entwistle Katie Henderson Deeside Runners	B	5:08:35	21:11	57:41	2:33:11	3:00:50	3:33:07	3:40:07	3:48:30	3:56:10	4:00:37	4:07:02	4:15:23	4:25:06	4:35:24				
				21:11	36:30	1:35:30	27:39	32:17	7:00	8:23	7:40	4:27	6:25	8:21	9:43	10:18				
				4:39:41	4:44:30	4:52:03	4:57:45	5:02:42	5:07:18	5:08:35										
				4:17	4:49	7:33	5:42	4:57	4:36	1:17										
5	Chris Tomlin Caroline Watt	B	5:24:20	19:41	55:43	2:27:55	2:59:20	3:38:09	3:45:14	3:56:11	4:04:11	4:10:16	4:17:17	4:25:38	4:34:24	4:47:13				
				19:41	36:02	1:32:12	31:25	38:49	7:05	10:57	8:00	6:05	7:01	8:21	8:46	12:49				
				4:50:12	4:57:14	5:04:44	5:12:06	5:17:17	5:23:02	5:24:20										
				2:59	7:02	7:30	7:22	5:11	5:45	1:18										
6	Liam O'Loughlin Colin Baird Moravian Orienteers	B	5:31:46	19:08	57:00	2:36:46	3:13:22	3:54:11	4:01:32	4:08:56	4:16:52	4:21:36	4:27:27	4:35:21	4:45:04	4:56:18				
				19:08	37:52	1:39:46	36:36	40:49	7:21	7:24	7:56	4:44	5:51	7:54	9:43	11:14				
				5:01:09	5:06:12	5:13:38	5:19:40	5:25:02	5:30:32	5:31:46										
				4:51	5:03	7:26	6:02	5:22	5:30	1:14										
7	David Frame . Tayside Orienteers	B	5:55:13	20:38	1:00:28	2:51:32	3:20:48	4:05:48	4:16:40	4:25:35	4:33:37	4:39:34	4:45:46	4:55:51	5:05:02	5:17:08				
				20:38	39:50	1:51:04	29:16	45:00	10:52	8:55	8:02	5:57	6:12	10:05	9:11	12:06				
				5:21:29	5:26:43	5:34:28	5:42:10	5:48:19	5:53:58	5:55:13										
				4:21	5:14	7:45	7:42	6:09	5:39	1:15										
8	Graham Arthur . Highland Hill Runners	B	6:21:15	23:33	1:04:27	2:53:09	3:27:35	4:06:27	4:15:49	4:25:37	4:35:27	4:41:56	4:50:26	5:00:08	5:12:58	5:29:55				
				23:33	40:54	1:48:42	34:26	38:52	9:22	9:48	9:50	6:29	8:30	9:42	12:50	16:57				
				5:34:25	5:41:08	5:54:25	6:03:40	6:11:16	6:19:27	6:21:15										
				4:30	6:43	13:17	9:15	7:36	8:11	1:48										
9	Alistair Arnott . Allithwaite RC	B	6:31:06	23:30	1:04:13	2:50:49	3:33:12	4:18:42	4:26:00	4:37:19	4:47:33	4:51:52	5:13:30	5:22:49	5:32:05	5:46:03				
				23:30	40:43	1:46:36	42:23	45:30	7:18	11:19	10:14	4:19	21:38	9:19	9:16	13:58				
				5:54:10	5:59:25	6:10:26	6:18:03	6:23:58	6:29:42	6:31:06										
				8:07	5:15	11:01	7:37	5:55	5:44	1:24										
10	Nigel Coe Bob Elder Cosmics/Ambleside	B	6:32:19	26:55	1:14:49	3:22:12	4:01:36	4:41:47	4:51:54	5:01:59	5:11:17	5:18:14	5:24:50	5:34:15	5:44:10	5:55:10				
				26:55	47:54	2:07:23	39:24	40:11	10:07	10:05	9:18	6:57	6:36	9:25	9:55	11:00				
				5:58:54	6:03:08	6:11:00	6:18:04	6:24:06	6:30:41	6:32:19										
				3:44	4:14	7:52	7:04	6:02	6:35	1:38										
C Day2 (24)				19.5 km 900 m		16 C														
				1(223)	2(140)	3(232)	4(130)	5(106)	6(132)	7(233)	8(227)	9(174)	10(153)	11(226)	12(138)	13(156)				
				14(137)	15(135)	16(129)	Finish													
1	John Lang Naomi Lang Grampian Orienteers	C	3:49:50	16:59	1:10:00	1:47:18	2:13:46	2:43:09	2:49:22	2:55:57	3:01:40	3:05:48	3:11:46	3:18:38	3:27:31	3:31:13				
				16:59	53:01	37:18	26:28	29:23	6:13	6:35	5:43	4:08	5:58	6:52	8:53	3:42				
				3:39:05	3:43:29	3:48:58	3:49:50													
				7:52	4:24	5:29	0:52													
2	Dave Robertson Lindsay Robertson CLYDE	C	4:01:00	18:53	1:17:15	1:56:02	2:21:58	2:52:31	3:01:47	3:08:18	3:14:19	3:19:34	3:25:23	3:31:58	3:40:13	3:43:37				
				18:53	58:22	38:47	25:56	30:33	9:16	6:31	6:01	5:15	5:49	6:35	8:15	3:24				
				3:50:34	3:55:22	3:59:53	4:01:00													
				6:57	4:48	4:31	1:07													
3	Ben Stansfield Clare Stansfield Forth Valley Orienteers	C	4:01:25	20:13	1:17:45	1:55:21	2:24:57	2:53:02	3:00:39	3:07:18	3:13:05	3:17:44	3:25:11	3:31:03	3:38:46	3:42:17				
				20:13	57:32	37:36	29:36	28:05	7:37	6:39	5:47	4:39	7:27	5:52	7:43	3:31				
				3:50:35	3:55:41	4:00:19	4:01:25													
				8:18	5:06	4:38	1:06													
4	James Ackland Graeme Ackland INT	C	4:05:29	17:38	1:18:44	1:57:39	2:25:13	2:56:49	3:02:48	3:08:56	3:14:27	3:19:49	3:25:45	3:33:02	3:44:05	3:47:24				
				17:38	1:01:06	38:55	27:34	31:36	5:59	6:08	5:31	5:22	5:56	7:17	11:03	3:19				
				3:55:19	4:00:02	4:04:24	4:05:29													
				7:55	4:43	4:22	1:05													

Pos	Name	Class	Time													
C Day2 (24)				19.5 km 900 m 16 C (cont.)												
				1(223) 14(137)	2(140) 15(135)	3(232) 16(129)	4(130) Finish	5(106)	6(132)	7(233)	8(227)	9(174)	10(153)	11(226)	12(138)	13(156)
5	David Eades Max Carcas Interlopers	C	4:26:38	19:36 19:36 4:15:28 9:10	1:26:36 1:07:00 4:20:24 4:56	2:11:59 45:23 4:25:25 5:01	2:41:56 29:57 4:26:38 1:13	3:14:45 32:49	3:21:31 6:46	3:27:46 6:15	3:34:20 6:34	3:38:50 4:30	3:45:46 6:56	3:53:00 7:14	4:02:37 9:37	4:06:18 3:41
6	Nick Barr Kathryn Barr Moravian Orienteers	C	4:33:27	23:47 23:47 4:20:58 8:53	1:27:13 1:03:26 4:26:52 5:54	2:08:53 41:40 4:32:17 5:25	2:40:00 31:07 4:33:27 1:10	3:14:01 34:01	3:21:12 7:11	3:28:50 7:38	3:36:05 7:15	3:41:39 5:34	3:49:31 7:52	3:58:03 8:32	4:07:28 9:25	4:12:05 4:37
7	Stephen Wilson Emma Wilson CLYDE	C	4:48:17	20:45 20:45 4:35:33 11:22	1:35:23 1:14:38 4:41:21 5:48	2:19:37 44:14 4:46:59 5:38	2:51:13 31:36 4:48:17 1:18	3:25:06 33:53	3:31:42 6:36	3:43:39 11:57	3:50:02 6:23	3:54:08 4:06	4:01:54 7:46	4:09:56 8:02	4:19:44 9:48	4:24:11 4:27
8	Colin Larmour Sean O'Sullivan Maroc/Gramp	C	4:49:31	18:50 18:50 4:39:10 9:03	1:29:57 1:11:07 4:43:49 4:39	2:18:42 48:45 4:48:26 4:37	2:52:11 33:29 4:49:31 1:05	3:31:27 39:16	3:38:10 6:43	3:46:38 8:28	3:54:32 7:54	3:59:30 4:58	4:06:41 7:11	4:14:32 7:51	4:26:20 11:48	4:30:07 3:47
9	Gareth Yardley Keith Yardley Grampian Orienteers	C	5:06:02	23:12 23:12 4:52:25 11:41	1:42:06 1:18:54 4:59:47 7:22	2:25:09 43:03 5:05:07 5:20	2:58:15 33:06 5:06:02 0:55	3:38:48 40:33	3:49:38 10:50	3:56:42 7:04	4:03:38 6:56	4:08:51 5:13	4:16:05 7:14	4:24:50 8:45	4:35:45 10:55	4:40:44 4:59
10	Kenneth Milton . CLYDE	C	5:15:54	22:22 22:22 4:59:51 12:22	1:37:12 1:14:50 5:07:35 7:44	2:23:52 46:40 5:14:33 6:58	2:56:40 32:48 5:15:54 1:21	3:35:20 38:40	3:42:51 7:31	3:52:25 9:34	4:08:40 16:15	4:13:26 4:46	4:21:35 8:09	4:29:41 8:06	4:42:08 12:27	4:47:29 5:21
11	Robert Hickling Jen Hickling Grampian Orienteers	C	5:28:03	24:35 24:35 5:12:49 11:36	1:43:21 1:18:46 5:19:32 6:43	2:32:38 49:17 5:26:40 7:08	3:08:36 35:58 5:28:03 1:23	3:55:34 46:58	4:04:44 9:10	4:14:11 9:27	4:22:07 7:56	4:27:56 5:49	4:37:12 9:16	4:46:08 8:56	4:56:31 10:23	5:01:13 4:42
12	Elizabeth Barr Kirsty McArthur Moravian Orienteers	C	5:28:33	23:00 23:00 5:14:44 12:07	1:48:06 1:25:06 5:20:59 6:15	2:34:42 46:36 5:27:12 6:13	3:08:12 33:30 5:28:33 1:21	3:51:04 42:52	4:00:24 9:20	4:12:13 11:49	4:20:00 7:47	4:25:54 5:54	4:34:25 8:31	4:44:27 10:02	4:57:48 13:21	5:02:37 4:49
13	Elizabeth Lofill Simon Gardner CLYDE/STAG	C	5:43:46	22:29 22:29 5:28:45 11:28	1:47:09 1:24:40 5:35:33 6:48	2:36:12 49:03 5:42:31 6:58	3:12:13 36:01 5:43:46 1:15	4:03:38 51:25	4:14:21 10:43	4:26:24 12:03	4:36:23 9:59	4:42:32 6:09	4:51:36 9:04	5:00:40 9:04	5:12:36 11:56	5:17:17 4:41
14	Pete Lawrence . Grampian Orienteers	C	5:44:34	23:57 23:57 5:28:26 12:21	1:51:38 1:27:41 5:36:15 7:49	2:43:00 51:22 5:43:12 6:57	3:18:58 35:58 5:44:34 1:22	4:13:04 54:06	4:19:44 6:40	4:29:19 9:35	4:37:13 7:54	4:41:53 4:40	4:50:09 8:16	4:58:25 8:16	5:10:28 12:03	5:16:05 5:37
15	John Irving Katherine Lawlor Dundee Road Runners	C	5:47:10	24:53 24:53 5:32:57 11:55	1:44:12 1:19:19 5:39:29 6:32	2:35:33 51:21 5:45:45 6:16	3:10:20 34:47 5:47:10 1:25	3:56:56 46:36	4:05:13 8:17	4:16:08 10:55	4:25:57 9:49	4:34:12 8:15	4:47:06 12:54	4:58:54 11:48	5:15:24 16:30	5:21:02 5:38
16	Helen Wise Willie Gibson Carnethy HRC	C	6:05:37	23:45 23:45 5:47:01 14:02	1:46:30 1:22:45 5:55:00 7:59	2:35:52 49:22 6:03:18 8:18	3:11:58 36:06 6:05:37 2:19	4:01:19 49:21	4:11:38 10:19	4:22:57 11:19	4:33:22 10:25	4:42:30 9:08	4:55:11 12:41	5:10:46 15:35	5:25:55 15:09	5:32:59 7:04

Pos	Name	Class	Time													
C Day2 (24)				19.5 km 900 m			16 C									
				<i>(cont.)</i>												
				1(223)	2(140)	3(232)	4(130)	5(106)	6(132)	7(233)	8(227)	9(174)	10(153)	11(226)	12(138)	13(156)
				14(137)	15(135)	16(129)	Finish									
17	Marianne Lang Angela Conroy Grampian Orienteers	C	6:09:24	23:55	2:06:00	2:56:02	3:28:51	4:19:07	4:29:12	4:49:45	4:58:23	5:04:53	5:13:57	5:25:35	5:39:07	5:43:30
				23:55	1:42:05	50:02	32:49	50:16	10:05	20:33	8:38	6:30	9:04	11:38	13:32	4:23
				5:54:28	6:00:59	6:08:05	6:09:24									
				10:58	6:31	7:06	1:19									
18	Elizabeth Adams John Hamer Westerlands CCC	C	6:16:14	22:14	1:49:43	2:43:59	3:22:28	4:07:09	4:17:35	4:31:02	4:39:37	4:53:53	5:04:34	5:19:40	5:36:18	5:41:59
				22:14	1:27:29	54:16	38:29	44:41	10:26	13:27	8:35	14:16	10:41	15:06	16:38	5:41
				5:56:22	6:05:30	6:13:55	6:16:14									
				14:23	9:08	8:25	2:19									
19	Elaine Gillies Amber Gillies Tayside Orienteers	C	6:54:56	29:21	2:12:06	3:16:24	3:57:37	4:58:52	5:10:14	5:25:55	5:36:23	5:45:00	5:56:14	6:09:52	6:24:02	6:28:56
				29:21	1:42:45	1:04:18	41:13	1:01:15	11:22	15:41	10:28	8:37	11:14	13:38	14:10	4:54
				6:40:24	6:46:58	6:53:41	6:54:56									
				11:28	6:34	6:43	1:15									
20	Katy McNeil Derek McNeil Moravian Orienteers	C	7:29:00	30:17	2:43:54	3:46:20	4:25:49	5:31:00	5:42:08	5:54:36	6:06:56	6:15:09	6:25:41	6:37:41	6:52:18	6:58:44
				30:17	2:13:37	1:02:26	39:29	1:05:11	11:08	12:28	12:20	8:13	10:32	12:00	14:37	6:26
				7:10:57	7:18:57	7:27:33	7:29:00									
				12:13	8:00	8:36	1:27									
21	Iain Shanks Lachlan Shanks Stonehaven Running Club	C	8:00:47	25:09	2:34:36	3:55:36	4:45:31	5:47:07	5:57:02	6:12:28	6:23:12	6:33:05	6:43:13	6:55:12	7:17:31	7:23:39
				25:09	2:09:27	1:21:00	49:55	1:01:36	9:55	15:26	10:44	9:53	10:08	11:59	22:19	6:08
				7:41:32	7:49:14	7:58:29	8:00:47									
				17:53	7:42	9:15	2:18									
	Mark Hammonds . Maroc	C	mp	23:44	1:42:04	-----	-----	4:02:51	4:12:31	4:24:35	4:34:10	4:41:23	4:50:58	5:00:16	5:11:23	5:16:53
				23:44	1:18:20			2:20:47	9:40	12:04	9:35	7:13	9:35	9:18	11:07	5:30
				5:28:59	5:35:37	5:42:37	5:44:00									
				12:06	6:38	7:00	1:23									
	Elaine Stewart Richard Wade Cosmics/Holmfirth Harriers	C	mp	27:17	1:59:02	2:51:22	3:30:32	4:21:42	4:31:16	4:42:57	4:52:44	5:01:43	5:15:34	5:35:14	-----	6:03:04
				27:17	1:31:45	52:20	39:10	51:10	9:34	11:41	9:47	8:59	13:51	19:40		27:50
				6:14:57	6:21:31	6:29:21	6:31:05									
				11:53	6:34	7:50	1:44									
	Tom Sidaway Gavin Maw	C	dnf	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----										