

Pl	Name	Club	AgeClass	Clas	Time	Notes
Long (11)			4.9 km	240 m	18 C	
1	Joseph Wright	MAROC	M16	Long	50:54	
2	Ali Robertson	GRAMP	M35	Long	52:38	
3	Jake Chapman	MAROC	M16	Long	53:19	
4	Alistair Chapman	MAROC	M16	Long	54:04	
5	Hazel Wright	MAROC	W21	Long	59:05	
6	Matthew Gooch	MAROC	M14	Long	1:08:10	
7	Drew Tivendale	MAROC	M40	Long	1:15:50	
8	Sarah Dunn	MAROC	W45	Long	1:17:02	
9	Sean O'Sullivan	MAROC	M35	Long	1:17:37	
10	William Nicolson	INVOC	M40	Long	1:26:02	
11	Roger Coombs	MAROC	M55	Long	1:27:00	
Short (20)			3.0 km	165 m	10 C	
1	Ewan Musgrave	MAROC	M12	Short	39:52	
2	Abigail Mason	MAROC	W18	Short	43:39	
3	Eilidh Campbell	MAROC	W16	Short	44:15	
4	Robert Hickling	GRAMP	M60	Short	44:25	
5	Murray Anderson	GRAMP	M50	Short	48:51	
6	John Lang	GRAMP	M50	Short	58:59	
7	Helen Rowlands	GRAMP	W50	Short	1:01:43	
8	Matthew Parkes	GRAMP	M40	Short	1:03:04	
9	Nick Green	GO	M50	Short	1:03:37	
10	Ian McIntyre	INT	M50	Short	1:05:38	
11	Ryan Bolton	LUUOC	M21	Short	1:06:13	
12	Frances Wright	LUUOC	W21	Short	1:06:35	
13	Denise Wright	MAROC	W50	Short	1:08:37	
14	Andy Tivendale	MAROC	M70	Short	1:12:18	
15	Dennis McDonald	GRAMP	M50	Short	1:14:16	
16	Peter Craig	MAROC	M70	Short	1:42:10	
	Adrian Will	GRAMP	M40	Short	mp	
	Joel Gooch	MAROC	M12	Short	dnf	
	John Mason	MAROC	M50	Short	dnf	
	Kevin Hyland	GRAMP	M35	Short	dnf	