



NORTH AREA INTER-CLUB JUNIOR CHALLENGE 2016

SUNDAY 6TH NOVEMBER – KEPPERNACH nr NAIRN

The five North Area clubs (BASOC, Moravian, Grampian, Inverness and Mar OC) are having our annual inter-club junior challenge at the INVOC LEVEL C Event at **Keppernach, near Nairn on 6th November**. The area was used during Highland 2015 and event details will be promulgated on INVOC's web site in due course.

The junior competition format means that **all juniors can participate**, right down to the **very young** who do White courses. In fact the competition is biased towards those who you are still finding your way in the sport. Experts aged 16+ who are running at green or above are beyond the level of this competition so it's a great chance for others to make their mark for the club.

The challenge will be decided by taking the **best 10 finish positions** for each club's juniors from the **white to light green courses** (after we've removed all adult runners and any non-North juniors from the results). Boys and girls are scored separately. Please note that this competition is aimed at juniors who are still working up to run at Green standard or beyond. Any junior can enter, but in the spirit of the competition we would ask everyone to run the colour of course that you'd normally enter. Please don't enter an easier course than you normally would just to get a higher position. Junior Co-ordinators from the other clubs are asked to keep an eye on this and advise your juniors members appropriately.

There's no limit to how many represent their club, but just the best 10 count. It would be great to see all 5 North clubs fielding a full complement of 10 or more juniors.

MAROC are the current trophy holders.

There will be a trophy presentation to the winning club at about 1.00.



This event is in its 7th year!

