

Pl	Name	Age Clas	Time												
Light Green (11)				3.3 km 125 m			12 C		<i>(cont.)</i>						
				1(230) Finish	2(235)	3(154)	4(157)	5(103)	6(169)	7(129)	8(96)	9(155)	10(138)	11(237)	12(240)
6	Oonagh Grassie GRAMP	W60	53:51	2:42 2:42 53:51 1:45	7:05 4:23	10:50 3:45	19:40 8:50	22:22 2:42	27:23 5:01	31:57 4:34	40:16 8:19	43:30 3:14	48:44 5:14	50:32 1:48	52:06 1:34
7	Katja Neumann MAROC	W45	1:05:49	2:26 2:26 1:05:49 1:21	7:09 4:43	17:05 9:56	25:53 8:48	30:45 4:52	35:20 4:35	41:47 6:27	50:13 8:26	56:14 6:01	1:00:41 4:27	1:02:51 2:10	1:04:28 1:37
8	Lynn Collins MAROC	W45	1:08:29	3:45 3:45 1:08:29 1:27	8:03 4:18	11:31 3:28	33:58 22:27	37:28 3:30	42:37 5:09	46:54 4:17	54:35 7:41	1:00:07 5:32	1:03:37 3:30	1:05:17 1:40	1:07:02 1:45
9	Margaret Dearman MOR	W65	1:09:33	4:50 4:50 1:09:33 2:02	9:06 4:16	13:38 4:32	23:55 10:17	27:38 3:43	35:16 7:38	41:34 6:18	53:57 12:23	57:40 3:43	1:02:51 5:11	1:05:32 2:41	1:07:31 1:59
10	Tuuli Toivonen AUOC	W20	1:21:46	2:20 2:20 1:21:46 1:51	7:36 5:16	12:10 4:34	21:09 8:59	24:33 3:24	31:18 6:45	37:13 5:55	1:05:55 28:42	1:11:06 5:11	1:15:20 4:14	1:17:52 2:32	1:19:55 2:03
	Greg Anderson MOR	M16	mp	2:31 2:31 1:22:25 3:33	7:46 5:15	11:11 3:25	33:36 22:25	37:15 3:39	48:57 11:42	53:22 4:25	1:05:56 12:34	1:10:11 4:15	1:17:06 6:55	1:18:52 1:46	-----
Green (25)				3.7 km 155 m			15 C								
				1(160) 13(243)	2(235) 14(135)	3(153) 15(222)	4(154) Finish	5(157)	6(103)	7(156)	8(161)	9(152)	10(167)	11(174)	12(168)
1	Naomi Lang GRAMP	W16	41:54	2:36 2:36 38:36 3:08	6:18 3:42	7:40 1:22	9:45 2:05	13:44 3:59	15:05 1:21	17:07 2:02	19:47 2:40	27:03 7:16	28:58 1:55	31:03 2:05	35:28 4:25
2	Mairi Weir MOR	W16	42:13	2:23 2:23 38:06 3:08	3:46 1:23	5:27 1:41	7:46 2:19	12:43 4:57	14:14 1:31	16:33 2:19	18:55 2:22	28:02 9:07	30:06 2:04	31:53 1:47	35:49 3:56
3	Eilidh Campbell MAROC	W16	43:56	2:17 5:19 5:19 39:39	6:25 1:06	7:38 1:13	10:26 2:48	14:59 4:33	16:59 2:00	19:00 2:01	21:24 2:24	29:59 8:35	31:17 1:18	32:55 1:38	37:23 4:28
4	Bill Caffyn GRAMP	M55	46:10	2:16 2:14 2:14 41:41	1:08 4:11 1:57	2:11 6:11 2:00	0:58 9:04 2:53	14:24 5:20	17:05 2:41	19:39 2:34	23:05 3:26	31:46 8:41	33:30 1:44	35:12 1:42	39:02 3:50
5	Helen Rowlands GRAMP	W50	46:52	2:39 2:24 2:24 41:57	1:24 3:51 1:27	1:48 5:28 1:37	1:17 8:09 2:41	13:36 5:27	15:36 2:00	17:54 2:18	20:52 2:58	29:43 8:51	31:59 2:16	34:07 2:08	38:37 4:30
6	Bob Sheridan GRAMP	M45	48:01	3:20 3:17 42:10 1:53	1:41 1:22	1:54 2:18	1:20 2:21	14:00 4:42	17:02 3:02	21:46 4:44	24:38 2:52	31:09 6:31	32:46 1:37	35:56 3:10	40:17 4:21
7	Rosie Getliff MAROC	W18	48:27	2:17 2:17 43:46 2:52	3:24 1:07	5:06 1:42	8:46 3:40	14:49 6:03	16:54 2:05	19:16 2:22	22:25 3:09	32:40 10:15	34:47 2:07	37:05 2:18	40:54 3:49
8	Lachlan Kirk GRAMP	M18	48:42	2:41 2:41 44:43 2:07	4:01 1:20	5:44 1:43	9:03 3:19	14:36 5:33	16:06 1:30	21:18 5:12	24:29 3:11	31:50 7:21	33:42 1:52	37:30 3:48	42:36 5:06
9	Chris Aust GRAMP	M65	50:39	2:44 2:44 45:27 3:18	5:02 2:18	7:13 2:11	10:12 2:59	15:44 5:32	18:09 2:25	20:24 2:15	23:56 3:32	33:05 9:09	35:19 2:14	38:06 2:47	42:09 4:03
10	Fran Getliff MAROC	W50	51:54	3:14 3:14 46:39 2:34	4:50 1:36	6:58 2:08	9:37 2:39	17:22 7:45	19:16 1:54	22:07 2:51	25:05 2:58	34:03 8:58	36:44 2:41	38:54 2:10	44:05 5:11
11	Phil Campbell GRAMP	M21	57:07	2:54 2:54 51:47 3:08	4:41 1:47	6:53 2:12	10:18 3:25	16:18 6:00	23:41 7:23	25:47 2:06	29:44 3:57	37:59 8:15	40:32 2:33	42:51 2:19	48:39 5:48
12	Pippa Weir MOR	W50	58:18	3:01 3:01 52:33 3:37	4:38 1:37	6:19 1:41	9:27 3:08	18:53 9:26	21:50 2:57	24:16 2:26	27:17 3:01	37:55 10:38	40:24 2:29	42:42 2:18	48:56 6:14

Pl	Name	Age Clas	Time													
Green (25)				3.7 km 155 m			15 C		<i>(cont.)</i>							
				1(160)	2(235)	3(153)	4(154)	5(157)	6(103)	7(156)	8(161)	9(152)	10(167)	11(174)	12(168)	
				13(243)	14(135)	15(222)	Finish									
13	Foss Foster GRAMP	W65	1:05:38	3:22	5:31	7:45	11:39	20:06	22:48	28:03	33:01	44:19	46:45	49:20	55:29	
				3:22	2:09	2:14	3:54	8:27	2:42	5:15	4:58	11:18	2:26	2:35	6:09	
				59:22	1:01:11	1:03:29	1:05:38									
				3:53	1:49	2:18	2:09									
14	Ailsa Anderson GRAMP	W14	1:10:26	3:50	6:08	7:52	11:01	28:10	29:57	34:36	38:04	50:18	51:56	53:58	1:01:00	
				3:50	2:18	1:44	3:09	17:09	1:47	4:39	3:28	12:14	1:38	2:02	7:02	
				1:04:01	1:07:16	1:09:05	1:10:26									
				3:01	3:15	1:49	1:21									
15	Anne Hickling GRAMP	W60	1:11:41	3:40	6:02	8:32	12:02	21:05	23:58	26:49	30:33	41:27	43:59	52:24	59:20	
				3:40	2:22	2:30	3:30	9:03	2:53	2:51	3:44	10:54	2:32	8:25	6:56	
				1:02:51	1:07:33	1:09:44	1:11:41									
				3:31	4:42	2:11	1:57									
16	Helen Anderson GRAMP	W50	1:17:08	5:03	8:59	11:54	16:19	26:05	30:53	35:15	40:05	51:04	54:02	57:22	1:06:13	
				5:03	3:56	2:55	4:25	9:46	4:48	4:22	4:50	10:59	2:58	3:20	8:51	
				1:10:01	1:12:11	1:15:05	1:17:08									
				3:48	2:10	2:54	2:03									
17	Daniel Holden AUOC	M20	1:18:17	4:09	7:39	10:32	16:33	23:08	25:45	28:48	40:10	53:59	55:51	58:51	1:09:22	
				4:09	3:30	2:53	6:01	6:35	2:37	3:03	11:22	13:49	1:52	3:00	10:31	
				1:12:40	1:14:34	1:16:49	1:18:17									
				3:18	1:54	2:15	1:28									
18	Kenneth Anderson MOR	M55	1:20:22	12:26	14:41	17:24	29:27	37:15	39:53	42:07	45:49	56:46	1:00:00	1:03:02	1:09:25	
				12:26	2:15	2:43	12:03	7:48	2:38	2:14	3:42	10:57	3:14	3:02	6:23	
				1:12:41	1:16:20	1:18:45	1:20:22									
				3:16	3:39	2:25	1:37									
19	Kate Anderson GRAMP	W50	1:21:05	3:48	6:32	9:55	14:27	26:29	30:53	34:02	38:25	51:33	53:53	1:00:54	1:07:05	
				3:48	2:44	3:23	4:32	12:02	4:24	3:09	4:23	13:08	2:20	7:01	6:11	
				1:10:07	1:15:41	1:19:49	1:21:05									
				3:02	5:34	4:08	1:16									
20	Genevieve Jones GRAMP	W65	1:50:30	5:14	10:35	14:12	20:19	31:34	37:52	42:04	48:52	1:05:55	1:09:28	1:13:09	1:30:36	
				5:14	5:21	3:37	6:07	11:15	6:18	4:12	6:48	17:03	3:33	3:41	17:27	
				1:35:10	1:39:23	1:47:29	1:50:30									
				4:34	4:13	8:06	3:01									
	David Kirk GRAMP	M45	dnf	8:33	10:15	12:30	18:35	----	----	----	----	28:36	31:09	34:54	41:06	
				8:33	1:42	2:15	6:05									
				44:13	46:21	48:27	50:51									
				3:07	2:08	2:06	2:24									
	Erik Van Der Kam GRAMP	M70	dnf	6:51	14:34	17:55	33:43	----	----	----	----	----	----	----	----	
				6:51	7:43	3:21	15:48									
				----	----	----	1:15:48									
				----	----	----	42:05									
	Margaret McMillan MAROC	W50	dnf	3:39	5:50	15:25	46:37	1:05:14	1:08:23	1:10:54	1:14:15	----	----	----	----	
				3:39	2:11	9:35	31:12	18:37	3:09	2:31	3:21					
				----	----	----	1:27:49									
				----	----	----	13:34									
	Michaela Kolistanikova AUOC	W21	dnf	4:03	5:51	8:35	11:51	17:51	19:48	22:38	26:12	41:39	43:54	46:06	----	
				4:03	1:48	2:44	3:16	6:00	1:57	2:50	3:34	15:27	2:15	2:12		
				----	----	----	1:30:30									
				----	----	----	44:24									
	Alexander Campbell MAROC	M55	dnf	9:34	12:16	15:00	19:22	33:19	37:02	41:03	45:11	1:02:15	1:04:32	----	----	
				9:34	2:42	2:44	4:22	13:57	3:43	4:01	4:08	17:04	2:17			
				----	----	----	2:04:25									
				----	----	----	59:53									
Blue (13)				4.5 km 190 m			17 C									
				1(247)	2(230)	3(153)	4(227)	5(172)	6(138)	7(165)	8(171)	9(163)	10(167)	11(106)	12(96)	
				13(155)	14(168)	15(243)	16(135)	17(222)	Finish							
1	Paul Caffyn GRAMP	M18	47:13	1:29	2:43	5:39	7:42	11:41	13:13	21:24	23:18	28:39	33:00	35:39	37:14	
				1:29	1:14	2:56	2:03	3:59	1:32	8:11	1:54	5:21	4:21	2:39	1:35	
				40:03	41:52	43:50	45:07	46:30	47:13							
				2:49	1:49	1:58	1:17	1:23	0:43							
2	Angel Iliev AUOC	M21	47:42	2:58	4:10	7:13	9:08	11:07	14:09	22:31	26:12	30:27	33:18	35:25	37:21	
				2:58	1:12	3:03	1:55	1:59	3:02	8:22	3:41	4:15	2:51	2:07	1:56	
				39:33	41:13	43:02	44:02	46:17	47:42							
				2:12	1:40	1:49	1:00	2:15	1:25							
3	Robin Skinner MAROC	M50	52:10	1:34	2:51	7:59	10:09	12:23	14:33	24:01	25:19	30:32	34:00	36:06	37:52	
				1:34	1:17	5:08	2:10	2:14	2:10	9:28	1:18	5:13	3:28	2:06	1:46	
				39:25	41:35	43:33	44:44	51:15	52:10							
				1:33	2:10	1:58	1:11	6:31	0:55							
4	John Getliff MAROC	M16	52:19	1:31	2:51	6:51	9:07	12:24	15:51	27:03	28:32	34:59	38:34	40:45	42:51	
				1:31	1:20	4:00	2:16	3:17	3:27	11:12	1:29	6:27	3:35	2:11	2:06	
				44:44	46:49	48:58	49:58	51:24	52:19							
				1:53	2:05	2:09	1:00	1:26	0:55							
5	Kevin Reynard GRAMP	M50	58:30	1:55	3:23	7:32	10:09	12:35	15:02	25:00	26:45	34:15	39:09	42:32	44:47	
				1:55	1:28	4:09	2:37	2:26	2:27	9:58	1:45	7:30	4:54	3:23	2:15	
				47:14	49:46	53:16	55:31	57:04	58:30							
				2:27	2:32	3:30	2:15	1:33	1:26							

Pl	Name	Age	Clas	Time												
Blue (13)					4.5 km 190 m			17 C			<i>(cont.)</i>					
					1(247)	2(230)	3(153)	4(227)	5(172)	6(138)	7(165)	8(171)	9(163)	10(167)	11(106)	12(96)
					13(155)	14(168)	15(243)	16(135)	17(222)	Finish						
6	Paul Duley		M60	1:00:11	2:17	3:49	7:48	10:21	18:56	20:48	31:15	32:54	38:45	42:23	45:23	47:49
	GRAMP				2:17	1:32	3:59	2:33	8:35	1:52	10:27	1:39	5:51	3:38	3:00	2:26
					49:55	52:35	55:05	56:24	58:34	1:00:11						
					2:06	2:40	2:30	1:19	2:10	1:37						
7	Megan Ricketts		W18	1:00:12	1:36	3:05	7:04	9:44	12:50	15:29	26:52	30:34	38:47	43:13	46:20	48:32
	MAROC				1:36	1:29	3:59	2:40	3:06	2:39	11:23	3:42	8:13	4:26	3:07	2:12
					50:32	52:44	54:52	57:17	58:50	1:00:12						
					2:00	2:12	2:08	2:25	1:33	1:22						
8	Jonathan Smith		M50	1:01:30	1:38	3:16	7:53	11:01	16:05	18:36	28:31	30:12	36:59	41:43	44:35	46:51
	GRAMP				1:38	1:38	4:37	3:08	5:04	2:31	9:55	1:41	6:47	4:44	2:52	2:16
					49:53	54:54	57:08	58:36	1:00:21	1:01:30						
					3:02	5:01	2:14	1:28	1:45	1:09						
9	Laura Farquharson		W45	1:20:35	1:57	3:42	9:43	15:16	20:10	24:19	37:27	39:35	56:03	1:00:35	1:03:33	1:06:27
	GRAMP				1:57	1:45	6:01	5:33	4:54	4:09	13:08	2:08	16:28	4:32	2:58	2:54
					1:09:43	1:12:33	1:15:16	1:17:24	1:19:03	1:20:35						
					3:16	2:50	2:43	2:08	1:39	1:32						
	Andy Tivendale		M70	mp	1:20	2:49	6:46	9:44	12:28	14:38	23:32	-----	30:46	34:42	36:55	38:51
	MAROC				1:20	1:29	3:57	2:58	2:44	2:10	8:54	-----	7:14	3:56	2:13	1:56
					40:44	43:01	45:15	46:42	48:11	49:28						
					1:53	2:17	2:14	1:27	1:29	1:17						
	Trevor Ricketts		M55	mp	1:56	4:23	8:12	10:51	14:37	16:30	24:33	25:55	32:16	35:50	37:44	40:33
	MAROC				1:56	2:27	3:49	2:39	3:46	1:53	8:03	1:22	6:21	3:34	1:54	2:49
					42:46	-----	48:12	49:27	50:46	52:09						
					2:13	-----	5:26	1:15	1:19	1:23						
	Iain McLeod		M55	mp	1:40	3:10	7:10	-----	12:46	15:57	25:20	27:01	33:37	37:56	40:09	42:22
	GRAMP				1:40	1:30	4:00	-----	5:36	3:11	9:23	1:41	6:36	4:19	2:13	2:13
					44:44	47:42	50:31	51:51	53:59	55:22						
					2:22	2:58	2:49	1:20	2:08	1:23						
	David Bryant		M50	dnf	6:59	9:40	18:41	42:50	1:15:29	1:19:19	-----	-----	-----	-----	-----	-----
	MAROC				6:59	2:41	9:01	24:09	32:39	3:50						
					-----	-----	-----	-----	-----	1:23:38						
										4:19						
Brown (9)					6.8 km 300 m			24 C								
					1(232)	2(160)	3(153)	4(227)	5(172)	6(138)	7(165)	8(158)	9(167)	10(106)	11(129)	12(157)
					13(173)	14(139)	15(156)	16(161)	17(140)	18(152)	19(174)	20(155)	21(168)	22(243)	23(135)	24(240)
					Finish											
1	Ewan McMillan		M18	54:55	1:22	2:46	4:31	6:08	8:42	10:16	18:03	19:45	25:06	26:52	28:50	31:25
	MAROC				1:22	1:24	1:45	1:37	2:34	1:34	7:47	1:42	5:21	1:46	1:58	2:35
					32:44	33:44	37:00	39:06	44:29	46:35	48:44	49:47	51:09	52:31	53:33	54:12
					1:19	1:00	3:16	2:06	5:23	2:06	2:09	1:03	1:22	1:22	1:02	0:39
					54:55											
					0:43											
2	Janne Heikkinen		M21	1:02:07	1:54	3:16	5:28	7:17	11:03	12:28	19:20	21:36	27:33	29:17	31:24	34:12
	AUOC				1:54	1:22	2:12	1:49	3:46	1:25	6:52	2:16	5:57	1:44	2:07	2:48
					36:20	37:36	41:41	43:53	49:47	52:09	54:34	55:26	57:09	58:53	1:00:12	1:01:12
					2:08	1:16	4:05	2:12	5:54	2:22	2:25	0:52	1:43	1:44	1:19	1:00
					1:02:07											
					0:55											
3	Robert Hickling		M60	1:04:38	1:32	2:50	5:10	7:01	9:28	11:42	18:47	20:50	27:31	29:27	31:55	35:09
	GRAMP				1:32	1:18	2:20	1:51	2:27	2:14	7:05	2:03	6:41	1:56	2:28	3:14
					37:30	38:54	42:42	44:59	51:23	54:06	56:55	57:56	59:55	1:01:47	1:02:47	1:03:40
					2:21	1:24	3:48	2:17	6:24	2:43	2:49	1:01	1:59	1:52	1:00	0:53
					1:04:38											
					0:58											
4	Gordon Urquhart		M35	1:09:55	1:54	3:14	5:59	9:08	11:43	13:14	20:43	22:49	29:11	36:39	39:12	42:16
	GRAMP				1:54	1:20	2:45	3:09	2:35	1:31	7:29	2:06	6:22	7:28	2:33	3:04
					43:52	45:40	48:42	50:37	56:01	58:59	1:02:09	1:03:13	1:05:14	1:07:03	1:08:04	1:09:07
					1:36	1:48	3:02	1:55	5:24	2:58	3:10	1:04	2:01	1:49	1:01	1:03
					1:09:55											
					0:48											
5	Eddie Harwood		M60	1:12:00	1:40	4:16	7:15	9:22	11:54	13:30	21:17	23:28	32:36	34:55	37:38	40:42
	MOR				1:40	2:36	2:59	2:07	2:32	1:36	7:47	2:11	9:08	2:19	2:43	3:04
					42:32	44:01	46:38	49:02	56:04	59:27	1:02:53	1:03:58	1:05:54	1:08:00	1:09:03	1:11:07
					1:50	1:29	2:37	2:24	7:02	3:23	3:26	1:05	1:56	2:06	1:03	2:04
					1:12:00											
					0:53											
6	Robert Daly		M55	1:12:19	1:55	3:41	7:38	9:53	12:27	14:18	22:03	24:13	31:31	33:31	35:59	39:26
	GRAMP				1:55	1:46	3:57	2:15	2:34	1:51	7:45	2:10	7:18	2:00	2:28	3:27
					41:37	43:25	46:45	49:16	55:38	59:18	1:02:06	1:03:27	1:05:41	1:08:05	1:10:04	1:11:12
					2:11	1:48	3:20	2:31	6:22	3:40	2:48	1:21	2:14	2:24	1:59	1:08
					1:12:19											
					1:07											

Pl	Name	Age Clas	Time												
Brown (9)				6.8 km 300 m 24 C (cont.)											
				1(232)	2(160)	3(153)	4(227)	5(172)	6(138)	7(165)	8(158)	9(167)	10(106)	11(129)	12(157)
				13(173)	14(139)	15(156)	16(161)	17(140)	18(152)	19(174)	20(155)	21(168)	22(243)	23(135)	24(240)
				Finish											
7	Murray Anderson GRAMP	M50	1:14:29	1:55	3:39	6:43	8:54	11:26	13:36	22:15	25:37	32:28	34:33	37:19	41:00
				1:55	1:44	3:04	2:11	2:32	2:10	8:39	3:22	6:51	2:05	2:46	3:41
				42:42	45:22	48:08	51:53	58:14	1:01:31	1:05:31	1:06:47	1:08:43	1:10:52	1:12:19	1:13:22
				1:42	2:40	2:46	3:45	6:21	3:17	4:00	1:16	1:56	2:09	1:27	1:03
				1:14:29											
				1:07											
8	Keith Roberts MAROC	M55	1:28:11	1:38	3:21	6:30	8:56	12:39	14:58	23:59	27:21	37:07	39:35	42:28	46:01
				1:38	1:43	3:09	2:26	3:43	2:19	9:01	3:22	9:46	2:28	2:53	3:33
				50:02	52:36	55:36	58:53	1:05:54	1:10:28	1:18:24	1:19:51	1:22:12	1:24:45	1:25:58	1:27:10
				4:01	2:34	3:00	3:17	7:01	4:34	7:56	1:27	2:21	2:33	1:13	1:12
				1:28:11											
				1:01											
	Joe Wright MAROC	M16	mp	1:36	4:46	6:51	8:33	10:52	12:02	18:59	20:58	26:46	28:21	30:15	32:50
				1:36	3:10	2:05	1:42	2:19	1:10	6:57	1:59	5:48	1:35	1:54	2:35
				34:33	35:33	37:46	39:23	46:17	48:40	50:55	51:44	-----	54:03	54:58	55:45
				1:43	1:00	2:13	1:37	6:54	2:23	2:15	0:49		2:19	0:55	0:47
				56:32											
				0:47											