Pos	Name	Class	Time													
LONG (17)			**5.3 km 0 m**	**19 C**												
				1(154)	2(152)	3(129)	4(138)	5(155)	6(140)	7(103)	8(96)	9(139)	10(157)	11(156)	12(106)	13(43)
				14(153)	15(158)	16(162)	17(161)	18(160)	19(159)	Finish						
1	**Jake Chapman**	Long	**44:38**	1:24	**3:07**	**5:12**	10:07	12:06	15:41	17:04	18:40	20:38	22:57	26:01	29:09	30:45
				1:24	***1:43***	2:05	4:55	1:59	***3:35***	***1:23***	1:36	***1:58***	2:19	***3:04***	3:08	1:36
				33:47	**36:30**	**38:26**	**40:43**	**42:22**	**43:10**	**44:38**						
				3:02	2:43	1:56	***2:17***	1:39	0:48	1:28						
2	**Joseph Wright**	Long	**45:14**	1:28	3:27	5:13	**7:11**	**9:17**	**13:07**	**14:54**	19:09	21:12	23:12	28:22	30:38	32:11
				1:28	1:59	***1:46***	1:58	2:06	3:50	1:47	4:15	2:03	***2:00***	5:10	***2:16***	***1:33***
				34:36	37:17	39:23	41:47	43:14	43:58	45:14						
				2:25	***2:41***	2:06	2:24	***1:27***	***0:44***	***1:16***						
3	**Jon Musgrave**	Long	**46:17**	1:23	3:37	5:57	7:41	9:54	14:29	15:56	**17:19**	**20:00**	**22:24**	**25:37**	**28:38**	**30:21**
				1:23	2:14	2:20	1:44	2:13	4:35	1:27	1:23	2:41	2:24	3:13	3:01	1:43
				33:27	36:49	38:45	41:20	43:33	44:21	46:17						
				3:06	3:22	1:56	2:35	2:13	0:48	1:56						
4	**Roger Coombs**	Long	**50:09**	1:36	4:10	6:38	8:59	11:04	15:24	17:17	19:28	22:23	25:41	29:24	32:20	34:27
				1:36	2:34	2:28	2:21	2:05	4:20	1:53	2:11	2:55	3:18	3:43	2:56	2:07
				37:54	40:57	42:56	45:52	47:32	48:16	50:09						
				3:27	3:03	1:59	2:56	1:40	***0:44***	1:53						
5	**Hazel Wright**	Long	**55:02**	1:29	3:44	6:09	7:45	9:44	15:29	21:00	22:28	24:42	27:08	31:15	34:30	36:21
				1:29	2:15	2:25	***1:36***	1:59	5:45	5:31	1:28	2:14	2:26	4:07	3:15	1:51
				39:36	43:21	45:44	48:33	50:18	53:20	55:02						
				3:15	3:45	2:23	2:49	1:45	3:02	1:42						
6	**Ewan McMillan**	Long	**56:20**	**1:22**	3:35	7:04	9:40	11:38	16:49	24:21	25:40	28:00	30:22	33:46	36:54	38:36
				1:22	2:13	3:29	2:36	***1:58***	5:11	7:32	***1:19***	2:20	2:22	3:24	3:08	1:42
				43:18	46:38	48:53	51:33	53:25	54:53	56:20						
				4:42	3:20	2:15	2:40	1:52	1:28	1:27						
7	**Drew Tivendale**	Long	**1:00:03**	1:23	3:48	5:51	7:43	10:54	15:07	19:40	21:05	23:58	34:16	38:44	41:45	43:28
				1:23	2:25	2:03	1:52	3:11	4:13	4:33	1:25	2:53	10:18	4:28	3:01	1:43
				46:13	49:08	50:44	53:39	55:18	58:15	1:00:03						
				2:45	2:55	***1:36***	2:55	1:39	2:57	1:48						
8	**Abigail Mason**	Long	**1:00:07**	3:40	5:42	8:07	11:02	13:17	17:38	21:57	23:47	26:30	29:46	33:44	37:24	39:14
				3:40	2:02	2:25	2:55	2:15	4:21	4:19	1:50	2:43	3:16	3:58	3:40	1:50
				43:06	47:03	49:09	52:28	55:34	57:40	1:00:07						
				3:52	3:57	2:06	3:19	3:06	2:06	2:27						
9	**Ian Hamilton**	Long	**1:02:45**	1:55	4:42	7:42	10:03	12:59	17:46	20:32	22:55	26:50	30:01	35:04	39:44	43:00
				1:55	2:47	3:00	2:21	2:56	4:47	2:46	2:23	3:55	3:11	5:03	4:40	3:16
				47:24	52:09	54:25	57:33	59:28	1:00:20	1:02:45						
				4:24	4:45	2:16	3:08	1:55	0:52	2:25						
10	**Donald Kerridge**	Long	**1:07:25**	1:42	4:23	10:47	13:21	16:03	22:23	24:15	25:48	32:38	35:37	41:03	45:15	47:18
				1:42	2:41	6:24	2:34	2:42	6:20	1:52	1:33	6:50	2:59	5:26	4:12	2:03
				51:30	55:48	58:05	1:01:38	1:04:00	1:05:02	1:07:25						
				4:12	4:18	2:17	3:33	2:22	1:02	2:23						
11	**Andrew McMurtrie**	Long	**1:08:30**	4:11	7:11	11:05	12:53	15:07	26:15	28:27	30:26	35:35	38:54	44:25	47:45	49:32
				4:11	3:00	3:54	1:48	2:14	11:08	2:12	1:59	5:09	3:19	5:31	3:20	1:47
				52:45	56:23	58:58	1:02:01	1:04:39	1:06:38	1:08:30						
				3:13	3:38	2:35	3:03	2:38	1:59	1:52						
12	**Sean O'Sullivan**	Long	**1:10:50**	4:41	7:07	13:29	17:16	19:39	25:29	27:31	32:49	35:41	39:31	43:55	47:45	53:08
				4:41	2:26	6:22	3:47	2:23	5:50	2:02	5:18	2:52	3:50	4:24	3:50	5:23
				56:36	1:01:25	1:03:33	1:06:06	1:08:06	1:09:02	1:10:50						
				3:28	4:49	2:08	2:33	2:00	0:56	1:48						
13	**Bill&Paul Caffyn**	Long	**1:12:41**	2:39	6:03	8:34	10:11	12:47	24:32	30:40	32:47	35:33	38:45	44:57	50:12	52:39
				2:39	3:24	2:31	1:37	2:36	11:45	6:08	2:07	2:46	3:12	6:12	5:15	2:27
				56:27	1:01:19	1:03:32	1:06:20	1:10:21	1:11:10	1:12:41						
				3:48	4:52	2:13	2:48	4:01	0:49	1:31						
14	**John Lang**	Long	**1:21:03**	2:17	7:20	10:56	13:38	17:39	24:41	34:31	37:16	40:53	45:13	50:50	55:45	58:28
				2:17	5:03	3:36	2:42	4:01	7:02	9:50	2:45	3:37	4:20	5:37	4:55	2:43
				1:03:00	1:08:04	1:10:39	1:14:07	1:16:15	1:18:57	1:21:03						
				4:32	5:04	2:35	3:28	2:08	2:42	2:06						
	Sam Gomersall	Long	**mp**	1:44	4:20	6:50	9:08	12:16	16:56	19:03	20:52	23:42	27:52	32:27	35:56	37:52
				1:44	2:36	2:30	2:18	3:08	4:40	2:07	1:49	2:50	4:10	4:35	3:29	1:56
				41:23	47:31	50:09	53:34	-----	-----	54:32						
				3:31	6:08	2:38	3:25			0:58						
	Luke Graham	Long	**mp**	1:35	9:03	12:35	16:47	19:15	28:27	29:52	31:27	34:15	39:00	43:24	46:42	48:36
				1:35	7:28	3:32	4:12	2:28	9:12	1:25	1:35	2:48	4:45	4:24	3:18	1:54
				1:00:52	1:05:23	1:08:31	1:12:47	-----	-----	1:13:33						
				12:16	4:31	3:08	4:16			0:46						
	Iain Barraclough	Long	**mp**	3:31	7:48	12:33	20:23	23:35	31:03	35:45	39:45	44:22	49:37	55:43	1:04:26	1:06:33
				3:31	4:17	4:45	7:50	3:12	7:28	4:42	4:00	4:37	5:15	6:06	8:43	2:07
				1:13:44	-----	-----	-----	-----	-----							
				7:11												

SHORT (30)			**2.9 km 0 m**	**11 C**										
				1(160)	2(129)	3(138)	4(153)	5(140)	6(103)	7(96)	8(139)	9(157)	10(158)	11(161)	Finish
1	**Matthew Gooch**	Short	**29:26**	**1:00**	**4:48**	**7:08**	**8:27**	**14:14**	18:41	**20:10**	**22:54**	**25:48**	**26:39**	**28:50**	**29:26**
				1:00	***3:48***	2:20	***1:19***	5:47	4:27	***1:29***	2:44	2:54	0:51	2:11	***0:36***
2	**Rob Hickling**	Short	**30:56**	1:11	5:38	7:41	9:33	14:41	**17:58**	20:18	23:24	26:55	27:49	30:09	30:56
				1:11	4:27	***2:03***	1:52	***5:08***	3:17	2:20	3:06	3:31	0:54	2:20	0:47
3	**Chris Low**	Short	**33:32**	1:46	6:08	8:15	10:14	18:17	20:37	23:02	26:25	29:33	30:30	32:47	33:32
				1:46	4:22	2:07	1:59	8:03	2:20	2:25	3:23	3:08	0:57	2:17	0:45

Pos	Name	Class	Time	1(160)	2(129)	3(138)	4(153)	5(140)	6(103)	7(96)	8(139)	9(157)	10(158)	11(161)	Finish
SHORT (30)			***2.9 km 0 m***	***11 C***		*(cont.)*									
4	**Rob Skinner**	Short	**34:43**	1:57	6:03	8:08	11:42	17:10	22:45	24:22	27:38	30:48	31:40	34:04	34:43
				1:57	4:06	2:05	3:34	5:28	5:35	1:37	3:16	3:10	0:52	2:24	0:39
5	**Craig Chapman**	Short	**38:11**	1:13	5:42	9:15	11:17	22:33	26:45	28:22	30:55	33:38	34:30	36:52	38:11
				1:13	4:29	3:33	2:02	11:16	4:12	1:37	***2:33***	2:43	0:52	2:22	1:19
6	**Denise Wright**	Short	**38:23**	1:30	6:52	9:03	11:03	18:31	21:46	25:44	29:09	32:59	33:43	37:22	38:23
				1:30	5:22	2:11	2:00	7:28	3:15	3:58	3:25	3:50	***0:44***	3:39	1:01
7	**Kirsty Campbell**	Short	**40:12**	2:15	8:03	14:35	16:42	23:30	25:48	27:43	31:04	34:36	35:25	38:39	40:12
				2:15	5:48	6:32	2:07	6:48	2:18	1:55	3:21	3:32	0:49	3:14	1:33
8	**Eilidh Campbell**	Short	**40:14**	2:08	8:00	14:31	16:34	23:37	25:46	27:40	31:11	34:37	35:25	38:39	40:14
				2:08	5:52	6:31	2:03	7:03	2:09	1:54	3:31	3:26	0:48	3:14	1:35
9	**Neil McLean**	Short	**40:23**	1:20	8:06	10:40	12:38	20:22	23:37	26:13	31:32	35:06	36:14	39:21	40:23
				1:20	6:46	2:34	1:58	7:44	3:15	2:36	5:19	3:34	1:08	3:07	1:02
10	**Gordon Urquhart**	Short	**40:33**	1:11	7:57	10:15	12:02	22:15	28:25	30:12	34:01	36:37	37:31	39:40	40:33
				1:11	6:46	2:18	1:47	10:13	6:10	1:47	3:49	***2:36***	0:54	***2:09***	0:53
11	**Keith Roberts**	Short	**40:34**	1:22	7:03	9:58	11:55	20:07	22:46	25:33	31:26	35:07	36:12	39:41	40:34
				1:22	5:41	2:55	1:57	8:12	2:39	2:47	5:53	3:41	1:05	3:29	0:53
12	**Lesley Gomersall**	Short	**42:02**	1:53	8:14	11:50	14:23	23:14	26:58	29:13	32:20	35:58	37:43	40:57	42:02
				1:53	6:21	3:36	2:33	8:51	3:44	2:15	3:07	3:38	1:45	3:14	1:05
13	**Joel Gooch**	Short	**43:17**	1:43	7:41	10:03	12:00	21:32	24:57	27:57	32:33	36:44	38:10	41:59	43:17
				1:43	5:58	2:22	1:57	9:32	3:25	3:00	4:36	4:11	1:26	3:49	1:18
14	**Ondrej Masek**	Short	**44:06**	1:44	5:51	8:30	10:42	19:51	21:57	25:40	33:47	38:51	40:17	43:13	44:06
				1:44	4:07	2:39	2:12	9:09	***2:06***	3:43	8:07	5:04	1:26	2:56	0:53
15	**Dave Kirk**	Short	**45:48**	1:48	7:42	16:28	20:22	28:02	30:18	33:15	36:56	40:26	41:42	44:40	45:48
				1:48	5:54	8:46	3:54	7:40	2:16	2:57	3:41	3:30	1:16	2:58	1:08
16	**Dennis McDonald**	Short	**46:04**	1:24	7:33	9:50	12:07	21:40	28:23	30:47	33:45	37:45	39:11	45:11	46:04
				1:24	6:09	2:17	2:17	9:33	6:43	2:24	2:58	4:00	1:26	6:00	0:53
17	**Trevor Ricketts**	Short	**47:28**	1:16	10:42	12:54	15:14	23:08	29:56	32:14	37:21	41:42	43:01	46:41	47:28
				1:16	9:26	2:12	2:20	7:54	6:48	2:18	5:07	4:21	1:19	3:40	0:47
18	**Helen Rowlands**	Short	**48:39**	1:42	8:05	13:13	15:27	24:10	32:03	34:40	38:48	42:46	44:11	47:07	48:39
				1:42	6:23	5:08	2:14	8:43	7:53	2:37	4:08	3:58	1:25	2:56	1:32
19	**Jack Wilkinson**	Short	**48:58**	3:04	10:50	13:37	15:57	24:58	30:44	32:55	39:43	43:44	44:55	48:03	48:58
				3:04	7:46	2:47	2:20	9:01	5:46	2:11	6:48	4:01	1:11	3:08	0:55
20	**Ailsa&Murray Anderson**	Short	**50:32**	1:26	8:17	12:22	15:24	29:27	32:33	35:15	39:04	43:33	44:37	49:15	50:32
				1:26	6:51	4:05	3:02	14:03	3:06	2:42	3:49	4:29	1:04	4:38	1:17
21	**Jeremy Huthwaite**	Short	**56:06**	2:34	8:42	19:18	21:50	29:02	38:34	40:19	44:18	49:58	51:21	54:57	56:06
				2:34	6:08	10:36	2:32	7:12	9:32	1:45	3:59	5:40	1:23	3:36	1:09
22	**Andy Tivendale**	Short	**56:28**	1:54	6:03	8:30	10:10	37:03	41:39	43:55	47:34	51:45	52:34	55:17	56:28
				1:54	4:09	2:27	1:40	26:53	4:36	2:16	3:39	4:11	0:49	2:43	1:11
23	**Rachel Scott**	Short	**59:47**	2:06	10:28	14:20	17:58	29:45	37:36	41:26	46:02	52:04	53:22	57:39	59:47
				2:06	8:22	3:52	3:38	11:47	7:51	3:50	4:36	6:02	1:18	4:17	2:08
24	**Matthew Parkes**	Short	**1:05:11**	2:06	8:58	12:50	17:02	28:52	34:19	39:41	46:04	55:48	57:43	1:02:35	1:05:11
				2:06	6:52	3:52	4:12	11:50	5:27	5:22	6:23	9:44	1:55	4:52	2:36
25	**Peter Craig**	Short	**1:07:25**	2:32	11:41	16:42	20:38	32:09	35:29	37:51	41:54	52:01	53:44	1:06:13	1:07:25
				2:32	9:09	5:01	3:56	11:31	3:20	2:22	4:03	10:07	1:43	12:29	1:12
26	**Amber&Pat Graham**	Short	**1:11:08**	3:27	12:39	16:47	22:16	36:33	40:33	44:16	57:24	1:04:43	1:06:00	1:10:00	1:11:08
				3:27	9:12	4:08	5:29	14:17	4:00	3:43	13:08	7:19	1:17	4:00	1:08
27	**Genevieve Jones**	Short	**1:27:29**	3:47	13:28	18:33	23:36	41:20	45:33	49:41	58:35	1:06:01	1:10:27	1:24:58	1:27:29
				3:47	9:41	5:05	5:03	17:44	4:13	4:08	8:54	7:26	4:26	14:31	2:31
	Josie Gomersall	Short	**mp**	2:17	6:49	9:57	12:27	-----	-----	22:09	43:42	48:16	50:09	52:56	53:44
				2:17	4:32	3:08	2:30			9:42	21:33	4:34	1:53	2:47	0:48
				18:24											
				**139*											
	Dave&Anna Thompson	Short	**mp**	3:35	17:27	28:02	34:09	54:50	-----	-----	-----	-----	-----	-----	
				3:35	13:52	10:35	6:07	20:41							
	Ewan Musgrave	Short	**mp**	1:24	5:50	19:08	22:17	-----	-----	-----	-----	-----	-----	-----	
				1:24	4:26	13:18	3:09								
				10:03											
				**153*											