

Pl	Name	Age Clas	Time													
Urban Course (18)				3.0 km 0 m			18 C									
				1(159)	2(169)	3(170)	4(171)	5(168)	6(154)	7(167)	8(166)	9(156)	10(157)	11(163)	12(161)	
				13(165)	14(162)	15(160)	16(174)	17(172)	18(155)	Finish						
1	Janne Heikkinen AUOC	M21	19:06	0:43 0:43	1:37 0:54	3:35 1:58	4:55 1:20	6:03 1:08	6:49 0:46	7:34 0:45	8:26 0:52	9:07 0:41	9:51 0:44	12:02 2:11	13:05 1:03	
1	Gordon Urquhart GRAMP	M35	19:06	0:51 0:51	1:44 0:53	3:41 1:57	5:03 1:22	6:06 1:03	6:49 0:43	7:43 0:54	8:33 0:50	9:15 0:42	10:05 0:50	12:11 2:06	13:15 1:04	
3	Mark Stockton GRAMP	M21	20:55	1:34 1:34	2:29 0:55	4:27 1:58	5:53 1:26	7:01 1:08	7:43 0:42	8:42 0:59	9:40 0:58	10:23 0:43	11:12 0:49	13:27 2:15	14:29 1:02	
4	Evgueni Chepelin GRAMP	M50	22:26	0:57 0:57	2:00 1:03	4:09 2:09	5:58 1:49	7:17 1:19	8:06 0:49	9:10 1:04	10:12 1:02	11:01 0:49	11:50 0:49	14:28 2:38	15:45 1:17	
5	Angel Iliev AUOC	M21	23:35	2:02 0:42	0:53 1:40	0:49 3:35	0:52 4:57	0:34 6:01	0:35 6:45	0:56 7:40	8:35 8:35	9:21 9:21	10:09 10:09	12:22 12:22	13:26 13:26	
6	Ian Hamilton GRAMP	M55	24:37	0:58 0:58	2:09 1:11	4:33 2:24	6:24 1:51	7:47 1:23	8:37 0:50	9:39 1:02	10:51 1:12	12:07 1:16	13:02 0:55	15:33 2:31	16:56 1:23	
7	James Cruickshank No Club	M21	26:19	2:13 1:44	0:55 2:59	1:03 5:08	1:15 7:00	0:40 8:20	0:42 9:12	0:53 10:19	11:30 11:30	12:43 12:43	13:38 13:38	16:42 3:04	18:15 1:33	
8	Michaela Kolistanik AUOC	W21	28:03	2:51 1:10	0:54 2:21	0:57 4:50	0:53 6:59	0:37 8:32	1:07 9:34	0:45 11:07	12:20 12:20	13:34 13:34	14:35 14:35	17:39 3:04	19:04 1:25	
9	Rory Murray GRAMP	M21	28:43	2:58 3:19	0:54 4:31	1:01 6:40	1:26 8:37	1:03 9:54	0:36 10:43	1:01 11:35	12:39 12:39	13:36 13:36	14:28 14:28	19:59 5:31	21:14 1:15	
10	Bob Sheridan GRAMP	M45	29:03	2:02 2:02	3:17 1:15	5:30 2:13	9:49 4:19	11:40 1:51	12:25 0:45	14:04 1:39	15:07 1:03	16:24 1:17	17:12 0:48	19:30 2:18	20:38 1:08	
11	Stuart Anderson GRAMP	M50	30:50	3:03 1:01	0:57 2:14	0:55 5:36	0:50 7:50	0:41 9:43	1:02 10:55	0:57 12:28	13:36 13:36	14:55 14:55	16:02 16:02	19:31 3:29	21:07 1:36	
12	Rachel Scott GRAMP	W50	31:54	2:56 1:54	1:06 3:16	1:18 6:22	1:17 8:35	0:57 10:20	0:55 12:31	1:14 14:10	15:28 15:28	16:26 16:26	17:36 17:36	21:25 3:49	22:50 1:25	
13	Alex Lang GRAMP	M14	31:59	2:42 1:39	1:08 3:20	1:10 6:19	1:16 8:48	0:49 10:49	0:47 12:02	1:12 13:32	15:21 15:21	16:37 16:37	17:43 17:43	21:22 3:39	22:59 1:37	
14	Graham Salway MAROC	M14	34:19	2:40 1:18	1:04 2:31	1:18 5:33	1:14 7:34	0:59 10:19	0:44 11:37	1:01 12:39	14:10 14:10	16:34 16:34	17:42 17:42	21:42 4:00	23:10 1:28	
15	Patrick Lang GRAMP	M12	39:25	3:45 1:46	1:35 3:24	1:16 6:57	1:22 9:23	1:01 11:32	0:56 12:55	1:14 14:45	16:21 16:21	18:31 18:31	20:08 20:08	24:31 4:23	26:36 2:05	
16	Liz Sloan No Club		52:16	4:24 2:46	1:20 4:55	1:46 8:45	1:38 11:44	1:09 13:54	1:11 15:13	1:21 18:14	19:56 19:56	23:36 23:36	25:13 25:13	29:21 4:08	32:05 2:44	
17	Rachel Salway MAROC	W12	68:23	5:13 2:25	1:43 5:30	1:40 13:21	7:32 18:15	0:59 21:58	1:44 26:19	1:20 29:41	34:41 34:41	38:23 38:23	41:30 41:30	49:10 7:40	54:30 5:20	
	Robert Daly GRAMP	M55	mp	59:45 5:15	60:48 1:03	62:46 1:58	65:03 2:17	66:01 0:58	66:59 0:58	68:23 1:24	5:00 5:00	3:42 3:42	3:07 3:07	7:40 7:40	5:20 5:20	
				0:56 0:56	2:11 1:15	4:59 2:48	6:56 1:57	8:25 1:29	9:19 0:54	10:18 0:59	11:31 1:13	12:29 0:58	13:22 0:53	16:15 2:53	17:33 1:18	
				19:49 2:16	21:14 1:25	22:14 1:00	23:35 1:21	24:27 0:52	-----	25:01 0:34						