

Pl	Name	Club	Nat	Age Cla	Time	Notes
<b>Urban Course (18)</b>				<b>3.0 km 0 m</b>	<b>18 C</b>	
1	Janne Heikkinen	AUOC		M21	19:06	
1	Gordon Urquhart	GRAMP		M35	19:06	
3	Mark Stockton	GRAMP		M21	20:55	
4	Evgueni Chepelin	GRAMP		M50	22:26	
5	Angel Iliev	AUOC		M21	23:35	
6	Ian Hamilton	GRAMP		M55	24:37	
7	James Cruickshank	No Club		M21	26:19	
8	Michaela Kolistanikova	AUOC		W21	28:03	
9	Rory Murray	GRAMP		M21	28:43	
10	Bob Sheridan	GRAMP		M45	29:03	
11	Stuart Anderson	GRAMP		M50	30:50	
12	Rachel Scott	GRAMP		W50	31:54	
13	Alex Lang	GRAMP		M14	31:59	
14	Graham Salway	MAROC		M14	34:19	
15	Patrick Lang	GRAMP		M12	39:25	
16	Liz Sloan	No Club			52:16	
17	Rachel Salway	MAROC		W12	68:23	
	Robert Daly	GRAMP		M55	mp	