

Pl	Name	Age Clas	Time	Forest Sprint (32)												
				2.6 km	90 m	18 C										
				1(106)	2(140)	3(163)	4(152)	5(169)	6(138)	7(162)	8(172)	9(160)	10(174)	11(165)	12(139)	
				13(166)	14(171)	15(167)	16(170)	17(103)	18(96)	Finish						
1	Janne Heikkinen AUOC	M	16:19	0:32	1:04	1:52	2:28	3:18	5:12	6:17	7:14	7:50	8:18	9:12	10:50	
				0:32	0:32	0:48	0:36	0:50	1:54	1:05	0:57	0:36	0:28	0:54	1:38	
				11:34	12:32	12:59	13:55	15:03	16:07	16:19						
				0:44	0:58	0:27	0:56	1:08	1:04	0:12						
2	Paul Caffyn GRAMP	M18	18:21	0:32	1:04	1:58	2:39	3:48	5:43	6:46	7:55	8:35	9:01	10:13	11:59	
				0:32	0:32	0:54	0:41	1:09	1:55	1:03	1:09	0:40	0:26	1:12	1:46	
				12:54	13:41	14:07	15:08	16:40	18:10	18:21						
				0:55	0:47	0:26	1:01	1:32	1:30	0:11						
3	Drew Tivendale MAROC	M40	19:47	0:41	1:13	2:19	2:58	4:08	6:07	7:30	8:46	9:31	10:03	11:13	13:13	
				0:41	0:32	1:06	0:39	1:10	1:59	1:23	1:16	0:45	0:32	1:10	2:00	
				14:13	15:04	15:35	16:42	18:19	19:32	19:47						
				1:00	0:51	0:31	1:07	1:37	1:13	0:15						
4	Robert Daly GRAMP	M55	21:18	0:52	1:47	3:04	3:50	5:05	7:05	8:29	9:36	10:26	11:09	12:18	14:15	
				0:52	0:55	1:17	0:46	1:15	2:00	1:24	1:07	0:50	0:43	1:09	1:57	
				15:14	16:17	16:51	17:58	19:43	21:02	21:18						
				0:59	1:03	0:34	1:07	1:45	1:19	0:16						
5	Bill Caffyn GRAMP	M55	22:07	0:40	1:14	2:22	3:23	4:39	7:14	8:34	9:59	10:52	11:28	12:44	14:50	
				0:40	0:34	1:08	1:01	1:16	2:35	1:20	1:25	0:53	0:36	1:16	2:06	
				15:49	16:56	17:29	18:44	20:19	21:49	22:07						
				0:59	1:07	0:33	1:15	1:35	1:30	0:18						
6	Abigail Mason MAROC	W16	22:08	0:36	1:18	2:28	3:12	4:27	6:48	8:13	9:33	10:17	10:58	12:22	14:41	
				0:36	0:42	1:10	0:44	1:15	2:21	1:25	1:20	0:44	0:41	1:24	2:19	
				15:52	16:53	18:03	19:18	20:34	21:50	22:08						
				1:11	1:01	1:10	1:15	1:16	1:16	0:18						
7	Samson Hutson No Club	M21	23:05	1:04	1:48	2:55	3:38	4:53	6:41	8:01	9:08	10:09	10:47	12:15	13:54	
				1:04	0:44	1:07	0:43	1:15	1:48	1:20	1:07	1:01	0:38	1:28	1:39	
				15:01	18:19	18:42	19:42	21:19	22:47	23:05						
				1:07	3:18	0:23	1:00	1:37	1:28	0:18						
8	Adrian Will GRAMP	M40	23:22	0:53	1:35	2:55	3:47	5:18	7:32	9:06	10:26	11:12	11:51	13:39	15:52	
				0:53	0:42	1:20	0:52	1:31	2:14	1:34	1:20	0:46	0:39	1:48	2:13	
				17:25	18:21	18:55	20:12	21:48	23:05	23:22						
				1:33	0:56	0:34	1:17	1:36	1:17	0:17						
9	John Mason MAROC	M50	23:48	0:46	1:35	2:59	3:52	5:26	7:30	9:18	10:36	11:35	12:17	13:33	15:36	
				0:46	0:49	1:24	0:53	1:34	2:04	1:48	1:18	0:59	0:42	1:16	2:03	
				16:36	17:48	18:25	19:45	21:29	23:23	23:48						
				1:00	1:12	0:37	1:20	1:44	1:54	0:25						
10	Dave Armitage GRAMP	M60	24:35	1:06	2:25	3:53	4:52	6:18	9:08	10:40	12:04	12:55	13:33	14:59	17:10	
				1:06	1:19	1:28	0:59	1:26	2:50	1:32	1:24	0:51	0:38	1:26	2:11	
				18:19	19:27	20:01	21:15	22:51	24:17	24:35						
				1:09	1:08	0:34	1:14	1:36	1:26	0:18						
11	Keith Roberts MAROC	M55	25:06	1:12	1:56	3:14	4:06	5:44	8:02	9:36	11:03	11:54	12:37	14:11	16:21	
				1:12	0:44	1:18	0:52	1:38	2:18	1:34	1:27	0:51	0:43	1:34	2:10	
				17:32	18:54	19:38	21:23	23:26	24:48	25:06						
				1:11	1:22	0:44	1:45	2:03	1:22	0:18						
12	Jane Lenton MAROC	W21	25:39	0:55	1:49	3:11	3:56	5:42	8:20	10:05	11:26	12:19	13:03	14:52	17:18	
				0:55	0:54	1:22	0:45	1:46	2:38	1:45	1:21	0:53	0:44	1:49	2:26	
				18:33	19:54	20:38	21:56	23:56	25:21	25:39						
				1:15	1:21	0:44	1:18	2:00	1:25	0:18						
13	Jonathan Lenton MAROC	M55	26:26	1:04	2:19	3:36	4:29	6:05	8:25	10:30	12:04	13:01	13:36	15:03	17:40	
				1:04	1:15	1:17	0:53	1:36	2:20	2:05	1:34	0:57	0:35	1:27	2:37	
				18:47	19:50	21:01	22:15	24:27	26:09	26:26						
				1:07	1:03	1:11	1:14	2:12	1:42	0:17						
14	Rachel Scott GRAMP	W50	26:47	1:02	2:05	3:32	4:33	6:10	9:03	10:43	12:18	13:20	14:04	15:51	18:21	
				1:02	1:03	1:27	1:01	1:37	2:53	1:40	1:35	1:02	0:44	1:47	2:30	
				19:45	20:51	21:28	22:53	24:44	26:28	26:47						
				1:24	1:06	0:37	1:25	1:51	1:44	0:19						
15	Ailsa Anderson GRAMP	W14	29:12	1:08	2:17	3:39	4:42	6:09	8:55	11:10	12:55	14:08	15:03	17:15	19:41	
				1:08	1:09	1:22	1:03	1:27	2:46	2:15	1:45	1:13	0:55	2:12	2:26	
				21:17	22:39	23:28	24:48	26:51	28:49	29:12						
				1:36	1:22	0:49	1:20	2:03	1:58	0:23						
16	Eddie Coman No Club	M	29:24	1:03	2:15	4:05	5:06	6:33	9:04	10:46	12:44	13:39	14:31	16:37	19:01	
				1:03	1:12	1:50	1:01	1:27	2:31	1:42	1:58	0:55	0:52	2:06	2:24	
				20:39	22:46	23:16	24:44	27:05	29:05	29:24						
				1:38	2:07	0:30	1:28	2:21	2:00	0:19						
17	Denise Wright MAROC	W50	29:32	1:12	2:23	4:05	5:07	6:46	9:31	11:26	13:24	14:29	15:22	17:23	20:00	
				1:12	1:11	1:42	1:02	1:39	2:45	1:55	1:58	1:05	0:53	2:01	2:37	
				22:01	23:11	23:51	25:19	27:22	29:09	29:32						
				2:01	1:10	0:40	1:28	2:03	1:47	0:23						
18	Norman Liley GRAMP	M55	30:47	0:56	2:18	3:52	4:48	6:59	9:51	11:54	13:20	14:47	15:30	17:44	20:29	
				0:56	1:22	1:34	0:56	2:11	2:52	2:03	1:26	1:27	0:43	2:14	2:45	
				21:58	23:33	24:15	26:00	28:42	30:24	30:47						
				1:29	1:35	0:42	1:45	2:42	1:42	0:23						
19	Kate Anderson GRAMP	W50	33:41	0:56	2:05	3:52	4:59	6:46	9:55	11:54	14:16	15:35	16:29	18:47	21:02	
				0:56	1:09	1:47	1:07	1:47	3:09	1:59	2:22	1:19	0:54	2:18	2:15	
				23:53	25:42	26:25	27:55	31:13	33:04	33:41						
				2:51	1:49	0:43	1:30	3:18	1:51	0:37						
20	Stuart Anderson GRAMP	M50	35:37	1:25	2:52	4:42	6:06	8:06	12:24	14:47	17:09	18:24	19:17	21:46	24:58	
				1:25	1:27	1:50	1:24	2:00	4:18	2:23	2:22	1:15	0:53	2:29	3:12	
				26:26	28:07	28:46	30:48	33:25	35:19	35:37						
				1:28	1:41	0:39	2:02	2:37	1:54	0:18						

Pl	Name	Age Clas	Time												
Forest Sprint (32)				2.6 km 90 m			18 C			<i>(cont.)</i>					
				1(106)	2(140)	3(163)	4(152)	5(169)	6(138)	7(162)	8(172)	9(160)	10(174)	11(165)	12(139)
				13(166)	14(171)	15(167)	16(170)	17(103)	18(96)	Finish					
21	Shona Thompson GRAMP	W21	36:14	1:12	2:30	4:22	5:45	7:53	11:21	13:48	16:05	17:14	18:31	20:57	23:37
				1:12	1:18	1:52	1:23	2:08	3:28	2:27	2:17	1:09	1:17	2:26	2:40
				25:40	27:22	28:04	29:47	32:56	35:43	36:14					
22	Pauline Anderson GRAMP	W21	36:29	2:03	1:42	0:42	1:43	3:09	2:47	0:31					
				1:16	2:59	4:36	5:54	8:16	11:42	15:52	17:31	18:37	19:36	22:08	24:58
				1:16	1:43	1:37	1:18	2:22	3:26	4:10	1:39	1:06	0:59	2:32	2:50
23	Judith Anderson GRAMP	W21	39:03	27:15	28:52	29:31	31:05	34:01	36:05	36:29					
				2:17	1:37	0:39	1:34	2:56	2:04	0:24					
				1:34	2:45	4:48	6:22	9:46	14:30	16:58	19:18	20:51	21:57	24:09	27:41
24	Greg Wolveson No Club	M	40:52	1:34	1:11	2:03	1:34	3:24	4:44	2:28	2:20	1:33	1:06	2:12	3:32
				29:48	31:16	32:01	34:11	36:47	38:40	39:03					
				2:07	1:28	0:45	2:10	2:36	1:53	0:23					
25	Amy Jellema No Club	W	41:01	1:26	3:17	4:55	7:27	10:44	13:33	16:16	18:02	19:44	20:46	23:32	26:34
				1:26	1:51	1:38	2:32	3:17	2:49	2:43	1:46	1:42	1:02	2:46	3:02
				28:54	31:06	31:52	33:35	37:39	40:03	40:52					
26	Siobhan Wolveson No Club	W	41:04	2:20	2:12	0:46	1:43	4:04	2:24	0:49					
				1:15	3:17	5:28	7:40	10:37	13:48	16:16	18:23	19:58	21:18	23:44	26:35
				1:15	2:02	2:11	2:12	2:57	3:11	2:28	2:07	1:35	1:20	2:26	2:51
27	Ray Jellema No Club	M	41:05	28:47	31:17	32:07	33:47	37:35	40:27	41:01					
				2:12	2:30	0:50	1:40	3:48	2:52	0:34					
				1:20	3:10	5:32	7:36	10:41	13:34	16:25	18:29	19:56	20:57	23:33	26:30
28	Micheala Kolistanik AUOC	W	41:27	1:20	1:50	2:22	2:04	3:05	2:53	2:51	2:04	1:27	1:01	2:36	2:57
				28:51	31:13	32:00	33:36	37:40	40:07	41:04					
				2:21	2:22	0:47	1:36	4:04	2:27	0:57					
29	David Bryant MAROC	M50	51:35	1:22	3:11	4:52	7:42	10:51	13:50	16:09	18:15	20:02	21:23	23:47	26:23
				1:22	1:49	1:41	2:50	3:09	2:59	2:19	2:06	1:47	1:21	2:24	2:36
				28:53	31:20	32:01	33:38	37:40	40:28	41:05					
nc	Keith Yardley GRAMP	M16	27:44	2:30	2:27	0:41	1:37	4:02	2:48	0:37					
				0:43	1:31	2:41	3:29	5:03	14:52	16:16	17:55	19:09	19:57	21:38	29:54
				0:43	0:48	1:10	0:48	1:34	9:49	1:24	1:39	1:14	0:48	1:41	8:16
Lachlan Kirk GRAMP	M16	mp	51:35	31:44	33:19	33:57	37:04	39:16	41:08	41:27					
				1:50	1:35	0:38	3:07	2:12	1:52	0:19					
				3:04	3:49	5:36	6:54	8:41	11:38	20:18	31:13	32:06	33:03	35:08	37:49
Lion Budrass AUOC	M	mp	51:35	3:04	0:45	1:47	1:18	1:47	2:57	8:40	10:55	0:53	0:57	2:05	2:41
				40:12	42:03	42:45	44:15	48:20	50:59	51:35					
				2:23	1:51	0:42	1:30	4:05	2:39	0:36					
Lion Budrass AUOC	M	mp	51:35	0:44	1:37	2:38	3:21	4:28	6:31	8:03	9:21	10:20	10:51	12:13	14:00
				0:44	0:53	1:01	0:43	1:07	2:03	1:32	1:18	0:59	0:31	1:22	1:47
				15:18	16:26	16:50	17:58	-----	20:41	21:02					
Lion Budrass AUOC	M	mp	51:35	1:18	1:08	0:24	1:08		2:43	0:21					
				0:49	1:58	3:20	4:27	5:48	12:27	-----	15:39	16:39	17:39	20:30	22:19
				0:49	1:09	1:22	1:07	1:21	6:39		3:12	1:00	1:00	2:51	1:49
Lion Budrass AUOC	M	mp	51:35	23:55	27:14	27:51	29:07	30:47	32:59	33:17					
				1:36	3:19	0:37	1:16	1:40	2:12	0:18					
				0:49	1:28	2:39	3:35	5:15	7:53	9:50	11:53	12:54	13:46	15:55	18:36
Lion Budrass AUOC	M	mp	51:35	0:49	0:39	1:11	0:56	1:40	2:38	1:57	2:03	1:01	0:52	2:09	2:41
				20:14	21:34	22:17	23:47	25:57	27:26	27:44					
				1:38	1:20	0:43	1:30	2:10	1:29	0:18					