

	Name	S/J	Club	Time
1	Joseph Wright	J	Maroc	19:52
2	Janne Heikkinen	S	AUOC	20:06
3	Sarah Dunn	S	Maroc	23:29
4	Luke Graham	J	Maroc	23:30
5	Angel Iliev	S	AUOC	23:34
6	Bob Daly	S	Gramp	23:58
7	Abigail Mason	J	Maroc	24:12
8	Ewan Musgrave	J	Maroc	25:52
9	Evgueni Chepelin	S	Gramp	26:06
10	Adrian Will	S	Gramp	26:10
11	David Armitage	S	Gramp	27:16
12	Ian Hamilton	S	Gramp	27:26
13	Neil Maclean	S	Gramp	30:47
14	Jonathan Lenton	S	Maroc	31:37
15	Eilidh Campbell	J	Maroc	31:50
16	Helen Rowlands	S	Gramp	32:11
17	Andy Bain	S	Maroc	32:22
18	Bob Sheridan	S	Gramp	33:26
19	Keith Yardley	J	Gramp	33:30
20	Stuart Anderson	S	Gramp	36:58
21	Phil Campbell	S	Gramp	37:01
22	Michaela Kolistanikova	S	AUOC	38:38
23	David Esson	S	Gramp	39:24
24	Amber Graham	J	Maroc	46:49
25	Geoff Kernick	S	No club	50:01
26	Pauline Anderson	S	Gramp	50:06
27	Pat Graham	S	Maroc	50:28
28	Maureen Kernick	S	No club	50:33
29	Jack Rams	S	No club	dnf
	Ewa Rams	S	No club	dnf
	Elizabeth Loffill	S	Stag	dnf
	Flaviana Preston	S	No club	dnf
	David Bryant	S	Maroc	dnf