

Pos	Name	Class	Time													
Urban sprint (41)				2.8 km 0 m 22 C												
				1(154)	2(155)	3(156)	4(157)	5(158)	6(159)	7(160)	8(161)	9(162)	10(163)	11(106)	12(164)	13(166)
				14(165)	15(167)	16(168)	17(169)	18(170)	19(171)	20(140)	21(172)	22(103)	F			
1	Angel Iliev AUOC	Sprint	17:46	0:45	1:21	2:07	2:42	3:42	4:00	4:57	5:48	6:39	7:52	9:27	10:36	11:22
				0:45	0:36	0:46	0:35	1:00	0:18	0:57	0:51	0:51	1:13	1:35	1:09	0:46
				12:08	13:15	13:26	14:07	14:43	15:02	15:59	16:46	17:34	17:46			
				0:46	1:07	0:11	0:41	0:36	0:19	0:57	0:47	0:48	0:12			
2	Evgueni Chepelin GRAMP	Sprint	19:05	0:50	1:30	2:16	2:53	4:03	4:22	5:25	6:17	7:00	8:20	10:06	11:30	12:20
				0:50	0:40	0:46	0:37	1:10	0:19	1:03	0:52	0:43	1:20	1:46	1:24	0:50
				13:11	14:23	14:35	15:19	15:53	16:12	17:15	18:09	18:51	19:05			
				0:51	1:12	0:12	0:44	0:34	0:19	1:03	0:54	0:42	0:14			
3	Naomi Lang GRAMP	Sprint	19:13	0:51	1:28	2:13	2:59	4:10	4:28	5:45	6:42	7:31	8:46	10:25	11:40	12:23
				0:51	0:37	0:45	0:46	1:11	0:18	1:17	0:57	0:49	1:15	1:39	1:15	0:43
				13:14	14:29	14:42	15:20	16:00	16:20	17:21	18:14	18:59	19:13			
				0:51	1:15	0:13	0:38	0:40	0:20	1:01	0:53	0:45	0:14			
4	Pete Lawrence GRAMP	Sprint	20:18	1:00	1:45	2:31	3:17	4:31	4:53	6:03	7:01	7:50	9:08	11:05	12:26	13:20
				1:00	0:45	0:46	0:46	1:14	0:22	1:10	0:58	0:49	1:18	1:57	1:21	0:54
				14:12	15:27	15:37	16:15	16:54	17:14	18:23	19:17	20:03	20:18			
				0:52	1:15	0:10	0:38	0:39	0:20	1:09	0:54	0:46	0:15			
5	Mike Winn GRAMP	Sprint	20:48	0:50	1:25	2:14	2:55	3:59	4:21	5:31	6:35	7:34	8:56	10:46	12:05	12:59
				0:50	0:35	0:49	0:41	1:04	0:22	1:10	1:04	0:59	1:22	1:50	1:19	0:54
				14:03	15:15	15:37	16:28	17:15	17:37	18:47	19:44	20:31	20:48			
				1:04	1:12	0:22	0:51	0:47	0:22	1:10	0:57	0:47	0:17			
6	Sam Gomersall GRAMP	Sprint	21:54	0:54	1:39	2:29	3:17	4:35	5:00	6:11	7:14	8:06	9:33	11:41	13:12	14:08
				0:54	0:45	0:50	0:48	1:18	0:25	1:11	1:03	0:52	1:27	2:08	1:31	0:56
				15:17	16:31	16:45	17:34	18:14	18:34	19:46	20:45	21:39	21:54			
				1:09	1:14	0:14	0:49	0:40	0:20	1:12	0:59	0:54	0:15			
7	Hazel Wright MAROC	Sprint	21:57	0:52	1:32	2:21	3:06	5:03	5:26	6:38	7:38	8:45	10:06	12:12	13:46	14:44
				0:52	0:40	0:49	0:45	1:57	0:23	1:12	1:00	1:07	1:21	2:06	1:34	0:58
				15:45	17:02	17:14	17:56	18:39	18:57	20:02	20:54	21:43	21:57			
				1:01	1:17	0:12	0:42	0:43	0:18	1:05	0:52	0:49	0:14			
8	Sammi Jetsonen AUOC	Sprint	21:58	0:46	1:30	2:24	3:15	4:34	4:55	6:10	7:41	8:50	10:21	12:16	13:40	14:39
				0:46	0:44	0:54	0:51	1:19	0:21	1:15	1:31	1:09	1:31	1:55	1:24	0:59
				15:41	16:57	17:11	17:56	18:39	19:04	20:15	21:07	21:44	21:58			
				1:02	1:16	0:14	0:45	0:43	0:25	1:11	0:52	0:37	0:14			
9	Melanie Costes AUOC	Sprint	21:59	0:48	1:28	2:15	3:01	4:15	4:36	6:13	7:18	8:13	9:35	11:37	13:03	13:56
				0:48	0:40	0:47	0:46	1:14	0:21	1:37	1:05	0:55	1:22	2:02	1:26	0:53
				15:01	16:19	16:31	17:29	18:14	18:34	19:43	20:47	21:41	21:59			
				1:05	1:18	0:12	0:58	0:45	0:20	1:09	1:04	0:54	0:18			
10	Ian Hamilton GRAMP	Sprint	22:14	1:03	1:42	2:37	3:23	4:34	4:56	6:11	7:16	8:18	9:46	11:42	13:12	14:08
				1:03	0:39	0:55	0:46	1:11	0:22	1:15	1:05	1:02	1:28	1:56	1:30	0:56
				15:18	16:44	16:57	17:41	18:25	18:51	20:08	21:10	22:00	22:14			
				1:10	1:26	0:13	0:44	0:44	0:26	1:17	1:02	0:50	0:14			
11	Walter Clark ESOC	Sprint	22:48	0:45	1:24	2:10	2:55	4:15	4:38	5:54	7:01	7:55	9:29	11:47	13:22	14:26
				0:45	0:39	0:46	0:45	1:20	0:23	1:16	1:07	0:54	1:34	2:18	1:35	1:04
				15:42	17:01	17:13	17:55	18:41	19:07	20:22	21:34	22:28	22:48			
				1:16	1:19	0:12	0:42	0:46	0:26	1:15	1:12	0:54	0:20			
12	Martin Young MAROC	Sprint	23:39	1:00	1:42	2:27	3:20	5:00	5:23	6:47	7:57	9:14	10:56	13:36	15:07	16:00
				1:00	0:42	0:45	0:53	1:40	0:23	1:24	1:10	1:17	1:42	2:40	1:31	0:53
				16:51	18:08	18:20	19:13	20:04	20:25	21:30	22:39	23:23	23:39			
				0:51	1:17	0:12	0:53	0:51	0:21	1:05	1:09	0:44	0:16			
13	Rory Murray NO CLUB	Sprint	23:40	0:46	1:24	2:10	3:05	4:15	4:40	5:57	6:57	8:06	9:37	11:29	12:46	13:40
				0:46	0:38	0:46	0:55	1:10	0:25	1:17	1:00	1:09	1:31	1:52	1:17	0:54
				14:43	16:22	16:37	18:04	19:00	19:25	20:31	21:51	22:35	23:40			
				1:03	1:39	0:15	1:27	0:56	0:25	1:06	1:20	0:44	1:05			
14	Donald Grassie GRAMP	Sprint	23:54	0:57	1:41	2:34	3:27	4:48	5:13	6:25	7:37	8:32	10:09	12:28	14:05	15:12
				0:57	0:44	0:53	0:53	1:21	0:25	1:12	1:12	0:55	1:37	2:19	1:37	1:07
				16:14	17:43	18:10	19:00	19:47	20:11	21:32	22:39	23:37	23:54			
				1:02	1:29	0:27	0:50	0:47	0:24	1:21	1:07	0:58	0:17			
15	Jeremy Huthwaite GRAMP	Sprint	24:05	0:51	1:33	2:21	3:04	4:34	4:56	6:06	7:15	8:09	9:50	11:50	13:34	14:34
				0:51	0:42	0:48	0:43	1:30	0:22	1:10	1:09	0:54	1:41	2:00	1:44	1:00
				15:46	17:10	17:39	18:33	19:24	19:52	21:14	22:49	23:51	24:05			
				1:12	1:24	0:29	0:54	0:51	0:28	1:22	1:35	1:02	0:14			
16	David Kirk GRAMP	Sprint	24:13	0:49	1:36	2:31	3:23	4:55	5:16	6:28	7:36	8:55	10:53	13:08	14:42	15:42
				0:49	0:47	0:55	0:52	1:32	0:21	1:12	1:08	1:19	1:58	2:15	1:34	1:00
				16:49	18:21	18:38	19:25	20:11	20:34	21:52	22:52	23:44	24:13			
				1:07	1:32	0:17	0:47	0:46	0:23	1:18	1:00	0:52	0:29			
17	Tom Hindson NO CLUB	Sprint	24:40	0:52	1:29	2:19	2:58	4:23	4:43	6:04	7:25	10:36	12:22	14:13	15:35	16:28
				0:52	0:37	0:50	0:39	1:25	0:20	1:21	1:21	3:11	1:46	1:51	1:22	0:53
				17:23	18:42	18:53	19:36	20:46	21:03	22:11	23:24	24:30	24:40			
				0:55	1:19	0:11	0:43	1:10	0:17	1:08	1:13	1:06	0:10			
18	Adrian Will GRAMP	Sprint	25:23	0:52	1:36	2:59	3:50	6:33	6:55	8:08	9:15	10:13	11:58	14:07	15:46	16:48
				0:52	0:44	1:23	0:51	2:43	0:22	1:13	1:07	0:58	1:45	2:09	1:39	1:02
				17:54	19:22	19:39	20:33	21:18	21:44	23:06	24:14	25:06	25:23			
				1:06	1:28	0:17	0:54	0:45	0:26	1:22	1:08	0:52	0:17			
19	Stefan Stasiuk BKO	Sprint	25:48	1:09	1:58	2:54	3:52	5:19	5:44	7:40	8:52	9:41	11:33	14:01	15:38	16:48
				1:09	0:49	0:56	0:58	1:27	0:25	1:56	1:12	0:49	1:52	2:28	1:37	1:10
				17:55	19:22	19:35	20:20	21:07	21:29	22:55	24:13	25:12	25:48			
				1:07	1:27	0:13	0:45	0:47	0:22	1:26	1:18	0:59	0:36			
20	Alistair Hunter AUOC	Sprint	26:05	0:55	1:44	2:46	3:40	5:13	5:41	7:14	8:39	9:40	11:50	13:49	15:22	16:22
				0:55	0:49	1:02	0:54	1:33	0:28	1:33	1:25	1:01	2:10	1:59	1:33	1:00
				17:24	19:24	19:38	20:43	21:30	21:56	23:03	24:02	25:43	26:05			
				1:02	2:00	0:14	1:05	0:47	0:26	1:07	0:59	1:41	0:22			

Pos	Name	Class	Time														
Urban sprint (41)				2.8 km 0 m			22 C			<i>(cont.)</i>							
				1(154)	2(155)	3(156)	4(157)	5(158)	6(159)	7(160)	8(161)	9(162)	10(163)	11(106)	12(164)	13(166)	
				14(165)	15(167)	16(168)	17(169)	18(170)	19(171)	20(140)	21(172)	22(103)	F				
21	Rachel Scott GRAMP	Sprint	26:15	1:03	1:54	3:02	4:00	6:10	6:38	8:02	9:10	10:10	11:46	14:11	16:02	17:09	
				1:03	0:51	1:08	0:58	2:10	0:28	1:24	1:08	1:00	1:36	2:25	1:51	1:07	
				18:16	19:59	20:12	21:11	22:00	22:24	23:47	25:01	25:59	26:15				
				1:07	1:43	0:13	0:59	0:49	0:24	1:23	1:14	0:58	0:16				
22	Chris Cowley NO CLUB	Sprint	26:20	1:04	1:52	2:53	3:59	5:35	5:57	7:32	9:07	10:52	12:14	14:27	16:07	17:05	
				1:04	0:48	1:01	1:06	1:36	0:22	1:35	1:35	1:45	1:22	2:13	1:40	0:58	
				18:07	19:29	19:52	20:39	21:46	22:05	23:17	24:25	25:26	26:20				
				1:02	1:22	0:23	0:47	1:07	0:19	1:12	1:08	1:01	0:54				
23	Josie Gomersall GRAMP	Sprint	26:25	2:55	3:47	4:59	6:16	7:34	7:57	9:16	10:17	11:26	12:51	14:59	16:42	17:41	
				2:55	0:52	1:12	1:17	1:18	0:23	1:19	1:01	1:09	1:25	2:08	1:43	0:59	
				18:50	20:44	20:58	21:52	22:36	23:00	24:15	25:22	26:10	26:25				
				1:09	1:54	0:14	0:54	0:44	0:24	1:15	1:07	0:48	0:15				
24	Bethan Nadin AUOC	Sprint	26:47	0:54	1:43	2:47	4:33	6:06	6:31	8:12	9:19	10:17	11:47	14:07	15:45	16:57	
				0:54	0:49	1:04	1:46	1:33	0:25	1:41	1:07	0:58	1:30	2:20	1:38	1:12	
				18:06	19:37	19:59	21:05	21:51	22:14	23:55	25:09	26:12	26:47				
				1:09	1:31	0:22	1:06	0:46	0:23	1:41	1:14	1:03	0:35				
25	Phil Campbell GRAMP	Sprint	26:59	1:04	1:58	2:51	3:52	5:51	6:18	7:43	9:27	10:22	12:17	14:35	16:18	17:27	
				1:04	0:54	0:53	1:01	1:59	0:27	1:25	1:44	0:55	1:55	2:18	1:43	1:09	
				18:35	20:42	20:53	21:50	22:48	23:12	24:44	25:50	26:42	26:59				
				1:08	2:07	0:11	0:57	0:58	0:24	1:32	1:06	0:52	0:17				
26	Gideon Emmerson NO CLUB	Sprint	29:01	1:21	2:09	3:20	4:39	6:42	7:05	8:34	9:41	10:43	12:28	15:24	17:09	18:57	
				1:21	0:48	1:11	1:19	2:03	0:23	1:29	1:07	1:02	1:45	2:56	1:45	1:48	
				20:06	21:55	22:08	23:14	24:12	24:40	25:56	27:33	28:36	29:01	14:36			
				1:09	1:49	0:13	1:06	0:58	0:28	1:16	1:37	1:03	0:25	*140			
27	Iain McLeod GRAMP	Sprint	29:46	1:12	2:05	3:03	4:20	5:53	6:26	8:28	9:44	10:50	12:37	15:10	17:07	18:13	
				1:12	0:53	0:58	1:17	1:33	0:33	2:02	1:16	1:06	1:47	2:33	1:57	1:06	
				19:44	21:30	21:59	22:59	23:54	24:20	-----	28:11	29:25	29:46				
				1:31	1:46	0:29	1:00	0:55	0:26	3:51	1:14	0:21					
27	Carolyn McLeod GRAMP	Sprint	29:46	1:15	2:05	3:11	4:13	5:36	6:05	7:42	8:58	10:16	11:54	14:04	15:55	16:58	
				1:15	0:50	1:06	1:02	1:23	0:29	1:37	1:16	1:18	1:38	2:10	1:51	1:03	
				18:20	20:01	20:17	21:08	22:01	22:23	-----	28:27	29:28	29:46				
				1:22	1:41	0:16	0:51	0:53	0:22	6:04	1:01	0:18					
29	Jennifer Simpson GRAMP	Sprint	31:52	1:16	2:15	3:18	4:27	6:20	6:45	10:09	12:12	13:07	14:56	17:43	19:42	20:45	
				1:16	0:59	1:03	1:09	1:53	0:25	3:24	2:03	0:55	1:49	2:47	1:59	1:03	
				21:53	23:39	23:53	25:02	26:03	26:31	27:53	29:26	31:19	31:52				
				1:08	1:46	0:14	1:09	1:01	0:28	1:22	1:33	1:53	0:33				
30	Shona Thompson GRAMP	Sprint	33:04	1:16	2:14	3:26	4:30	6:48	7:18	9:09	10:31	11:49	14:10	17:13	19:29	20:52	
				1:16	0:58	1:12	1:04	2:18	0:30	1:51	1:22	1:18	2:21	3:03	2:16	1:23	
				22:44	24:56	25:13	26:22	27:28	27:55	29:43	31:30	32:42	33:04				
				1:52	2:12	0:17	1:09	1:06	0:27	1:48	1:47	1:12	0:22				
31	Lion Budrass AUOC	Sprint	33:08	1:35	2:14	3:51	4:41	6:29	6:54	9:17	10:47	11:59	15:09	17:23	19:18	21:08	
				1:35	0:39	1:37	0:50	1:48	0:25	2:23	1:30	1:12	3:10	2:14	1:55	1:50	
				22:36	24:51	25:07	26:23	27:16	27:41	29:58	31:23	32:51	33:08				
				1:28	2:15	0:16	1:16	0:53	0:25	2:17	1:25	1:28	0:17				
32	Mikaela Kolistanikoea AUOC	Sprint	40:02	1:05	1:47	4:10	5:16	7:07	7:26	8:45	10:11	13:41	16:58	19:10	21:11	23:35	
				1:05	0:42	2:23	1:06	1:51	0:19	1:19	1:26	3:30	3:17	2:12	2:01	2:24	
				27:02	29:53	30:06	31:37	32:50	33:34	35:06	37:30	39:29	40:02				
				3:27	2:51	0:13	1:31	1:13	0:44	1:32	2:24	1:59	0:33				
33	Claire McGarvey MAROC	Sprint	48:28	1:16	2:17	3:39	4:52	6:32	7:01	8:39	9:58	11:12	14:23	17:47	20:53	22:12	
				1:16	1:01	1:22	1:13	1:40	0:29	1:38	1:19	1:14	3:11	3:24	3:06	1:19	
				23:42	25:10	25:24	33:44	35:04	40:51	43:55	46:26	47:56	48:28				
				1:30	1:28	0:14	8:20	1:20	5:47	3:04	2:31	1:30	0:32				
34	Satu Kuitunen AUOC	Sprint	59:58	6:56	7:56	9:34	11:29	13:25	13:56	16:39	19:13	24:13	27:23	30:20	33:06	38:01	
				6:56	1:00	1:38	1:55	1:56	0:31	2:43	2:34	5:00	3:10	2:57	2:46	4:55	
				40:24	45:25	45:38	47:49	49:14	50:31	53:30	56:11	59:37	59:58	30:42			
				2:23	5:01	0:13	2:11	1:25	1:17	2:59	2:41	3:26	0:21	*140			
John Lang GRAMP	Sprint	mp		1:02	1:44	2:38	3:33	4:50	5:13	6:50	8:00	8:44	10:27	12:33	14:06	15:06	
				1:02	0:42	0:54	0:55	1:17	0:23	1:37	1:10	0:44	1:43	2:06	1:33	1:00	
				16:07	17:28	-----	18:50	19:34	-----	21:04	22:17	23:16	23:32				
				1:01	1:21	-----	1:22	0:44	-----	1:30	1:13	0:59	0:16				
Jason Falkenburg AUOC	Sprint	mp		1:17	2:09	3:16	4:12	5:55	6:27	8:04	9:41	10:43	17:42	20:02	22:51	24:09	
				1:17	0:52	1:07	0:56	1:43	0:32	1:37	1:37	1:02	6:59	2:20	2:49	1:18	
				25:16	26:44	27:03	27:52	28:46	29:15	-----	29:52	34:37	34:56				
				1:07	1:28	0:19	0:49	0:54	0:29	-----	0:37	4:45	0:19				
Stefka Angelova AUOC	Sprint	mp		1:31	2:23	4:09	5:14	-----	7:08	9:55	-----	-----	-----	36:25	39:11	42:36	
				1:31	0:52	1:46	1:05	-----	1:54	2:47	-----	-----	-----	26:30	2:46	3:25	
				45:36	47:54	49:12	51:38	53:32	56:53	57:59	60:31	62:07	62:53				
				3:00	2:18	1:18	2:26	1:54	3:21	1:06	2:32	1:36	0:46				
Rob Hickling GRAMP	Sprint	mp		-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
John Silver NO CLUB	Sprint	dnf		6:15	7:14	8:44	9:53	12:54	13:26	17:01	20:41	22:25	25:10	28:32	31:45	33:07	
				6:15	0:59	1:30	1:09	3:01	0:32	3:35	3:40	1:44	2:45	3:22	3:13	1:22	
				34:57	-----	-----	-----	-----	-----	-----	-----	-----	-----	42:19			
				1:50	-----	-----	-----	-----	-----	-----	-----	-----	7:22				

Pos	Name	Class	Time															
Urban sprint (41)			2.8 km 0 m	22 C	<i>(cont.)</i>													
			1(154)	2(155)	3(156)	4(157)	5(158)	6(159)	7(160)	8(161)	9(162)	10(163)	11(106)	12(164)	13(166)			
			14(165)	15(167)	16(168)	17(169)	18(170)	19(171)	20(140)	21(172)	22(103)	F						
	Fiona,June,Fiona Renni	Sprint	dnf	3:43	6:17	8:02	9:18	11:43	12:30	15:24	20:31	22:22	30:51	36:24	41:26	46:34		
				3:43	2:34	1:45	1:16	2:25	0:47	2:54	5:07	1:51	8:29	5:33	5:02	5:08		
				49:09	-----	-----	-----	-----	-----	-----	-----	-----	60:36					
				2:35									11:27					
	Julia Nurminen	Sprint	dnf	6:22	7:14	9:00	10:56	12:50	13:23	15:57	18:39	23:40	26:49	29:35	36:26	39:36		
	AUOC			6:22	0:52	1:46	1:56	1:54	0:33	2:34	2:42	5:01	3:09	2:46	6:51	3:10		
				-----	-----	-----	-----	-----	-----	-----	-----	-----						