

Pos	Name	Class	Time													
Urban sprint (26)				8.5 km 0 m			15 C									
				1(154)	2(155)	3(156)	4(157)	5(158)	6(159)	7(160)	8(161)	9(162)	10(163)	11(164)	12(165)	13(166)
				14(167)	15(168)	F										
1	Janne Heikkinen AUOC	Sprint	19:13	0:51 0:51	2:53 2:02	3:54 1:01	4:21 0:27	5:34 1:13	6:32 0:58	7:08 0:36	8:17 1:09	9:09 0:52	9:54 0:45	10:37 0:43	12:28 1:51	15:16 2:48
2	Angel Iliev AUOC	Sprint	21:57	0:59 0:59	3:05 2:06	4:37 1:32	5:29 0:52	6:59 1:30	8:01 1:02	8:40 0:39	9:49 1:09	10:46 0:57	11:33 0:47	12:28 0:55	14:28 2:00	17:21 2:53
3	Naomi Lang GRAMP	Sprint	22:06	0:58 0:58	3:27 2:29	4:32 1:05	4:58 0:26	6:53 1:55	8:07 1:14	8:44 0:37	9:54 1:10	11:00 1:06	11:49 0:49	12:40 0:51	14:41 2:01	17:33 2:52
4	Pete Lawrence GRAMP	Sprint	22:33	1:03 1:04	2:11 3:42	1:19 4:58	5:26 0:28	6:49 1:23	7:58 1:09	8:39 0:41	9:51 1:12	10:53 1:02	11:43 0:50	12:29 0:46	14:29 2:00	17:30 3:01
5	Mike Winn GRAMP	Sprint	22:45	1:21 0:49	2:18 3:08	1:24 4:19	5:10 0:51	6:28 1:18	7:39 1:11	8:24 0:45	9:45 1:21	10:54 1:09	11:48 0:54	12:38 0:50	14:55 2:17	17:45 2:50
6	Evgeni Chepelin GRAMP	Sprint	23:09	1:15 1:04	2:14 3:47	1:31 4:57	5:10 1:01	6:28 1:23	7:39 1:08	8:24 0:43	9:45 1:13	10:54 1:13	11:48 0:47	12:38 0:48	14:55 2:06	17:45 3:28
7	Jennifer Ricketts MAROC	Sprint	23:37	1:01 1:04	2:03 3:26	1:18 4:37	5:06 0:29	6:25 1:19	7:45 1:20	8:25 0:40	9:42 1:17	10:51 1:09	11:47 0:56	12:34 0:47	14:53 2:19	18:41 3:48
8	Sam Gomersall GRAMP	Sprint	24:54	1:10 1:16	2:16 3:49	1:30 5:00	5:32 0:32	6:54 1:22	8:09 1:15	9:06 0:57	10:31 1:25	11:33 1:02	12:26 0:53	13:26 1:00	16:16 2:50	19:29 3:13
9	Melanie Coates AUOC	Sprint	25:28	20:48 1:19	23:24 2:36	24:54 1:30	5:55 0:54	7:14 1:19	8:27 1:13	9:16 0:49	10:39 1:23	11:53 1:14	12:47 0:54	13:42 0:55	16:30 2:48	19:49 3:19
10	Ian Hamilton GRAMP	Sprint	27:17	21:09 1:20	23:32 2:23	25:28 1:56	6:18 1:06	7:47 1:29	9:14 1:27	10:10 0:56	11:29 1:19	12:33 1:04	13:29 0:56	14:23 0:54	17:09 2:46	21:28 4:19
11	Josie Gomersall GRAMP	Sprint	27:25	22:56 1:28	25:49 2:53	27:17 1:28	6:38 0:42	8:16 1:38	9:35 1:19	10:36 1:01	12:06 1:30	13:19 1:13	14:21 1:02	15:21 1:00	18:11 2:50	21:29 3:18
12	Jeremy Huthwaite GRAMP	Sprint	29:59	22:51 1:22	25:31 2:40	27:25 1:54	6:38 1:07	8:24 1:46	9:47 1:23	10:50 1:03	12:23 1:33	13:35 1:12	14:34 0:59	15:39 1:05	18:53 3:14	23:21 4:28
13	Stefan Stasiuk BKO	Sprint	30:46	24:48 1:27	28:42 3:54	29:59 1:17	7:03 0:48	8:41 1:38	10:10 1:29	11:28 1:18	13:22 1:54	14:44 1:22	15:49 1:05	16:52 1:03	20:01 3:09	23:46 3:45
14	Marianne Lang GRAMP	Sprint	31:50	25:21 1:35	29:01 3:40	30:46 1:45	8:25 0:39	10:27 2:02	12:34 2:07	13:23 0:49	15:03 1:40	16:20 1:17	17:13 0:53	18:10 0:57	21:02 2:52	24:19 3:17
15	Rachel Scott GRAMP	Sprint	33:08	25:37 1:18	29:44 4:07	31:50 2:06	7:43 0:48	9:29 1:46	11:35 2:06	12:28 0:53	14:14 1:46	15:37 1:23	16:38 1:01	17:39 1:01	22:02 4:23	26:02 4:00
16	Phil Campbell GRAMP	Sprint	33:20	27:36 1:34	30:47 3:11	33:08 2:21	7:23 0:43	9:12 1:49	10:44 1:32	11:57 1:13	13:25 1:28	14:53 1:28	16:00 1:07	16:57 0:57	20:01 3:04	25:49 5:48
17	Stuart Dougal AUOC	Sprint	34:04	27:24 1:35	31:10 3:46	33:20 2:10	7:03 0:41	8:51 1:48	11:34 2:43	12:55 1:21	14:23 1:28	16:08 1:45	17:05 0:57	18:16 1:11	21:53 3:37	26:04 4:11
18	Bethan Madim NO CLUB	Sprint	34:56	27:30 1:26	31:24 3:54	34:04 2:40	10:50 1:07	12:20 1:30	13:39 1:19	14:43 1:04	16:04 1:21	17:09 1:05	18:07 0:58	19:14 1:07	22:52 3:38	29:00 6:08
19	Iain McLeod GRAMP	Sprint	36:15	30:30 1:30	33:41 3:11	34:56 1:15	10:01 1:00	12:01 2:00	13:45 1:44	14:36 0:51	16:30 1:54	17:54 1:24	19:05 1:11	20:21 1:16	23:10 2:49	29:09 5:59
20	Shona Thompson GRAMP	Sprint	37:52	30:46 1:37	33:58 3:12	36:15 2:17	8:13 0:50	10:28 2:15	12:26 1:58	13:47 1:21	15:54 2:07	17:26 1:32	18:36 1:10	20:00 1:24	24:04 4:04	29:12 5:08

