

Pl	tno	Name	Age	Clas	Time													
Autumn Urban Sprint (5)						3.0 km 0 m		18 C										
						1(159)	2(169)	3(170)	4(171)	5(168)	6(154)	7(167)	8(166)	9(156)	10(157)	11(163)	12(161)	
						13(165)	14(162)	15(160)	16(174)	17(172)	18(155)	F						
1	3	Naomi Lang	W14		20:31	0:39	1:42	3:45	5:15	6:31	7:18	8:07	9:11	10:10	10:54	13:25	14:22	
						GRAMP	0:39	1:03	2:03	1:30	1:16	0:47	0:49	1:04	0:59	0:44	2:31	0:57
							16:11	16:58	17:47	18:37	19:13	19:48	20:31					
							1:49	0:47	0:49	0:50	0:36	0:35	0:43					
2	2	Pete Lawrence	M50		25:47	1:03	2:20	5:46	7:37	9:05	10:03	11:00	12:07	12:55	13:53	16:52	18:14	
						GRAMP	1:03	1:17	3:26	1:51	1:28	0:58	0:57	1:07	0:48	0:58	2:59	1:22
							20:20	21:22	22:27	23:33	24:13	24:51	25:47					
							2:06	1:02	1:05	1:06	0:40	0:38	0:56					
3	17	David Esson (bike)	M35		26:19	0:46	1:42	3:54	5:34	6:59	7:49	9:21	10:28	12:59	14:11	16:30	17:50	
						GRAMP	0:46	0:56	2:12	1:40	1:25	0:50	1:32	1:07	2:31	1:12	2:19	1:20
							20:19	21:37	22:28	23:16	24:05	25:07	26:19					
							2:29	1:18	0:51	0:48	0:49	1:02	1:12					
4	16	David Kirk	M45		27:32	1:24	2:48	5:40	7:41	9:17	10:14	11:20	12:42	13:45	14:51	17:50	19:12	
						GRAMP	1:24	1:24	2:52	2:01	1:36	0:57	1:06	1:22	1:03	1:06	2:59	1:22
							21:42	22:53	23:51	24:56	25:41	26:23	27:32					
							2:30	1:11	0:58	1:05	0:45	0:42	1:09					
5	5	Jeremy Huthwaite	M45		30:42	0:46	2:05	4:24	6:11	7:35	8:30	9:37	10:46	12:22	13:24	16:17	17:36	
						GRAMP	0:46	1:19	2:19	1:47	1:24	0:55	1:07	1:09	1:36	1:02	2:53	1:19
							24:49	26:19	27:20	28:21	28:57	29:35	30:42					
							7:13	1:30	1:01	1:01	0:36	0:38	1:07					