Long (8) — 5.3 km 19 C

Pos.	Name	Time	1(103)	2(105)	3(138)	4(106)	5(139)	6(154)	7(155)	8(172)	9(171)	10(156)	11(174)	12(157)	3(173)
			14(159)	15(170)	16(158)	17(169)	18(96)	19(43)	F						
1	**Jon Musgrave**	**44:56**	1:58	**3:51**	**7:31**	**10:25**	**11:50**	**14:45**	**18:54**	**21:02**	**24:49**	**26:22**	**27:20**	**28:43**	**9:52**
	MAROC		1:58	***1:53***	***3:40***	2:54	1:25	***2:55***	***4:09***	2:08	3:47	***1:33***	0:58	1:23	:09
			31:46	**34:18**	**35:49**	**37:19**	**40:49**	**43:03**	**44:56**						
			1:54	2:32	1:31	1:30	***3:30***	2:14	1:53						
2	**Drew Tivendale**	**59:04**	1:53	4:10	18:48	21:34	22:56	25:55	30:50	32:55	39:18	41:13	42:01	43:22	4:29
	MAROC		1:53	2:17	14:38	***2:46***	***1:22***	2:59	4:55	***2:05***	6:23	1:55	***0:48***	***1:21***	***:07***
			46:29	48:50	50:04	51:30	55:31	57:29	59:04						
			2:00	2:21	1:14	***1:26***	4:01	***1:58***	***1:35***						
3	**John Mason**	**1:01:26**	2:17	5:09	9:55	13:44	15:36	19:30	25:53	29:28	33:45	36:34	38:19	40:15	2:03
	MAROC		2:17	2:52	4:46	3:49	1:52	3:54	6:23	3:35	4:17	2:49	1:45	1:56	:48
			44:43	47:22	48:53	51:07	56:08	59:07	1:01:26						
			2:40	2:39	1:31	2:14	5:01	2:59	2:19						
4	**Sarah Dunn**	**1:04:35**	2:42	5:19	17:05	21:46	23:30	27:32	32:43	35:29	39:19	41:16	42:19	44:13	5:47
	MAROC		2:42	2:37	11:46	4:41	1:44	4:02	5:11	2:46	3:50	1:57	1:03	1:54	:34
			47:48	50:03	52:01	54:08	59:33	1:02:18	1:04:35						
			2:01	2:15	1:58	2:07	5:25	2:45	2:17						
5	**Ian Hamilton**	**1:05:28**	2:16	5:06	11:27	16:55	18:43	22:54	28:40	31:53	36:57	38:58	40:18	41:55	3:53
	GRAMP		2:16	2:50	6:21	5:28	1:48	4:11	5:46	3:13	5:04	2:01	1:20	1:37	:58
			46:23	49:03	50:55	53:04	1:00:01	1:03:14	1:05:28						
			2:30	2:40	1:52	2:09	6:57	3:13	2:14						
6	**Sam Gomersall**	**1:06:18**	2:22	5:20	10:59	18:31	20:17	24:11	29:06	31:34	36:28	38:38	39:59	41:39	3:05
	GRAMP		2:22	2:58	5:39	7:32	1:46	3:54	4:55	2:28	4:54	2:10	1:21	1:40	:26
			45:11	47:48	49:04	50:40	1:01:57	1:04:12	1:06:18		*56:54*				
			2:06	2:37	1:16	1:36	11:17	2:15	2:06		**43*				
7	**Andrew Mcmurtrie**	**1:10:03**	**1:50**	4:02	12:12	15:16	16:52	23:44	28:26	31:02	34:47	43:01	44:03	45:36	7:05
	MAROC		***1:50***	2:12	8:10	3:04	1:36	6:52	4:42	2:36	***3:45***	8:14	1:02	1:33	:29
			49:28	51:41	52:53	54:24	1:04:59	1:08:02	1:10:03						
			2:23	***2:13***	***1:12***	1:31	10:35	3:03	2:01						
8	**Sean O'Sullivan**	**1:12:33**	4:29	7:17	15:09	18:45	20:34	27:58	34:13	37:11	42:16	44:19	45:35	47:54	9:25
	GRAMP		4:29	2:48	7:52	3:36	1:49	7:24	6:15	2:58	5:05	2:03	1:16	2:19	:31
			51:33	53:54	55:11	56:45	1:08:25	1:10:33	1:12:33						
			2:08	2:21	1:17	1:34	11:40	2:08	2:00						

Short (9) — 3.1 km 11 C

Pos.	Name	Time	1(105)	2(156)	3(174)	4(157)	5(173)	6(159)	7(170)	8(158)	9(169)	10(96)	11(43)	F
1	**Jake Chapman**	**31:25**	3:06	10:45	11:47	13:04	14:09	16:09	18:04	19:38	**20:59**	**26:10**	**29:25**	**31:25**
	MAROC		3:06	7:39	1:02	***1:17***	***1:05***	2:00	***1:55***	1:34	***1:21***	5:11	3:15	2:00
2	**Alistair Chapman**	**32:48**	3:19	10:49	12:16	13:52	15:21	17:26	19:57	21:32	23:13	28:13	30:38	32:48
	MAROC		3:19	7:30	1:27	1:36	1:29	2:05	2:31	1:35	1:41	***5:00***	***2:25***	2:10
3	**Murray Anderson**	**32:52**	**3:01**	**9:16**	**10:14**	**12:01**	**13:32**	**15:27**	**18:02**	**19:32**	21:28	28:12	30:54	32:52
	GRAMP		***3:01***	***6:15***	0:58	1:47	1:31	***1:55***	2:35	1:30	1:56	6:44	2:42	***1:58***
4	**Iain Barraclough**	**43:45**	3:11	14:37	15:27	17:05	18:52	21:11	24:52	26:39	28:45	39:01	41:35	43:45
	GRAMP		3:11	11:26	***0:50***	1:38	1:47	2:19	3:41	1:47	2:06	10:16	2:34	2:10
5	**Andy Tivendale**	**43:58**	3:08	9:30	10:26	14:07	15:35	17:49	20:09	21:37	23:38	38:45	41:46	43:58
	MAROC		3:08	6:22	0:56	3:41	1:28	2:14	2:20	***1:28***	2:01	15:07	3:01	2:12
6	**Lesley Gomersall**	**45:12**	4:08	13:43	15:09	17:55	19:46	22:56	27:03	29:05	31:20	38:41	42:16	45:12
	GRAMP		4:08	9:35	1:26	2:46	1:51	3:10	4:07	2:02	2:15	7:21	3:35	2:56
7	**Neil Mclean**	**46:53**	4:09	17:20	18:41	20:34	22:24	25:15	28:50	30:54	33:48	39:40	43:31	46:53
	GRAMP		4:09	13:11	1:21	1:53	1:50	2:51	3:35	2:04	2:54	5:52	3:51	3:22
8	**David Esson**	**1:02:47**	4:14	14:54	16:36	19:21	21:43	25:55	30:18	32:48	35:48	54:14	59:09	1:02:47
	GRAMP		4:14	10:40	1:42	2:45	2:22	4:12	4:23	2:30	3:00	18:26	4:55	3:38
	Nicholas Green	**mp**	3:55	12:25	13:38	15:30	17:13	19:13	22:05	24:25	-----	57:11	1:00:09	1:02:34
	INVOC		3:55	8:30	1:13	1:52	1:43	2:00	2:52	2:20		32:46	2:58	2:25
			53:23											
			**43*											