

os.	Name	Time													
White (3)			2.1 km 25 m 11 C White												
			1(131)	2(133)	3(135)	4(137)	5(222)	6(224)	7(226)	8(227)	9(169)	10(229)	11(230)	F	
1	Anne Thompson	35:37	2:08	4:58	7:10	10:47	15:33	20:24	21:50	25:38	27:41	32:31	35:03	35:37	
			2:08	2:50	2:12	3:37	4:46	4:51	1:26	3:48	2:03	4:50	2:32	0:34	
2	Oliver Robertson	47:07	2:11	5:23	8:47	14:32	22:30	28:32	31:10	34:41	37:28	42:30	45:46	47:07	
	GRAMP		2:11	3:12	3:24	5:45	7:58	6:02	2:38	3:31	2:47	5:02	3:16	1:21	
	Ruth Gooch	mp	0:38	5:13	10:00	12:52	18:05	24:22	26:31	30:26	33:12	36:20	----	38:08	
	MAROC		0:38	4:35	4:47	2:52	5:13	6:17	2:09	3:55	2:46	3:08		1:48	
Yellow (12)			2.6 km 30 m 15 C Yellow												
			1(131)	2(133)	3(136)	4(167)	5(171)	6(164)	7(222)	8(158)	9(223)	10(225)	11(226)	12(227)	13(228)
			14(229)	15(230)	F										
1	Gemma Collins	26:04	0:25	1:42	3:49	5:39	6:55	8:30	12:06	14:12	15:46	17:11	18:59	20:26	22:14
	MAROC		0:25	1:17	2:07	1:50	1:16	1:35	3:36	2:06	1:34	1:25	1:48	1:27	1:48
			23:46	25:05	26:04										
			1:32	1:19	0:59										
2	Amy Hamilton	26:13	0:30	1:51	4:30	6:34	7:26	9:28	10:37	12:32	14:39	16:14	18:43	20:42	22:42
	MAROC		0:30	1:21	2:39	2:04	0:52	2:02	1:09	1:55	2:07	1:35	2:29	1:59	2:00
			24:27	25:50	26:13										
			1:45	1:23	0:23										
3	Maya Reynard	27:10	0:33	1:56	6:47	8:48	9:40	11:39	13:04	14:43	16:21	17:50	19:53	21:24	23:07
	GRAMP		0:33	1:23	4:51	2:01	0:52	1:59	1:25	1:39	1:38	1:29	2:03	1:31	1:43
			24:50	26:51	27:10										
			1:43	2:01	0:19										
4	Amber Graham	29:40	0:23	1:43	4:20	6:40	7:20	13:19	14:31	16:20	18:27	20:09	22:37	24:16	26:05
	MAROC		0:23	1:20	2:37	2:20	0:40	5:59	1:12	1:49	2:07	1:42	2:28	1:39	1:49
			27:58	29:18	29:40										
			1:53	1:20	0:22										
5	Dylan Anderson	30:21	0:24	1:40	3:48	5:48	8:27	11:20	13:06	15:04	16:42	18:09	20:32	22:23	27:28
	MAROC		0:24	1:16	2:08	2:00	2:39	2:53	1:46	1:58	1:38	1:27	2:23	1:51	5:05
			28:46	30:02	30:21										
			1:18	1:16	0:19										
6	Neil Pritchett	30:29	0:39	1:55	5:02	8:10	8:50	11:18	12:57	16:24	18:25	20:15	22:46	24:00	27:24
	MAROC		0:39	1:16	3:07	3:08	0:40	2:28	1:39	3:27	2:01	1:50	2:31	1:14	3:24
			28:55	30:09	30:29										
			1:31	1:14	0:20										
7	Tom Horrell	31:13	0:28	2:30	5:28	8:32	9:38	12:00	13:28	16:25	19:04	20:33	23:24	24:53	26:41
			0:28	2:02	2:58	3:04	1:06	2:22	1:28	2:57	2:39	1:29	2:51	1:29	1:48
			28:20	30:18	31:13										
			1:39	1:58	0:55										
8	Isobel Anderson	31:57	0:31	2:11	4:51	6:46	10:33	13:39	15:01	17:23	19:32	21:11	23:25	25:37	28:14
	GRAMP		0:31	1:40	2:40	1:55	3:47	3:06	1:22	2:22	2:09	1:39	2:14	2:12	2:37
			29:57	31:23	31:57										
			1:43	1:26	0:34										
9	Sam Horrell	33:29	0:49	2:13	5:06	7:36	8:45	11:06	12:29	15:29	18:16	20:24	22:59	25:41	28:39
			0:49	1:24	2:53	2:30	1:09	2:21	1:23	3:00	2:47	2:08	2:35	2:42	2:58
			30:56	32:54	33:29										
			2:17	1:58	0:35										
10	Patrick Lang	33:52	0:30	2:06	6:19	9:41	10:29	14:10	15:21	17:25	19:49	21:17	25:44	27:13	29:25
	GRAMP		0:30	1:36	4:13	3:22	0:48	3:41	1:11	2:04	2:24	1:28	4:27	1:29	2:12
			31:10	33:09	33:52										
			1:45	1:59	0:43										
11	Ann Foster	40:33	1:33	3:15	6:46	10:36	11:42	14:29	16:08	18:57	22:15	24:21	27:12	29:01	36:10
	MAROC		1:33	1:42	3:31	3:50	1:06	2:47	1:39	2:49	3:18	2:06	2:51	1:49	7:09
			38:11	39:59	40:33										
			2:01	1:48	0:34										
12	Alan Macgregor	46:27	1:18	4:01	8:19	11:43	13:18	16:47	18:47	22:13	25:42	28:42	32:57	35:49	38:48
	GRAMP		1:18	2:43	4:18	3:24	1:35	3:29	2:00	3:26	3:29	3:00	4:15	2:52	2:59
			41:36	45:27	46:27										
			2:48	3:51	1:00										

os.	Name	Time														
<i>Light Green (23)</i>			3.5 km 90 m 16 C Light Green													
			1(132)	2(134)	3(130)	4(160)	5(96)	6(243)	7(155)	8(246)	9(163)	10(241)	11(235)	12(236)	13(234)	
			14(233)	15(231)	16(230)	F										
3	Alistair Chapman MAROC	43:27	2:32	3:47	5:27	7:45	8:27	22:26	22:59	27:51	30:18	31:07	35:01	36:47	39:06	
			2:32	1:15	1:40	2:18	0:42	13:59	0:33	4:52	2:27	0:49	3:54	1:46	2:19	
			40:17	41:48	43:11	43:27										
			1:11	1:31	1:23	0:16										
4	John Getliff MAROC	47:40	1:10	4:40	6:44	10:40	11:23	16:54	17:44	22:11	26:42	27:49	32:22	35:39	39:05	
			1:10	3:30	2:04	3:56	0:43	5:31	0:50	4:27	4:31	1:07	4:33	3:17	3:26	
			42:04	45:38	47:23	47:40										
			2:59	3:34	1:45	0:17										
5	Luke Graham MAROC	1:00:58	1:18	4:54	6:39	9:05	9:47	23:21	23:59	28:54	31:44	46:47	50:33	53:05	55:10	
			1:18	3:36	1:45	2:26	0:42	13:34	0:38	4:55	2:50	15:03	3:46	2:32	2:05	
			57:09	59:06	1:00:43	1:00:58										
			1:59	1:57	1:37	0:15										
6	Kate Anderson GRAMP	1:01:57	2:01	3:43	7:08	11:07	12:09	20:12	24:19	32:31	38:55	39:54	44:29	48:23	52:19	
			2:01	1:42	3:25	3:59	1:02	8:03	4:07	8:12	6:24	0:59	4:35	3:54	3:56	
			54:35	58:53	1:01:34	1:01:57										
			2:16	4:18	2:41	0:23										
7	Laura Barracloug GRAMP	1:02:38	4:42	6:36	8:55	12:11	13:43	22:47	23:47	27:40	32:10	32:59	38:41	50:55	52:53	
			4:42	1:54	2:19	3:16	1:32	9:04	1:00	3:53	4:30	0:49	5:42	12:14	1:58	
			56:05	58:41	1:02:14	1:02:38										
			3:12	2:36	3:33	0:24										
8	Ailsa Anderson GRAMP	1:04:41	2:28	4:41	6:52	12:58	13:59	20:12	21:26	25:11	40:35	41:45	46:35	49:31	53:36	
			2:28	2:13	2:11	6:06	1:01	6:13	1:14	3:45	15:24	1:10	4:50	2:56	4:05	
			56:00	1:00:08	1:04:22	1:04:41										
			2:24	4:08	4:14	0:19										
9	Ewen Rennie GRAMP	1:12:24	3:10	5:38	9:13	14:07	15:29	27:26	31:42	37:45	45:44	47:16	53:55	57:49	1:01:09	
			3:10	2:28	3:35	4:54	1:22	11:57	4:16	6:03	7:59	1:32	6:39	3:54	3:20	
			1:04:42	1:08:40	1:11:43	1:12:24										
			3:33	3:58	3:03	0:41										
10	Margaret Mcmilla MAROC	1:13:01	2:37	7:30	19:07	23:15	24:24	39:31	40:43	47:26	52:35	54:30	1:00:05	1:02:37	1:05:21	
			2:37	4:53	11:37	4:08	1:09	15:07	1:12	6:43	5:09	1:55	5:35	2:32	2:44	
			1:07:43	1:10:02	1:12:30	1:13:01										
			2:22	2:19	2:28	0:31										
11	Alexander Camp MAROC	1:27:55	3:27	10:05	13:46	17:50	19:32	27:27	29:14	36:38	44:55	46:46	52:53	1:10:35	1:16:07	
			3:27	6:38	3:41	4:04	1:42	7:55	1:47	7:24	8:17	1:51	6:07	17:42	5:32	
			1:21:13	1:24:39	1:27:34	1:27:55										
			5:06	3:26	2:55	0:21										
12	Audrey Wilson Ha GRAMP	1:30:33	3:19	6:06	10:12	14:14	15:37	31:42	33:29	50:01	54:48	58:34	1:07:02	1:12:51	1:18:35	
			3:19	2:47	4:06	4:02	1:23	16:05	1:47	16:32	4:47	3:46	8:28	5:49	5:44	
			1:23:49	1:27:15	1:30:02	1:30:33										
			5:14	3:26	2:47	0:31										
13	Patricia Graham MAROC	1:50:23	3:06	9:36	13:18	18:27	20:19	42:41	44:43	50:40	1:11:09	1:13:12	1:20:33	1:26:07	1:31:38	
			3:06	6:30	3:42	5:09	1:52	22:22	2:02	5:57	20:29	2:03	7:21	5:34	5:31	
			1:42:27	1:46:01	1:49:32	1:50:23										
			10:49	3:34	3:31	0:51										
Birgitte Nilsen			7:11	9:39	12:43	16:00	24:07	31:18	34:03	41:30	47:23	48:38	1:00:34	1:04:57	1:07:53	
			7:11	2:28	3:04	3:17	8:07	7:11	2:45	7:27	5:53	1:15	11:56	4:23	2:56	
			1:13:19	1:16:31	1:21:53	1:22:17										
			5:26	3:12	5:22	0:24										
Esther Gooch MAROC	mp		2:37	4:33	6:41	9:32	-----	21:40	22:43	27:28	33:41	35:25	40:44	43:25	47:33	
			2:37	1:56	2:08	2:51		12:08	1:03	4:45	6:13	1:44	5:19	2:41	4:08	
			50:08	52:08	54:05	54:27		10:19								
			2:35	2:00	1:57	0:22		*161								
Graeme Campbel MAROC	mp		5:32	9:18	13:01	16:31	17:51	-----	-----	26:56	32:06	33:41	43:51	46:40	49:00	
			5:32	3:46	3:43	3:30	1:20			9:05	5:10	1:35	10:10	2:49	2:20	
			50:56	53:53	57:49	58:14										
			1:56	2:57	3:56	0:25										
Dave Thompson	mp		2:54	4:48	7:01	9:47	12:14	36:35	-----	42:07	46:45	48:18	53:51	56:56	59:12	
			2:54	1:54	2:13	2:46	2:27	24:21		5:32	4:38	1:33	5:33	3:05	2:16	
			1:01:17	1:04:10	1:07:02	1:07:23		34:54								
			2:05	2:53	2:52	0:21		*155								

os.	Name	Time	1(138)	2(106)	3(248)	4(247)	5(96)	6(241)	7(246)	8(139)	9(155)	10(236)	11(239)	12(238)	13(235)
			14(237)	15(243)	16(244)	17(245)	18(240)	19(154)	20(232)	21(43)	22(230)	F			
Blue (16)															
			6.6 km 180 m 22 C Blue												
1	Jennifer Ricketts	1:03:09	4:09	5:52	8:29	10:06	14:09	18:00	20:46	23:12	25:53	33:45	34:50	36:45	38:44
	MAROC		4:09	1:43	2:37	1:37	4:03	3:51	2:46	2:26	2:41	7:52	1:05	1:55	1:59
			41:43	47:02	48:15	54:22	55:55	58:45	1:00:22	1:02:06	1:02:52	1:03:09			
			2:59	5:19	1:13	6:07	1:33	2:50	1:37	1:44	0:46	0:17			
2	John Mason	1:07:57	4:58	6:44	10:39	13:00	17:11	21:00	22:54	25:43	28:12	36:34	37:56	39:43	41:12
	MAROC		4:58	1:46	3:55	2:21	4:11	3:49	1:54	2:49	2:29	8:22	1:22	1:47	1:29
			44:17	51:28	53:27	58:19	59:58	1:02:08	1:03:50	1:06:38	1:07:37	1:07:57			
			3:05	7:11	1:59	4:52	1:39	2:10	1:42	2:48	0:59	0:20			
3	Robin Skinner	1:12:02	6:00	7:42	12:50	14:35	19:00	23:29	25:57	28:06	31:40	42:19	43:21	44:38	46:16
	MAROC		6:00	1:42	5:08	1:45	4:25	4:29	2:28	2:09	3:34	10:39	1:02	1:17	1:38
			49:20	54:00	56:26	1:03:32	1:05:15	1:07:08	1:08:44	1:10:59	1:11:47	1:12:02			
			3:04	4:40	2:26	7:06	1:43	1:53	1:36	2:15	0:48	0:15			
4	Murray Anderson	1:12:24	4:14	6:29	8:51	10:44	14:49	22:48	25:50	28:39	32:23	40:50	42:09	43:50	45:39
	GRAMP		4:14	2:15	2:22	1:53	4:05	7:59	3:02	2:49	3:44	8:27	1:19	1:41	1:49
			48:13	54:07	56:11	1:00:47	1:02:44	1:05:39	1:08:31	1:11:02	1:12:06	1:12:24			
			2:34	5:54	2:04	4:36	1:57	2:55	2:52	2:31	1:04	0:18			
5	Trevor Ricketts	1:14:17	4:35	6:09	9:40	11:33	16:51	21:06	24:09	26:55	31:39	40:57	43:01	44:47	46:22
	MAROC		4:35	1:34	3:31	1:53	5:18	4:15	3:03	2:46	4:44	9:18	2:04	1:46	1:35
			50:17	56:53	58:48	1:03:51	1:06:09	1:08:40	1:10:19	1:12:55	1:13:56	1:14:17			
			3:55	6:36	1:55	5:03	2:18	2:31	1:39	2:36	1:01	0:21			
6	Tim Sands	1:16:21	4:50	6:22	9:23	11:35	16:01	21:14	23:44	26:22	28:55	37:17	38:55	40:28	44:23
	BASOC		4:50	1:32	3:01	2:12	4:26	5:13	2:30	2:38	2:33	8:22	1:38	1:33	3:55
			47:51	56:21	57:55	1:04:36	1:06:00	1:08:58	1:11:45	1:14:42	1:15:53	1:16:21			
			3:28	8:30	1:34	6:41	1:24	2:58	2:47	2:57	1:11	0:28			
7	Lesley Gomersall	1:16:27	5:24	7:07	10:52	12:54	18:07	23:03	25:31	28:44	31:40	41:06	42:21	44:20	46:20
	GRAMP		5:24	1:43	3:45	2:02	5:13	4:56	2:28	3:13	2:56	9:26	1:15	1:59	2:00
			49:23	57:04	58:38	1:04:50	1:07:04	1:09:49	1:12:49	1:15:09	1:16:06	1:16:27			
			3:03	7:41	1:34	6:12	2:14	2:45	3:00	2:20	0:57	0:21			
8	Ewan Mcmillan	1:17:44	3:55	6:45	9:18	11:13	16:09	22:36	24:32	28:16	30:28	39:34	40:43	42:04	43:20
	MAROC		3:55	2:50	2:33	1:55	4:56	6:27	1:56	3:44	2:12	9:06	1:09	1:21	1:16
			47:03	1:02:12	1:03:46	1:08:34	1:10:54	1:13:24	1:14:43	1:16:42	1:17:30	1:17:44			
			3:43	15:09	1:34	4:48	2:20	2:30	1:19	1:59	0:48	0:14			
9	Iain Barraclough	1:18:26	5:30	7:17	10:27	12:27	19:04	25:27	28:43	32:10	35:14	43:47	45:14	47:08	49:19
	GRAMP		5:30	1:47	3:10	2:00	6:37	6:23	3:16	3:27	3:04	8:33	1:27	1:54	2:11
			53:10	59:39	1:01:46	1:07:11	1:09:00	1:12:03	1:14:19	1:16:59	1:18:06	1:18:26			
			3:51	6:29	2:07	5:25	1:49	3:03	2:16	2:40	1:07	0:20			
10	Evelyn Mason	1:22:26	4:35	6:18	10:03	12:40	19:13	24:34	28:07	30:54	34:39	45:49	47:29	49:33	51:15
	MAROC		4:35	1:43	3:45	2:37	6:33	5:21	3:33	2:47	3:45	11:10	1:40	2:04	1:42
			54:54	1:02:56	1:04:54	1:11:49	1:13:40	1:16:36	1:18:40	1:20:58	1:22:03	1:22:26			
			3:39	8:02	1:58	6:55	1:51	2:56	2:04	2:18	1:05	0:23			
11	Sonia Armitage	1:31:28	5:13	6:59	9:40	11:39	16:02	20:35	23:21	27:58	30:45	49:03	50:24	52:02	53:50
	GRAMP		5:13	1:46	2:41	1:59	4:23	4:33	2:46	4:37	2:47	18:18	1:21	1:38	1:48
			56:41	1:09:57	1:12:00	1:17:16	1:19:24	1:23:39	1:26:09	1:30:07	1:31:05	1:31:28			
			2:51	13:16	2:03	5:16	2:08	4:15	2:30	3:58	0:58	0:23			
12	Helen Rowlands	1:42:09	5:49	8:06	12:18	15:12	21:53	28:38	31:47	35:08	38:56	51:41	53:36	56:00	58:42
	GRAMP		5:49	2:17	4:12	2:54	6:41	6:45	3:09	3:21	3:48	12:45	1:55	2:24	2:42
			1:02:50	1:18:23	1:20:47	1:27:23	1:30:04	1:33:47	1:36:11	1:39:45	1:41:37	1:42:09			
			4:08	15:33	2:24	6:36	2:41	3:43	2:24	3:34	1:52	0:32			
	Jon Hollingdale	mp	3:43	5:00	7:34	9:02	-----	16:12	18:05	20:24	23:35	29:04	30:15	31:24	34:06
	JOK		3:43	1:17	2:34	1:28		7:10	1:53	2:19	3:11	5:29	1:11	1:09	2:42
			36:34	48:45	50:08	53:40	54:55	56:38	59:08	1:00:54	1:01:50	1:02:09		12:50	
			2:28	12:11	1:23	3:32	1:15	1:43	2:30	1:46	0:56	0:19		*161	
	Iain Shanks	mp	-----	9:57	14:01	18:57	25:54	31:28	34:28	38:44	46:24	55:51	57:18	59:21	1:01:42
				9:57	4:04	4:56	6:57	5:34	3:00	4:16	7:40	9:27	1:27	2:03	2:21
			1:05:59	1:18:02	1:20:06	1:28:10	1:31:25	1:34:49	1:38:00	1:41:13	1:43:35	1:43:59			
			4:17	12:03	2:04	8:04	3:15	3:24	3:11	3:13	2:22	0:24			
	David Bryant	dnf	7:13	9:36	13:12	15:49	24:10	32:24	36:29	42:04	57:36	-----	-----	-----	-----
	MAROC		7:13	2:23	3:36	2:37	8:21	8:14	4:05	5:35	15:32				
			-----	-----	-----	-----	-----	-----	1:16:29	-----	1:23:41	1:24:22			
									18:53		7:12	0:41			

os.	Name	Time													
Blue (16)			6.6 km 180 m 22 C Blue												
			1(138)	2(106)	3(248)	4(247)	5(96)	6(241)	7(246)	8(139)	9(155)	10(236)	11(239)	12(238)	13(235)
			14(237)	15(243)	16(244)	17(245)	18(240)	19(154)	20(232)	21(43)	22(230)	F			
	Neil O'Gorman TAY	dnf	5:59	7:31	10:57	12:53	17:54	23:46	27:18	30:24	34:22	46:50	49:20	51:38	57:39
			5:59	1:32	3:26	1:56	5:01	5:52	3:32	3:06	3:58	12:28	2:30	2:18	6:01
			1:09:17	----	----	----	----	----	----	----	----				
			11:38												
Brown (15)			8.6 km 225 m 26 C Brown												
			1(138)	2(106)	3(248)	4(247)	5(221)	6(157)	7(140)	8(103)	9(156)	10(162)	11(43)	12(154)	13(244)
			14(243)	15(241)	16(246)	17(159)	18(139)	19(155)	20(239)	21(238)	22(235)	23(237)	24(234)	25(232)	26(230)
			F												
1	Ali Robertson GRAMP	1:07:32	3:40	4:54	7:14	8:40	11:34	13:03	14:34	18:48	20:23	25:02	27:43	31:06	36:04
			3:40	1:14	2:20	1:26	2:54	1:29	1:31	4:14	1:35	4:39	2:41	3:23	4:58
			37:35	41:12	43:07	45:09	46:35	48:51	56:15	57:25	59:14	1:01:40	1:04:23	1:06:03	1:07:18
			1:31	3:37	1:55	2:02	1:26	2:16	7:24	1:10	1:49	2:26	2:43	1:40	1:15
			1:07:32												
			0:14												
2	Roger Coombs MAROC	1:10:29	3:30	4:56	7:21	8:53	11:26	12:47	14:26	19:04	20:33	25:19	28:11	32:58	37:34
			3:30	1:26	2:25	1:32	2:33	1:21	1:39	4:38	1:29	4:46	2:52	4:47	4:36
			39:09	42:40	44:45	47:00	48:38	50:43	59:13	1:00:19	1:01:37	1:03:47	1:06:58	1:08:40	1:10:09
			1:35	3:31	2:05	2:15	1:38	2:05	8:30	1:06	1:18	2:10	3:11	1:42	1:29
			1:10:29												
			0:20												
3	Alistair Walker MAROC	1:17:57	3:37	5:41	9:06	11:21	14:22	15:54	17:28	22:14	24:04	29:21	32:27	36:16	42:49
			3:37	2:04	3:25	2:15	3:01	1:32	1:34	4:46	1:50	5:17	3:06	3:49	6:33
			44:37	48:48	50:51	53:21	55:17	57:38	1:05:34	1:07:04	1:08:39	1:11:19	1:14:18	1:16:06	1:17:41
			1:48	4:11	2:03	2:30	1:56	2:21	7:56	1:30	1:35	2:40	2:59	1:48	1:35
			1:17:57												
			0:16												
4	Eddie Harwood MOR	1:21:15	4:06	5:35	8:14	10:00	12:57	14:27	16:11	21:02	22:24	27:35	30:23	34:40	40:17
			4:06	1:29	2:39	1:46	2:57	1:30	1:44	4:51	1:22	5:11	2:48	4:17	5:37
			46:50	50:59	52:51	55:26	57:04	59:21	1:08:12	1:09:33	1:11:07	1:13:57	1:17:02	1:19:02	1:20:56
			6:33	4:09	1:52	2:35	1:38	2:17	8:51	1:21	1:34	2:50	3:05	2:00	1:54
			1:21:15												
			0:19												
5	Sam Gomersall GRAMP	1:24:18	4:30	6:00	8:32	10:37	15:43	17:25	19:10	23:54	26:05	31:27	34:23	38:06	44:58
			4:30	1:30	2:32	2:05	5:06	1:42	1:45	4:44	2:11	5:22	2:56	3:43	6:52
			48:14	52:03	54:37	57:42	59:10	1:02:41	1:12:04	1:13:19	1:15:01	1:17:43	1:20:55	1:22:29	1:23:59
			3:16	3:49	2:34	3:05	1:28	3:31	9:23	1:15	1:42	2:42	3:12	1:34	1:30
			1:24:18												
			0:19												
6	Gareth Yardley GRAMP	1:26:00	4:12	5:35	9:06	10:41	13:44	15:09	16:59	22:40	24:21	29:36	32:36	37:07	43:16
			4:12	1:23	3:31	1:35	3:03	1:25	1:50	5:41	1:41	5:15	3:00	4:31	6:09
			45:35	51:02	52:57	55:34	57:09	59:46	1:10:08	1:11:29	1:13:19	1:16:21	1:21:25	1:23:59	1:25:41
			2:19	5:27	1:55	2:37	1:35	2:37	10:22	1:21	1:50	3:02	5:04	2:34	1:42
			1:26:00												
			0:19												
7	Robert Daly GRAMP	1:27:38	4:16	5:41	8:12	10:09	13:37	15:11	17:11	22:28	23:50	29:56	33:07	37:57	44:16
			4:16	1:25	2:31	1:57	3:28	1:34	2:00	5:17	1:22	6:06	3:11	4:50	6:19
			46:15	50:46	53:31	56:19	58:10	1:01:08	1:11:54	1:13:22	1:16:07	1:19:04	1:23:09	1:25:37	1:27:16
			1:59	4:31	2:45	2:48	1:51	2:58	10:46	1:28	2:45	2:57	4:05	2:28	1:39
			1:27:38												
			0:22												
8	Ian Hamilton GRAMP	1:30:29	4:44	6:14	8:51	10:40	14:05	15:58	18:01	24:02	25:46	32:46	36:03	40:44	47:18
			4:44	1:30	2:37	1:49	3:25	1:53	2:03	6:01	1:44	7:00	3:17	4:41	6:34
			50:25	54:37	59:25	1:02:07	1:03:47	1:06:22	1:17:08	1:18:31	1:20:20	1:23:23	1:26:18	1:28:23	1:30:05
			3:07	4:12	4:48	2:42	1:40	2:35	10:46	1:23	1:49	3:03	2:55	2:05	1:42
			1:30:29												
			0:24												

