A-Day2 (17) — 24.8 km 1160 m 18 C

Pl	Name	Time	1(117) 14(129)	2(119) 15(214)	3(122) 16(218)	4(115) 17(219)	5(125) 18(212)	6(114) F	7(104)	8(110)	9(208)	10(148)	11(146)	12(139)	13(137)
1	**Strain, Murray**	**3:15:21**	**16:49** ***16:49*** **3:01:12** ***3:42***	**47:32** ***30:43*** **3:05:25** ***4:13***	**1:14:42** ***27:10*** **3:10:22** ***4:57***	**1:36:03** ***21:21*** **3:13:18** ***2:56***	**1:57:25** ***21:22*** **3:14:55** ***1:37***	**2:22:02** ***24:37*** **3:15:21** ***0:26***	**2:36:38** 14:36	**2:42:47** 6:09	**2:47:42** 4:55	**2:50:12** ***2:30***	**2:53:00** ***2:48***	**2:55:14** ***2:14***	**2:57:30** ***2:16***
2	**Keith, Alec**	**3:55:47**	19:18 19:18 3:30:06 4:29	52:04 32:46 3:35:57 5:51	1:26:22 34:18 3:42:10 6:13	1:49:39 23:17 3:51:54 9:44	2:13:31 23:52 3:54:56 3:02	2:47:00 33:29 3:55:47 0:51	3:00:17 13:17	3:06:45 6:28	3:11:42 4:57	3:15:00 3:18	3:19:06 4:06	3:22:19 3:13	3:25:37 3:18
3	**Fallas, Andrew**	**3:57:16**	18:53 18:53 3:33:30 4:07	54:44 35:51 3:38:58 5:28	1:28:11 33:27 3:45:03 6:05	1:50:50 22:39 3:54:41 9:38	2:20:50 30:00 3:56:42 2:01	2:49:40 28:50 3:57:16 0:34	3:03:12 13:32	3:09:31 6:19	3:13:50 ***4:19***	3:18:16 4:26	3:22:29 4:13	3:25:32 3:03	3:29:23 3:51
4	**Kitchin, Andy**	**4:01:03**	20:12 20:12 3:35:17 4:55	54:33 34:21 3:41:44 6:27	1:22:47 28:14 3:50:40 8:56	1:44:51 22:04 3:56:59 6:19	2:12:28 27:37 4:00:16 3:17	2:45:14 32:46 4:01:03 0:47	3:02:06 16:52	3:09:18 7:12	3:15:43 6:25	3:19:19 3:36	3:24:01 4:42	3:27:24 3:23	3:30:22 2:58
5	**Miles, Gavin**	**4:11:36**	22:03 22:03 3:51:45 6:31	1:01:43 39:40 3:57:33 5:48	1:31:59 30:16 4:05:22 7:49	1:58:00 26:01 4:08:59 3:37	2:30:24 32:24 4:11:02 2:03	3:03:59 33:35 4:11:36 0:34	3:16:35 ***12:36***	3:23:03 6:28	3:28:15 5:12	3:33:47 5:32	3:37:46 3:59	3:42:25 4:39	3:45:14 2:49
6	**Harris, Mark+Adam**	**4:24:45**	26:35 26:35 3:59:51 4:41	1:08:44 42:09 4:07:01 7:10	1:41:55 33:11 4:14:05 7:04	2:11:53 29:58 4:19:25 5:20	2:42:12 30:19 4:24:04 4:39	3:16:19 34:07 4:24:45 0:41	3:29:00 12:41	3:34:48 ***5:48***	3:39:59 5:11	3:43:59 4:00	3:48:14 4:15	3:51:20 3:06	3:55:10 3:50
7	**Hill, Tessa**	**4:26:30**	22:18 22:18 4:08:32 4:15	1:04:49 42:31 4:14:00 5:28	1:42:22 37:33 4:19:52 5:52	2:10:13 27:51 4:23:45 3:53	2:45:49 35:36 4:25:53 2:08	3:20:27 34:38 4:26:30 0:37	3:36:02 15:35	3:43:28 7:26	3:49:20 5:52	3:53:47 4:27	3:57:24 3:37	4:00:43 3:19	4:04:17 3:34
8	**Cushion, Toby**	**4:35:47**	24:55 24:55 4:16:48 4:21	1:15:57 51:02 4:22:27 5:39	1:53:39 37:42 4:28:42 6:15	2:22:16 28:37 4:32:48 4:06	2:52:05 29:49 4:35:07 2:19	3:27:26 35:21 4:35:47 0:40	3:42:06 14:40	3:50:01 7:55	3:55:18 5:17	4:01:53 6:35	4:05:52 3:59	4:08:52 3:00	4:12:27 3:35
9	**Yardley, Gareth**	**4:46:03**	24:13 24:13 4:21:31 5:25	1:06:02 41:49 4:28:44 7:13	1:43:14 37:12 4:37:02 8:18	2:11:47 28:33 4:42:20 5:18	2:51:37 39:50 4:45:14 2:54	3:27:06 35:29 4:46:03 0:49	3:44:23 17:17	3:52:21 7:58	3:59:13 6:52	4:04:31 5:18	4:09:10 4:39	4:12:34 3:24	4:16:06 3:32
10	**Ryan Campbell, Ruth Crewe**	**5:05:39**	25:33 25:33 4:42:02 5:40	1:08:50 43:17 4:50:03 8:01	1:47:05 38:15 4:58:33 8:30	2:17:08 30:03 5:02:43 4:10	2:57:06 39:58 5:05:01 2:18	3:39:45 42:39 5:05:39 0:38	3:57:12 17:27	4:05:01 7:49	4:10:46 5:45	4:22:00 11:14	4:28:44 6:44	4:32:24 3:40	4:36:22 3:58
11	**F Thompson, J Higginbottom**	**5:09:14**	28:57 28:57 4:45:16 5:02	1:16:24 47:27 4:53:04 7:48	1:55:49 39:25 5:01:41 8:37	2:28:02 32:13 5:06:22 4:41	3:01:26 33:24 5:08:35 2:13	3:43:17 41:51 5:09:14 0:39	4:01:06 17:49	4:09:16 8:10	4:15:00 5:44	4:27:30 12:30	4:32:07 4:37	4:35:55 3:48	4:40:14 4:19
12	**Thompson, Dave**	**5:20:07**	25:48 25:48 4:42:03 19:20	1:09:41 43:53 4:55:08 13:05	1:53:13 43:32 5:09:12 14:04	2:21:05 27:52 5:14:06 4:54	2:53:23 32:18 5:19:24 5:18	3:35:39 42:16 5:20:07 0:43	3:51:48 16:09	3:59:25 7:37	4:04:54 5:29	4:09:45 4:51	4:15:03 5:18	4:18:49 3:46	4:22:43 3:54
13	**Jeff P Davies, Graham Ansell**	**5:20:18**	27:18 27:18 4:54:15 5:38	1:19:37 52:19 5:01:45 7:30	2:03:06 43:29 5:10:10 8:25	2:33:52 30:46 5:16:23 6:13	3:11:57 38:05 5:19:42 3:19	3:54:05 42:08 5:20:18 0:36	4:12:13 18:08	4:21:33 9:20	4:29:09 7:36	4:34:33 5:24	4:39:46 5:13	4:44:11 4:25	4:48:37 4:26
14	**Lina Mardell, Alan Smith**	**6:17:14**	27:53 27:53 5:49:09 15:51	1:32:52 1:04:59 5:57:01 7:52	2:18:59 46:07 6:05:15 8:14	2:54:09 35:10 6:10:25 5:10	3:38:51 44:42 6:16:25 6:00	4:20:22 41:31 6:17:14 0:49	4:45:16 24:54	4:56:16 11:00	5:02:49 6:33	5:10:43 7:54	5:23:31 12:48	5:28:53 5:22	5:33:18 4:25
15	**Smith, Stuart**	**6:57:29**	29:49 29:49 6:34:09 5:33	1:19:41 49:52 6:41:45 7:36	2:14:52 55:11 6:47:50 6:05	3:02:01 47:09 6:55:04 7:14	3:39:47 37:46 6:56:56 1:52	4:38:33 58:46 6:57:29 0:33	5:34:18 55:45	5:42:08 7:50	5:48:23 6:15	6:15:07 26:44	6:20:01 4:54	6:23:36 3:35	6:28:36 5:00
	Pearce, Simon	**mp**	----- 3:47:10 24:45	----- 4:03:05 15:55	37:59 37:59 4:16:15 13:10	1:11:17 33:18 4:43:58 27:43	1:50:36 39:19 4:47:01 3:03	2:31:48 41:12 4:47:48 0:47	2:47:48 16:00	2:56:48 9:00 *4:10:57* **217*	3:03:20 6:32	3:08:40 5:20	3:13:59 5:19	3:18:16 4:17	3:22:25 4:09
	McLeod, Alasdair	**dnf**	19:15 19:15 -----	51:26 32:11 -----	----- ----- -----	----- ----- -----	----- ----- -----	-----	-----	-----	-----	-----	-----	-----	-----

B-Day2 (14) 22.1 km 1020 m 16 C

Pl	Name	Time	1(117)	2(119)	3(115)	4(127)	5(114)	6(104)	7(110)	8(208)	9(148)	10(147)	11(139)	12(137)	13(128)
			14(217)	15(220)	16(212)	F									
1	**Gomersall, Tim+Jack**	**4:01:24**	26:23	1:10:00	2:10:11	2:28:55	2:55:02	**3:09:23**	**3:17:35**	**3:24:00**	**3:28:03**	**3:30:48**	**3:33:28**	**3:36:20**	**3:44:31**
			26:23	***43:37***	1:00:11	***18:44***	***26:07***	***14:21***	8:12	6:25	***4:03***	***2:45***	***2:40***	***2:52***	***8:11***
			3:53:06	**3:58:33**	**4:00:36**	**4:01:24**									
			8:35	***5:27***	***2:03***	0:48									
2	**Largey, Ciara**	**4:08:07**	**21:12**	**1:07:09**	**2:05:40**	**2:25:15**	**2:52:12**	3:15:02	3:22:34	3:28:36	3:33:16	3:36:08	3:39:02	3:41:58	3:50:47
			21:12	45:57	***58:31***	19:35	26:57	22:50	***7:32***	6:02	4:40	2:52	2:54	2:56	8:49
			3:59:33	4:05:14	4:07:28	4:08:07									
			8:46	5:41	2:14	0:39									
3	**Hickling, Robert**	**4:30:09**	25:38	1:09:40	2:18:33	2:39:23	3:07:35	3:26:14	3:36:00	3:46:05	3:51:12	3:54:37	3:58:06	4:01:32	4:10:37
			25:38	44:02	1:08:53	20:50	28:12	18:39	9:46	10:05	5:07	3:25	3:29	3:26	9:05
			4:19:59	4:27:11	4:29:34	4:30:09									
			9:22	7:12	2:23	***0:35***									
4	**Frame, David**	**4:39:11**	26:38	1:17:34	2:24:46	2:52:03	3:18:20	3:37:14	3:46:35	3:52:49	4:03:38	4:06:44	4:10:00	4:13:55	4:22:24
			26:38	50:56	1:07:12	27:17	26:17	18:54	9:21	6:14	10:49	3:06	3:16	3:55	8:29
			4:30:10	4:36:21	4:38:33	4:39:11									
			7:46	6:11	2:12	0:38									
5	**Carmen Elphick, Simon Caldwell**	**4:49:22**	28:46	1:19:49	2:32:43	2:57:06	3:27:10	3:45:24	3:55:11	4:03:04	4:09:59	4:13:41	4:17:24	4:20:43	4:29:14
			28:46	51:03	1:12:54	24:23	30:04	18:14	9:47	7:53	6:55	3:42	3:43	3:19	8:31
			4:39:21	4:46:11	4:48:46	4:49:22									
			10:07	6:50	2:35	0:36									
6	**Matthews, Steve**	**5:11:53**	29:39	1:32:06	2:48:50	3:14:54	3:46:40	4:05:10	4:13:19	4:18:50	4:27:04	4:30:02	4:35:04	4:38:45	4:48:47
			29:39	1:02:27	1:16:44	26:04	31:46	18:30	8:09	***5:31***	8:14	2:58	5:02	3:41	10:02
			5:01:39	5:08:34	5:11:15	5:11:53									
			12:52	6:55	2:41	0:38									
7	**Caroline Watt, Bob Elder**	**5:12:08**	30:06	1:24:25	2:50:08	3:15:05	3:43:07	4:05:44	4:16:10	4:23:25	4:28:40	4:32:15	4:36:26	4:40:09	4:51:11
			30:06	54:19	1:25:43	24:57	28:02	22:37	10:26	7:15	5:15	3:35	4:11	3:43	11:02
			5:01:11	5:08:35	5:11:23	5:12:08									
			10:00	7:24	2:48	0:45									
8	**Fiona Kelsall, Alayne Finlay**	**5:13:01**	25:22	1:14:54	2:27:04	2:48:36	3:25:41	3:42:20	3:52:25	3:58:14	4:08:20	4:13:45	4:18:47	4:22:53	4:33:13
			25:22	49:32	1:12:10	21:32	37:05	16:39	10:05	5:49	10:06	5:25	5:02	4:06	10:20
			4:45:35	5:10:00	5:12:19	5:13:01									
			12:22	24:25	2:19	0:42									
9	**Keneth Clarke, Jon Shepherd**	**5:16:51**	30:26	1:25:37	2:49:30	3:14:23	3:47:08	4:07:49	4:17:39	4:24:41	4:31:10	4:34:36	4:39:30	4:44:04	4:54:38
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			5:06:15	5:13:38	5:16:10	5:16:51									
			11:37	7:23	2:32	0:41									
10	**Des Crowe, Kate Friend**	**5:42:23**	32:49	1:31:16	2:50:19	3:18:55	3:51:19	4:10:06	4:20:44	4:27:44	4:33:05	4:36:49	5:04:19	5:07:45	5:18:08
			32:49	58:27	1:19:03	28:36	32:24	18:47	10:38	7:00	5:21	3:44	27:30	3:26	10:23
			5:28:04	5:38:28	5:41:36	5:42:23									
			9:56	10:24	3:08	0:47									
11	**Bruce Manning, Colin Larmour**	**6:09:47**	33:31	1:51:35	3:09:56	3:36:31	4:10:45	4:31:22	4:44:25	4:52:34	5:05:34	5:10:08	5:17:22	5:25:48	5:37:30
			33:31	1:18:04	1:18:21	26:35	34:14	20:37	13:03	8:09	13:00	4:34	7:14	8:26	11:42
			5:51:53	6:02:54	6:07:12	6:09:47									
			14:23	11:01	4:18	2:35									
12	**Matthews, Peter**	**6:29:10**	32:07	1:34:20	2:59:53	3:34:23	4:15:37	4:44:57	4:58:05	5:07:12	5:23:24	5:29:13	5:35:25	5:40:55	5:56:46
			32:07	1:02:13	1:25:33	34:30	41:14	29:20	13:08	9:07	16:12	5:49	6:12	5:30	15:51
			6:13:24	6:23:59	6:28:14	6:29:10									
			16:38	10:35	4:15	0:56									
13	**John Hamer, Julia Connor**	**7:18:38**	30:23	2:14:55	4:19:07	4:43:31	5:26:10	5:58:07	6:07:20	6:13:27	6:22:40	6:27:17	6:32:41	6:37:20	6:48:37
			30:23	1:44:32	2:04:12	24:24	42:39	31:57	9:13	6:07	9:13	4:37	5:24	4:39	11:17
			6:59:34	7:14:25	7:17:39	7:18:38									
			10:57	14:51	3:14	0:59									
	Eades, David	**dnf**	28:43	1:25:00	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			28:43	56:17											
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C-Day2 (11) 17.8 km 675 m 15 C

Pl	Name	Time	1(118)	2(122)	3(116)	4(115)	5(106)	6(104)	7(110)	8(208)	9(148)	10(147)	11(137)	12(135)	13(128)
			14(217)	15(212)	F										
1	**Stockton, Mark**	**2:59:14**	20:29	49:29	1:24:35	1:41:46	2:02:58	2:13:33	2:21:10	2:26:42	**2:29:58**	**2:32:53**	**2:36:48**	**2:40:33**	**2:45:11**
			20:29	29:00	35:06	17:11	***21:12***	10:35	7:37	***5:32***	***3:16***	2:55	3:55	3:45	4:38
			2:53:19	**2:58:45**	**2:59:14**										
			8:08	5:26	***0:29***										
2	**Rudge, Malcolm**	**3:03:41**	**19:14**	48:26	**1:19:04**	**1:36:13**	**2:02:15**	**2:10:39**	**2:17:48**	**2:23:23**	2:33:56	2:36:27	2:40:09	2:43:45	2:48:22
			19:14	29:12	***30:38***	***17:09***	26:02	***8:24***	***7:09***	5:35	10:33	***2:31***	***3:42***	3:36	4:37
			2:56:48	3:03:12	3:03:41										
			8:26	6:24	***0:29***										
3	**Oliver Kenyon, Al Donnelly**	**3:08:22**	20:49	***47:45***	1:23:09	1:41:29	2:08:30	2:18:20	2:26:23	2:31:58	2:35:48	2:38:23	2:42:09	2:46:24	2:51:42
			20:49	***26:56***	35:24	18:20	27:01	9:50	8:03	5:35	3:50	2:35	3:46	4:15	5:18
			3:01:29	3:07:51	3:08:22										
			9:47	6:22	0:31										
4	**Gomersall, Sam**	**3:09:11**	24:44	55:50	1:32:27	1:50:40	2:12:13	2:23:01	2:31:36	2:37:33	2:41:21	2:44:05	2:47:51	2:51:25	2:55:42
			24:44	31:06	36:37	18:13	21:33	10:48	8:35	5:57	3:48	2:44	3:46	***3:34***	***4:17***
			3:03:16	3:08:34	3:09:11										
			7:34	***5:18***	0:37										
5	**Dunn, Sarah**	**3:15:58**	21:47	51:56	1:32:15	1:50:02	2:12:41	2:23:02	2:31:44	2:38:15	2:43:54	2:46:53	2:50:55	2:54:54	3:00:40
			21:47	30:09	40:19	17:47	22:39	10:21	8:42	6:31	5:39	2:59	4:02	3:59	5:46
			3:09:27	3:15:22	3:15:58										
			8:47	5:55	0:36										
6	**Parkes, Matthew**	**4:04:35**	25:18	1:04:33	1:51:05	2:10:30	2:45:04	2:58:06	3:08:48	3:16:57	3:26:04	3:30:13	3:35:06	3:39:54	3:45:33
			25:18	39:15	46:32	19:25	34:34	13:02	10:42	8:09	9:07	4:09	4:53	4:48	5:39
			3:57:08	4:03:50	4:04:35										
			11:35	6:42	0:45										
7	**Elaine Stewart, Gillian Clunas**	**4:35:16**	29:31	1:09:55	2:06:03	2:29:57	3:07:35	3:20:40	3:30:47	3:37:36	3:46:03	3:50:01	3:54:59	3:59:55	4:05:43
			29:31	40:24	56:08	23:54	37:38	13:05	10:07	6:49	8:27	3:58	4:58	4:56	5:48
			4:22:00	4:34:17	4:35:16										
			16:17	12:17	0:59										
8	**Strachan, Brian+Alan**	**4:39:22**	29:54	1:10:06	2:02:13	2:25:23	3:11:27	3:28:12	3:38:09	3:46:11	3:51:33	3:54:52	4:00:27	4:05:36	4:11:34
			29:54	40:12	52:07	23:10	46:04	16:45	9:57	8:02	5:22	3:19	5:35	5:09	5:58
			4:23:22	4:38:36	4:39:22										
			11:48	15:14	0:46										
9	**Anita Hamilton, Lynn Smith**	**4:52:13**	37:32	1:21:11	2:17:52	2:38:42	3:12:15	3:30:31	3:41:17	3:47:50	3:58:26	4:02:28	4:07:59	4:13:59	4:21:07
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			4:35:04	4:51:09	4:52:13										
			13:57	16:05	1:04										
10	**Iain Shanks, John Rtchie**	**5:08:55**	29:23	1:12:24	2:13:40	2:36:10	3:22:47	3:40:22	3:53:45	4:01:44	4:08:59	4:16:24	4:24:01	4:31:30	4:38:17
			29:23	43:01	1:01:16	22:30	46:37	17:35	13:23	7:59	7:15	7:25	7:37	7:29	6:47
			4:51:25	5:07:39	5:08:55										
			13:08	16:14	1:16										
	Paterson, Jeff+Sarah	**dnf**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			-----	-----											