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Course A

Position	Name	Category	Day 1			Day 2			Combined Total	
			Forest	Hill	Total	Hill	Forest	Total		
1	Murray Strain	M	00:24:02	02:40:22	03:04:24	02:47:42	00:27:39	03:15:21	06:19:45	
2	Andy Kitchin	M	00:24:44	03:10:16	03:35:00	03:15:43	00:45:20	04:01:03	07:36:03	
3	Alec Keith	MV	00:30:22	03:11:57	03:42:19	03:11:42	00:44:05	03:55:47	07:38:06	
4	Gavin Miles	M	00:25:42	03:15:15	03:40:57	03:28:15	00:43:21	04:11:36	07:52:33	
5	Andrew Fallas	M	00:43:36	03:40:24	04:24:00	03:13:50	00:43:26	03:57:16	08:21:16	
6	Tessa Hill	F	00:28:20	03:39:44	04:08:04	03:49:20	00:37:10	04:26:30	08:34:34	
7	Gareth Yardley	MV	00:32:41	03:37:31	04:10:12	03:59:13	00:46:50	04:46:03	08:56:15	
8	Toby Cushion	M	00:37:19	03:48:03	04:25:22	03:55:18	00:40:29	04:35:47	09:01:09	
9	Mark & Adam	Harris	M	00:58:49	04:16:14	05:15:03	03:39:59	00:44:46	04:24:45	09:39:48
10	Dave Thompson	Thompson	M	00:41:38	03:52:01	04:33:39	04:04:54	01:15:13	05:20:07	09:53:46
11	Jacqueline Higginbottom	Fabienne Thompson	FV	00:44:55	04:23:16	05:08:11	04:15:00	00:54:14	05:09:14	10:17:25
12	Graham Ansell	Jeff Powell Davies	M	00:44:43	04:28:45	05:13:28	04:29:09	00:51:09	05:20:18	10:33:46
13	Alan Smith	Lina Mardell	MIXV	00:52:43	04:43:34	05:36:17	05:02:49	01:14:25	06:17:14	11:53:31
14	Stuart Smith		M	00:41:46	05:03:42	05:45:28	05:48:23	01:09:06	06:57:29	12:42:57
15	Ruth Crewe	Ryan Campbell	MIX	00:41:37	06:56:19	07:37:56	04:10:46	00:54:53	05:05:39	12:43:35
16	Simon Pearce		M	00:51:08	04:48:16	05:39:24	mp			
17	Alasdair McLeod		M	00:21:37	02:42:49	03:04:26	ret			
18	Gary Morrison		MV	00:36:16	05:33:09	06:09:25	ret			

Course B

Position	Name	Category	Day 1			Day 2			Combined Total	
			Forest	Hill	Total	Hill	Forest	Total		
1	Tim & Jack	Gomersall	M	00:20:01	03:28:27	03:48:28	03:28:03	00:33:21	04:01:24	07:49:52
2	Ciara Largey		F	00:23:02	03:47:56	04:10:58	03:33:16	00:34:51	04:08:07	08:19:05
3	Robert Hickling		MV	00:24:00	03:41:11	04:05:11	03:51:12	00:38:57	04:30:09	08:35:20
4	David Frame		MV	00:25:50	04:06:34	04:32:24	04:03:38	00:35:33	04:39:11	09:11:35
5	Simon Caldwell	Carmen Elphick	MIX	00:36:13	04:18:41	04:54:54	04:09:59	00:39:23	04:49:22	09:44:16
6	Alayne Finlay	Fiona Kelsall	F	00:36:28	04:12:18	04:48:46	04:08:20	01:04:41	05:13:01	10:01:47
7	Bob Elder	Caroline Watt	MIXV	00:28:57	04:24:23	04:53:20	04:28:40	00:43:28	05:12:08	10:05:28

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8 Jonathan Shepherd	Kenneth Clarke	MV	00:33:34	04:16:48	04:50:22	04:31:10	00:45:41	05:16:51	10:07:13
9 Steve Matthews		M	00:40:32	04:17:10	04:57:42	04:27:04	00:44:49	05:11:53	10:09:35
10 Kate Friend	Des Crowe	MIXV	00:36:32	04:26:16	05:02:48	04:33:05	01:09:18	05:42:23	10:45:11
11 Colin Larmour	Bruce Manning	MV	00:32:55	04:52:01	05:24:56	05:05:34	01:04:13	06:09:47	11:34:43
12 Peter Matthews		MV	00:59:25	05:22:25	06:21:50	05:23:24	01:05:46	06:29:10	12:51:00
13 Julia Connor	John Hamer	MIX	00:43:21	05:24:15	06:07:36	06:22:40	00:55:58	07:18:38	13:26:14
14 David Eades		MV	00:26:50	03:52:11	04:19:01	ret			

Course C

Position Name

Position Name	Category	Day 1			Day 2			Combined Total	
		Forest	Hill	Total	Hill	Forest	Total		
1 Malcolm Rudge	MIX	00:21:29	03:07:34	03:29:03	02:33:56	00:29:45	03:03:41	06:32:44	
2 Mark Stockton	M	00:21:40	03:15:47	03:37:27	02:29:58	00:29:16	02:59:14	06:36:41	
3 Sam Gomersall	MV	00:17:12	03:19:38	03:36:50	02:41:21	00:27:50	03:09:11	06:46:01	
4 Sarah Dunn	F	00:18:40	03:29:40	03:48:20	02:43:54	00:32:04	03:15:58	07:04:18	
5 Alasdair Donnelly	Oliver Kenyon	M	00:24:42	03:51:55	04:16:37	02:35:48	00:32:34	03:08:22	07:24:59
6 Matthew Parkes		M	00:25:51	04:08:33	04:34:24	03:26:04	00:38:31	04:04:35	08:38:59
7 Brian & Alan	Strachan	M	00:27:46	04:22:33	04:50:19	03:51:33	00:47:49	04:39:22	09:29:41
8 Gillian Clunas	Elaine Stewart	FV	00:24:16	04:40:50	05:05:06	03:46:03	00:49:13	04:35:16	09:40:22
9 John Ritchie	Iain Shanks	M	00:35:47	05:06:12	05:41:59	04:08:59	00:59:56	05:08:55	10:50:54
10 Lynn Smith	Anita Hamilton	FV	00:31:00	05:37:09	06:08:09	03:58:26	00:53:47	04:52:13	11:00:22
11 Jeff & Sarah	Paterson	MIX	00:33:38	05:44:23	06:18:01	ret			