



**GRAMPIAN
ORIENTEERS**

TELEGRAM

Jan
Feb
2012
ISSUE 177

YOUR CLUB



**NEEDS
YOU**



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See page
10



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Deeside Night Cup 2011/12

Starts: 6-7pm

Courses close: usually 7.30 -8pm

Seniors £4, Juniors/Students £2.50

Two courses: Long ~5km and Medium ~3km, both TD5

	Date	Area	GRAMP/ MAROC
7	18 th Jan	Ballogie NO 584972 Parking at lay-bys and on verge	M Andrew McMurtrie
8	25 th Jan	Raemoir NO 694995 Parking at Raemoir Hotel	G Sasha Chepelin
9	1 st Feb	Shooting Green NO 623960 Parking on track in forest (road access from NO622954)	M ??
10	8 th Feb	Forvie NK 033289 Parking at visitors centre	G Ian Hamilton
11	15 th Feb	Cambus NO 405981	M ??
12	22 nd Feb	Scolty NO688948	G David Kirk

Keep an eye on the website for any last minute changes to venues/parking etc.

COURSES: Long and Medium, both TD5 Green Standard so if you can't yet do a Green alone you'll need to ask an experienced night O officianado to shadow you.

TORCH HIRE: £2 per night, 2 torches available, contact Sam G/Iain M/Richard O.

DNC GRAMP COORDINATOR: Richard Oxlade richard.oxlade@btinternet.com.

SCOTTISH NIGHT ORIENTEERING CHAMPIONSHIPS GLEN DYE 25th FEBRUARY 2012

Online entries open now: www.oentries.com

Age classes with trophies and Open classes (for those of us who just can't get enough of the Night Stuff but aren't that good at it!!) including Novice
Richard Oxlade is planning and Organiser Sam Gomersall needs help on the day
so please email your offers to help to gomersalls@googlemail.com
Full details on www.grampoc.com

Chairman's Chat

CHAIRMAN'S CHAT – JANUARY 2012 - AGM REPORT (R)

(If you were at the AGM you can fast forward this bit or it might be better to refresh your memory so that when Pete accosts you at the next event and says "What did you think about xyz?" you can answer semi-intelligently! Ed)

Grampian Orienteers has continued to thrive as a club through 2011; we've maintained the number and expanded the range of events and activities we put on as a club ranging from Junior and Senior Training, weekend local events, the Deeside Night League, the Forest Sprint races (both of these jointly with Maroc), the ever popular Summer Series, new for 2011, the Urban Sprint Series, 'traditional' 7/8 course Sunday events (I still can't think of what we should call them!), a Scottish Orienteering League event, 'our' day at the Scottish 6 Days and again jointly with Maroc, the Veteran Home Internationals. Short of a World Cup race there not much more scope for expanding the levels we operate at!

That cycle has started again with the night league underway again already – it seems there is no end but then, all of a sudden, there's a week without an event and I feel bereft – or is that relieved?

I'd like to think that the range of styles of events provides something for all and gives a bit more variety to the sport; as ever the committee really need your input into the type and frequency of events we put on, especially in respect of the burden this places on those able to organise, plan and control events.

Looking back on the year, there continue to be excellent performances from individuals in major events (see page XXX) but I think it's fair to say that overall we're more of a 'participatory' club than elite performers (begging pardon for those that do fall into that category!) I guess that's just the way we are and I, for one, am happy with that approach - providing that's what you want. We could, for instance, go all out for competitive success by focussing all our efforts on talent spotting and development and gearing our competitions accordingly. Equally, we can go to the other extreme and aim for recreational rather than sporting activity. Again, let us know if you think we need a change in direction and we'll see if that's supported across the membership.

Of course, all the events we put on need officials to run them and other volunteers to put in place the training, administration and other 'back-room' activity that's needed to enable the events to happen and, generally, go without a hitch. I feel it's a bit unfair to pick out individuals because we have a pretty wide range of event officials these days but special mention should go to the teams putting on the three most prestigious events in 2011 – these generate the most workload and probably have the most pressure associated with them so many, many thanks to Richard Oxlade, Adrian Will, Ian Searle, Ewen Rennie, Rob Hickling, Kate Robertson, Paul Duley, Donald Grassie and Doug Guy who between them took on the major roles for the S6D, SOL and VHIs.

One area that I don't think the club often gets credit for is the contribution it gives to the sport in controlling events; sometimes it feels like barely a major event goes by in Scotland without a Gramp member involved and, of course, club members continue to fill roles with SOA and Scottish 6 Days Boards.

So, I'd like to think we've had another successful year but what for the future?

Next year brings a similar range of club events plus significant input into the Scottish Orienteering Championships with Gramp running the relays and a MTBO event, as well as providing controllers for the individual and a middle-distance race as part of a four day competition.

The committee members' minds are already looking further forward to 2013 and 2015. Gramp, along with Moravian, are the central organising clubs for the S6D in 2013 on the Moray coast. George Esson as Event Coordinator is already working hard on this and has a number of key officials in place but, given we are a much more populous club than Moravian, George will still be looking for volunteers to fill various posts, all of them vital to success but of varying levels of input and requiring different skills, so on his behalf please seek him out with an offer to help.

But beyond that even, Scottish and British Orienteering is looking forward to hosting the 2015 World Championships in the Inverness area and that, held alongside the S6D, will mean a massive commitment and I anticipate a lot of the burden will fall on Scottish Orienteers to make this a world class spectacle; we can do it and we can do it well, with innovation, style and professionalism but, of course that comes back to us as individuals in the sport to deliver.

No doubt, Donald Grassie as President of SOA is already working hard to map out what needs to be done and I, for one, will be seeking an opportunity to put a lot into that event which, we hope will provide a lasting legacy for orienteering in the north of Scotland. That's a round-about justification by the way, for confirming to you all that this coming year will be my last as Club Chairman.

In conclusion, thank you all for your contribution to the club this year and long may it continue! Pete

Following the speech we heard from Kevin that we still have money in the bank but that he wasn't prepared to fund a fact-finding trip for Helen to go to Australia with a view to forming a twinning link with a club called Goldseekers Orienteering so she'll just have to resort to email. We'll report progress on this on the website soon hopefully.

Evgueni suggested that we should make more of an effort to enter Relay teams at the big events this year and that when we tell him we're up for a run, maybe we could also suggest fellow team members we'd like to run with? He denied he was shirking his Captain's responsibilities and pointed out that this approach would help create more team spirit with like-minded (like-legged?) people grouping themselves together.

And , planners take note, there was some discussion about printing maps and types of waterproof paper so someone is going to investigate some alternatives and we'll keep you posted. Ed.

CLUB CONTACTS

* = committee member

Chairman	Pete Lawrence*	chairman@ grampoc.com
Secretary	Ian Hamilton *	secretary@ grampoc.com
Treasurer	Kevin Reynard*	treasurer@ grampoc.com
Mapping	Tim Griffin	mapping@ grampoc.com
Emit kit & club archive	Rob Hickling	historian@ grampoc.com

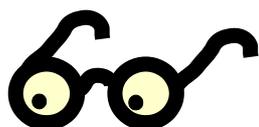
Fixtures		fixtures@ grampoc.com
Vacant (Fixtures Coordinator and Officials)		
Adrian Will (Fixtures Permissions)		
Adrian Will* (Fixtures Registration BOF)		

Membership	Jayne McGregor*	membership@ grampoc.com
Newsletter	Rachel Scott	newsletter@ grampoc.com
Website	Rachel Scott	webmaster@ grampoc.com
Coaching	Ali Robertson*	
Child Protection	Sean O'Sullivan*	
Social	Helen Anderson	
Publicity	Sam Gomersall*	

Or you can now use the contact forms on the website as well as these email addresses.

Have you spotted the "Follow" button bottom right on the new website where you can sign up to get new posts sent to you by email?

members@ grampoc.com if you want to share something with the rest of us but keep it O related please – car sharing, second hand kit, news of events you think we'd enjoy....



LOOK! A WHOLE EXTRA DAY THIS YEAR TO COME UP WITH SOMETHING FOR THE NEXT TG....

Deadline for articles, photos and news for next TG is 29th Feb please.
Emails to newsletter@ grampoc.com or post to 40 Ann St, Stonehaven, AB39 2DB

If you'd prefer to receive Telegramp in .pdf format rather than by post tell me (same contacts as above) and I'll add you to the list.

The advantages of .pdf are full colour version, you get it a few days earlier and you'll be helping the planet and club funds by saving on paper and postage.
The disadvantages? You can't read it in the bath while having a long, hot post-O soak unless you want to risk your iPad ;-)

50 EVENT CHALLENGE

Don't forget SOA's 50 Events Challenge to celebrate its 50th anniversary. Given that GRAMP runs or helps run 4 different Series, at least 4 Level C and the odd SOL each year this is almost achievable with GRAMP events alone!



- Events to be run in Scotland and be recognised registered event e.g. SOL, summer league
- Events valid from 16 April 2011 to 15 April 2012
- Course must be completed – retirees do not count
- Organisers, Planners and Controllers can count honorary events
- Mementoes for all “compleaters” and special prize draw
- Ratification by Development Officer. Please submit forms to Hilary@scottish-orienteering.org

You can download a form to log your events at www.scottish-orienteering.org/soa/page/50-years-50-events/

Food for thought from Ewen Rennie:

Trailblaze – arguments against this at <http://www.trail-blaze.co.uk/> but see other side at www.trail-blaze.com

Do you agree that it's a "completely nutty idea supposed to raise money but clearly just a waste of public money" or would you want to do one?

http://www.ramblers.org.uk/Campaigns+Policy/999_map

Some Ambulance Services can't process Grid references and ask for postcodes - anyone know the postcode of Bennachie or Hill of Fare? Event organisers take note and make sure you have a postcode as part of your rescue plan just in case.

If you use Streetmap you can pan and zoom to the point you want, click on the "Move Arrow" icon then click on the point you want the arrow to indicate, then click on the little link underneath the map where it says "Click here to covert to coordinates" and a window pops up with GR, postcode, Lat and Long. 'Int technology BRILLIANT?!! Ed.

Forestry Commission car park charges to be introduced – season ticket option

The Forestry Commission Scotland provide and maintain many facilities including car parking, toilets, Permanent Orienteering Courses (Kirkhill POC is back up and running by the way – get a map from the FCS website), mountain bike trails, guided walks and other activities. In order to help fund these they have decided to introduce car park charges at Kirkhill, Foggieton, Countesswells, Scolty, Bennachie Centre, Back of Bennachie, Culbin (Wellhill), Whiteash (Winding Walks) and Roseisle.

These charges will be approx £1 or £2 for most areas depending on how long you stay and you'll see new ticket machines springing up soon.

If we use FCS car parks for our events we will be expected to pay (same as Crathes Castle) so you might want to consider getting a season ticket for £30 which covers all FCS areas and the Huntly Peregrine Wildwatch Centre. Ring 01466 794161 or email moray&aberdeenshire@forestry@gsi.gov.uk to find out how to get one.

Taken from the BOF fixtures calendar and local clubs' websites as of 8th January.
 Bear in mind that things may change by the time the events happen so don't take this list as gospel truth and check on the relevant club's website (or ask a fellow Gramp to do so if you don't have access.) EOD = Entry on the Day EEE = Early Email Entry

JAN

14th Sat MOR River Lossie Saturday League

Parking next to caravan park or East Beach
 Yellow and TD3-4 ~3km £4/£3 moravianorienteering.org

15th Sun MAROC Glen O'Dee Level D GR NO684963

Reg: 10:30 – 12:30 EOD
 www.marocscotland.org.uk

21st/22nd EUOC Burns Weekend incorporating *SOUL 1 round Edinburgh and event on Arthurs Seat on Sunday.
<http://orienteering.eusu.ed.ac.uk/>

*SOUL = Scottish Orienteering Urban League.
 Check www.scottish-orienteering.org/soul/urban-league-2012.

29th Sun MAROC Ballogie Level D GR NO606971

Reg: 10:30 – 12:30 EOD
 www.marocscotland.org.uk

FEB

5th Sun MOR Darnaway Level C GR NH995533

Reg: 10:30 – 12:30 EOD or pre-enter at Oentries.com
 moravianorienteering.org

11th Sat MOR Inaugural Night O Roseisle

Parking in FCS carpark EOD 17:00 – 18:00 Light Green Std minimum required
 moravianorienteering.org

12th Sun INVOC Carse of Ardesier Level C GR NH813566 Nr Nairn

Reg: 10:30 – 12:30??? EOD
<http://www.invoc.org.uk/>

18th Sat MOR Fochabers Saturday League

Parking at Milnes High School
 Yellow and TD3-4 ~3km £4/£3 moravianorienteering.org

19th Sun STAG Faskally, CompassSport Cup Qualifier See page XXX

25th Sat GRAMP Glen Dye Level B Scottish Night O Championships See page 2

26th Sun GRAMP Scolty Level C GR NO687948

Reg 10:30 – 12:30 EOD or EEE
 GRAMP CHAMPS AND (JD)²C alifrobertson@ gmail.com to offer help please

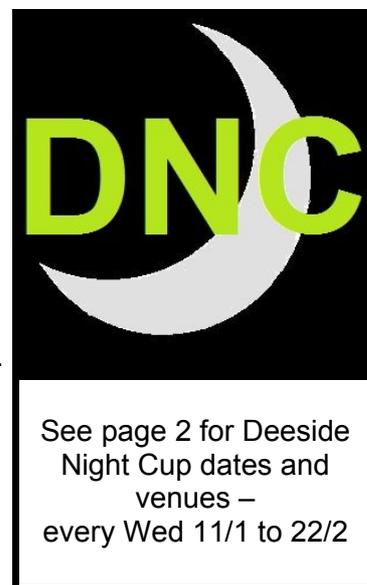
MAR

3rd/4th ESOC St Andrews Weekend incorporating Sprint Championships and *SOUL 2

www.esoc.org.uk/home

11th Sun MAROC Allt Cailleach Level C GR NO354948 Nr Ballater

Reg: 10:30 – 12:30 EOD or EEE www.marocscotland.org.uk
 GRAMP CHAMPS AND (JD)²C



MEMBERSHIP NEWS

from Jayne MacGregor

There are still a few of you yet to renew, which you should do using the forms you will have received from British orienteering a few months ago. If you've mislaid those forms you can renew online at or call the National office on 01629 734042.

If you decide not to renew this will be your last copy of Telegramp.

Membership Benefits

A reminder that quite a few of the outdoor/running shops in Aberdeen will give you discount on goods on production of your British Orienteering membership card eg Cotswold Camping in Union Square give 15% off non-sale items and the Running Shop at Holburn Junction give 10% off (I think). Just ask at the till.

Information about Pre-entry events

There are 4 major 'international' events happening relatively locally this year which will be open to everyone but which require members to pre-enter before the event. When you do you will need to set up an 'account' (with eg Oentries or Fabian4) which you can do using your membership number. For some of these events there will be a difference in entry fees between Local and National members, and please remember to choose the right age class if you've moved up this year (look on your membership card if you can't remember which membership category or age class you fall into in 2012)

Scottish Night Champs : 25th February (closing date 18th Feb) (Glen Dye near Banchory)

Details on the GRAMP website at <http://grampoc.com/2011/12/18/scottish-night-champs-glen-dye-25th-feb-2012/>

Jan Kjellström Festival (JK) : 6-9th April (closing date 11th March) (Various locations near Perth)

Details on the Scottish Orienteering website at <http://www.scottish-orienteering.org/jk2012/>
NB This is a 4 day event but you don't need to enter every day and in particular do not enter the relay day, look out for requests from Club Captain Evgueni if you'd like a relay run – GRAMP pays the fees – even better if you can form your own team with some club-mates

Scottish Champs : 2-5th June (closing date 20th May) (Various locations on Deeside)

Details on the Scottish Orienteering website at <http://www.scottish-orienteering.org/soc2012/>
NB This is a 5 day event but you don't need to enter every day and particular do not enter the relay day, look out for requests from Club Captain Evgueni if you'd like a relay run – GRAMP pays the fees – even better if you can form your own team with some club-mates

World Trail O Champs : 6th – 9th June (Various locations near Dundee and North Fife)

Details on the British Orienteering website at <http://www.britishorienteering.org.uk/page/WTOC2012>
Although most of the races are closed to regular orienteers there are some model and open races

NB GRAMP members will be asked to help at all these events in some form or another so if you can spare the time please volunteer – it really is great fun - and there will be jobs to suit all ages and levels of experience.

In addition here are the dates for the 2012 SOLs (also pre-entry)

Scottish Orienteering League (Best 4 scores from 7 events)

(<http://www.scottish-orienteeing.org/soa/page/sol2012>)

- 1 - ECKO, Torinturk - March 18th
- 2 - SOLWAY, TBC - April 15th
- 3 - INVOC, Battan - May 13th
- 4 - GRAMP, Forvie – Sept 9th
- 5 - STAG, Errochty - September 23rd
- 6 - FVO, N Third – October 21st
- 7 - TINTO, TBC - October 28th

Enter the course that relates to your age class to be competitive.

Course Number	Colour	Classes
1	Black	M21L
2	Brown	M18L, M20L, M35L, M40L
3	Short Brown	W21L, M21S, M45L, M50L
4	Blue	M16, W18, W20, W35L, W40L, M55L, M60L, M35S, M40S
5	Short Blue	W45L, W50L, W21S, M65L, M45S, M50S
6	Green	W16, W55L, W60L, W35S, W40S, M70L, M60S, M55S
7	Short Green	W65, W70, W75, W80, W45S, W50S, W55S, W60S, M75, M80, M65S, M70S
8	Light Green	W14, M14
9	Orange	W12, M12
10	Yellow	W10, M10
11	White	

Welcome!!

A very warm welcome to new members:

Norman Liley
 David Symington
 Mac Guy & Lynne Cowans (joining Doug & Erin)

Joanne McDonald (congrats to Dennis and Fiona)

CompassSport Cup 2012: Gramp is going for it!

Come and run for Gramp at the CompassSport Cup at Faskally near Pitlochry on the 19th Feb. This year a qualifying race for this inter-club competition is within reach of Aberdeen, as is the final at Teviothead in the Borders on 30/9/12, so Gramp are going for it.



We discussed Relays and Team competitions at the AGM and made a resolution to try to get as many members as possible involved this year in this kind of competition and the CSC is ideal as up to 25 people's scores count towards the team total so pretty well everyone who competes will make a vital difference.

The courses are age classes fitted to the usual colour coded courses, a bit like the SOLs. We would like to encourage as many Gramps as possible to come along, so we have a great club atmosphere just like the 6 days. This includes juniors, as we need runners of all ages; the competition courses being orange to brown (with white and yellow courses also available, but not in the Compass Sport Cup Competition). Scoring is based on points for position in each age class so we need a good spread from Neil to Naomi to maximise our scoring potential; I leave that complicated scoring stuff to someone else but if you want to find out more then take a look at <http://www.pgopage.btinternet.co.uk/id19.htm> for the full rules.

By the way Faskally is a brilliant little area with loads of paths and scenic woodland, a bit of a challenge to squeeze a brown course into, but otherwise great fun.

You need to pre-enter online via www.oentries.com **by 31st January**

You need to know which course to enter to be competitive:

Course	CompassSport Course Eligible Age Classes
1 Brown	Men Open
2 Blue Women	Women Open
3 Blue Men	M45+ M20-
4 Green Women	W45+ W20-
5 Green Men	M60+
6 Short Green Veterans	M75+ W60+ (Lt Grn length but Green Standard)
7A Light Green Men	Men 18-
7B Light Green Women	Women 18-
8A Orange Men	Men 14-
8B Orange Women	Women 14-

You can "run up" e.g. if you're a super-whizzy W45 you could run Women Open instead as we don't have many W21/W35 in the club. If in doubt, ask Evgueni for advice. Can't find anything in the rules but, unlike SOLs, I don't think shadowing is allowed for Junior CSC competitors.

The club is considering arranging a bus or minibus for ~£5/head to cover fuel, so if you are coming along and are interested in shared transport also let Evgueni know - chepelin@talk21.com.

Happy New Year,
Sam

GRAMP ROLL OF HONOUR 2012

Club events

4th in Large Clubs Inter Club Championships

4th in Jamie Stevenson Trophy

(Jack, Calum, Sasha, Rob, Paul, Tom, Lachlan, Struan, Katrina, Kate, Naomi, Laura, Josie)

Area Events

North Area 2nd in Junior Inter Area Championships

(Rob, Sasha, Kate, Naomi, Laura)

International Call-ups:

Scottish Vets for VHI – Scotland 2nd(ish) under Team Captain Rob

Rob Hickling, Dave Armitage, Bob Daly & Carolyn McLeod

Scottish Junior Squad for JHI – Scotland 2nd

Sasha Chepelin, Calum McLeod, Katrina McLeod

Scottish Junior Squad for Junior Inter Regional – Scotland 2nd

Sasha Chepelin, Katrina McLeod, Calum McLeod

British Sprint Champs			Scottish Score Champs	
M14	Sasha Chepelin		M14	Sasha Chepelin
Scottish Orienteering League (SOL)			M20	Tim Gomersall
M16	Calum McLeod		M45	Tim Griffin
M20	Tim Gomersall		M60	Dave Armitage
M21S	Ali Robertson		W18	Katrina McLeod
M50S	Richard Oxlade			
M55L	Rob Hickling		Scottish Sprint Champs	
M60S	Mike Pearson		W45	Carolyn McLeod
M65L	Neil McLean		M45	Tim Griffin
M80	Angus Aitken			
W50S	Anne Hoy		Scottish Night Champs	
Scottish Champs - Individual			M14	Sasha Chepelin
M10B	Sam Griffin			
M14A	Sasha Chepelin		Scottish Champs - Relays	
M50S	Richard Oxlade		-48	Calum, Sasha, Jack
M55L	Rob Hickling			
M60L	Dave Armitage		Northern Lights	
W50S	Sonia Armitage		Pitgaveny Trophy	Sasha Chepelin
			Contours trophy	Rob Hickling

Congratulations to you all – hope 2012 is just as successful if not more so. Ed.

Chairman's Quaich

The Quaich has been awarded since 2004 and when Pete came to think about who should be the recipient for 2011 he tried to take the long view and think of club members who have consistently contributed over that time, and longer, who haven't yet been honoured by the club.

There are quite a few so that didn't make the job any easier but this year he awarded the Quaich to someone who has consistently played a part in most of the major events we put on but also has played a role in Scottish and International events. This person has been instrumental in creating and managing the basic tools of our sport; developed systems over the years that provide better outputs from our events, undertaken massive amounts of often unseen work, provided training to increase the capacity of other club members and helped out many event officials in a myriad of ways.

In case you haven't worked it out yet, this year the Quaich will stay in the family and be passed on from Anne to Rob Hickling. Congratulations, Rob, well deserved!

Other awards/certs presented at the AGM:

Apart from the GRAMP CHAMPS 2011 trophies and certs of course, and the Summer and Urban Series podium places, the committee decided to create new certificates this year for Most Improved Junior and Senior which were awarded to Naomi Lang (W12) and Mark Stockton (M21) respectively. Well done guys!

And the Golden Tweezers made a come back in recognition of Dave Kirk circulating news and a photo of his brush with Lyme Disease. *(I may decide to run the GT competition again this year so keep an eye on the website folks. Ed.)*

GRAMP CHAMPS 2011

As with last year there are simply too many names to try and cram them all into these pages without the text becoming illegibly small. Check the website if you want to see the full results. As well as the age classes we also have overall Junior, Senior and Veteran Trophy Winners based on the weighted Gramp Champ scores:

Junior Women	Katrina McLeod
Junior Men	Jack Gomersall
Senior Women	Kate Robertson
Senior Men	Duncan Grassie
Veteran Women	Carolyn McLeod
Veteran Men	Evgueni Cheplin

Congratulations everyone but do you not think that some of these names are starting to look affie familiar? This was commented on at the prize-giving but unlike at raffles, where the traditional response is to return embarrassing multiple prizes to the pot, for some reason none of the winners seemed to want to do this!!

BRITISH ORIENTEERING SILVA AWARD

Still on the theme of awards, BOF are seeking nominations for the Silva Award.

In 1983, SILVA (Sweden) AB decided to mark the fiftieth anniversary of the first Silva compass by establishing an annual award within each IOF member Federation. The awards were to enable Federations to honour those who have contributed in a special way to the development of orienteering.

With the assistance of SILVA (UK) Ltd this was interpreted, within the UK, as being a person or persons who have made a very significant contribution to orienteering over a period of years, with an emphasis on 'field' activities rather than committee work. Indeed, nominees may not be active or retiring members of the British Orienteering Board, nor part- or full-time employees of the Federation.

All members can nominate someone they believe has made a significant contribution to orienteering through 'field' activities. Who will you nominate?

The deadline for nominations is Feb 16th and they must be submitted on the special nomination form available at <http://www.britishorienteering.org.uk/index.php?pg=63#Silva>

Send your form to: info@britishorienteering.org.uk

ANIMAL MAGIC

Apart from the ubiquitous ticks and midges, what other close encounters of the animal kind can you claim?

Mark Stockton was thrashing through the fog and bracken above the treeline at Raemoir last November when he scared up a young deer. In its confusion, it ran straight at him knocking him over! I can't claim actual contact but I have placed my hand two inches to the left of a dozing adder while scrambling up a sunny bank and felt the draft of the downbeat of a capercaillie's wings overhead while waiting to start at Anagach a few years ago.

What about you? Let me know via newsletter@grampoc.com and we'll see if we can come up with an I-Spy style list to tick off.

Rachel

CLUB SOCIALS 2012

What do you fancy doing this year? Helen is willing and eager to organise something if we tell her what we'd like to do. The perennial favorites of curling and/or ten pin bowling will probably get a whirl but is there anything else you've always fancied doing and think the rest of us might too?

Sheena Farquhar admitted that she also has a yen to go and play crazy golf at Cadona's once I'd said as much. Anyone else game for a laugh? How about a play or film or something else a little less 'competitive'? Send your suggestions to sh.and@gmx.com and we'll sound out enthusiasm with an online vote on the website.

NEW INCENTIVES SCHEMES

In 2012, British Orienteering will be launching two new incentives schemes; The Navigation Challenge and the Racing Challenge. The incentive schemes have been devised by the Development Committee and will run alongside the existing Badge and Championship Scheme.

The Navigation Challenge:

Members will be able to claim a Navigation Challenge certificate after successfully completing 3 colour coded courses at the same Technical Difficulty (TD) standard. The Incentive schemes will be 'star' based e.g. 1 star for TD 1 up to 5 Star for TD 5.

(Just to remind you White = TD1, Yellow = TD2, Oranges = TD3, Light Green = TD4, the rest = TD5. Ed.)

The Racing Challenge

Members will be eligible for a Racing Challenge certificate after successfully completing 3 colour coded courses (of the same TD) within the following times:

- Gold Award. Participants time < Course Length (KM) x 12.5mins
- Silver Award. Participants time < Course Length (KM) x 15mins
- Bronze Award. Participants time < Course Length (KM) x 20mins

Adminstrating the Scheme

The results uploaded into the British Orienteering website will determine when a participant has completed a course. When the system recognises that a member has completed three courses at the same TD standard and/or at the designated speed, the member will be eligible for a certificate.

The certificates will be automated and be made available for the member to download via the member login on the website. If we hold the email address of the member they will be automatically notified.

Club Support

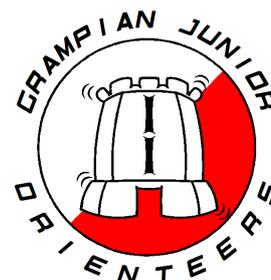
In order for the scheme to be a success we need more clubs to upload Level D events into the Results system. We appreciate that this is an added workload for already busy volunteers, so we are happy for Clubs to nominate more people to have access to the Results system.

Caroline Povey (BOF)

Actually uploading results to the BOF website is not such a big chore but it will mean that if we want to give orienteers, particularly Juniors, the chance to have a crack at the Incentive Schemes then we'll need to make sure we use electronic results wherever possible. We may need to make some arrangements for things like the Summer Series where folk savvy with the OE2003 software help organisers to download the results from the brikke reader and export them in the right format. Could you volunteer to get trained up in OE2003 as your 2012 New Year resolution and help the club? Ed.

SITS VAC SITS VAC SITS VAC SITS

<p>Planners required</p> <p>May 27th Level C @ Glen Dye Jul 4th Summer Series @ Duthie Park Jul 11th Summer Series @ Hazlehead Aug 1st Summer Series @ Dunnottar Woods Aug 8th Summer Series @ Bennachie Aug 15th Summer series @ Scolty Aug 19th Level C @ Crathes Sep 19th Autumn Urban Series @ Balgownie Sep 26th Autumn Urban @ Seaton & Hillhead Dec 9th Post AGM Christmas Novelty @ TBA</p> <p>Job description: - responsible for planning courses - getting maps printed - putting out and overseeing collection of controls - registration at Summer/Urban/Novelty events</p> <p>Salary: - not negotiable, in fact just not (!) although you can claim mileage and expenses - providing hours of fun for lots of appreciative orienteers and helping the club continue to put on such a huge number and variety of events - improve your own orienteering skills in the process - get to know your club-mates a lot better and forge links with people from other clubs too</p> <p>Training: If required, we'll nominate an experienced GRAMP to act as mentor to guide you through the process and provide hints and tips and wheech you out of any pitfalls</p>	<p>Organisers required</p> <p>Aug 19th Level C @ Crathes Sep 9th SOL4 @ Forvie</p> <p>Job description: - responsible for equipment like tents - responsible for publicity & signage - volunteer recruitment/arm twisting - organising teams for registration, computing, car parking etc. - event safety and risk assessment</p> <p>Salary and Training: - see T&Cs for Planners</p>
<p>To apply for any of these jobs, talk to a committee member asap please.</p>	<p>Computing personnel - Levels 1 and 2</p> <p>Job description – Level 1: - inputting entries at Registration - manning download</p> <p>Job description – Level 2: - as per Level 1 - overseeing Level 1 operatives - preparation of database prior to event - faultfinding during event (but of course that's rarely needed!!!) - preparation of results after the event - uploading data to Routegadget</p> <p>Salary and Training: - see T&Cs for Planners</p> <p>Fixtures Coordinator and Officials Persuader</p> <p>Job description: - liaise with Fixtures Coords from other NE area clubs to bag dates and areas - liaise with Adrian - badger, bribe, cajole and coerce the rest of us into volunteering to be Planners and Organisers</p> <p>Salary: - undying gratitude of the club and maybe even the Chairman's Quaich one day?</p>

GRAMP JUNIOR NEWS issue 18**CompassSport Cup**

Calling all GJOs who can run Orange or Light Green.....!
We need you to help GRAMP at this year's **CompassSport Cup** qualifying round at **Faskally on Feb 19th**. This is a big inter-club competition where we need loads of runners of all different ages and there is a class for M/W14- who run Orange and M/W18- who run Light Green.

Make sure you get Mum & Dad to read page 10 and **enter by 31st January**.

We're going to try and get as many people as possible to go, maybe even in a GRAMP bus, so there will be loads of other GJOs to play with afterwards and Faskally is a lovely place for good orienteering on lots of lovely wee paths and lumpy-dumpy bits of forest.

Jon Duncan Junior Deeside Cup 2011 - Gramp prizewinners:

M8: 3rd Patrick Lang
M12: 3rd Keith Yardley
M14: 1st Sasha Cheplin
M16: 2nd Jack Gomersall

W8: 1st Laura Smith, 2nd Isabel Anderson, 3rd Maya Reynard
W10: 1st AilsaAnderson, 2nd Josie Gomersall
W12: 3rd Naomi Lang
W14: 3rd Kate Wilkinson

GRAMP Champs 2011

W10: 1st Ailsa Anderson, 2nd Isabel Anderson, 3rd Josie Gomersall
W12: 1st Naomi Lang, 2nd Laura Barraclough

Naomi was also Best Junior Improver 2011

W14: 1st Kate Wilkinson, 2nd Chloe Reynard, 3rd Sophia Ross
W18: 1st Katrina McLeod, 2nd Judith Anderson

M10: 1st Daniel Smith, 2nd Jan Barraclough, 3rd Struan Kirk
M12: 1st Keith Yardley, 2nd Lachlan Kirk, 3rd Stefan Ross
M14: 1st Sasha Chepelin
M16: 1st Jack Gomersall, 2nd Calum McLeod, 3rd Rob Wilkinson

Congratulations to everyone who took part in both competitions and especially those listed above and even more especially to the trio of W8s for making it GRAMP, GRAMP, GRAMP, 1, 2, 3 in the (JD)²C.

Looks fantastic don't you agree?

GJO Training

Kate and Carolyn and the rest of the GJO leaders are busy working out what dates the GJO training will be this year and will be sending out an email soon but keep your eye on the GJO bit of the website too for breaking news. How about making it your New Year's Resolution to attend at least two of the sessions this year as they are great fun and who knows, they may help you win the Best Junior Improver of 2012?